

Just Energy Radio

**Dr. Bernie Siegel
& Neale D. Walsch**

Dr. Rita Louise



1
00:00:18,790 --> 00:00:16,230
welcome to just energy radio with your

2
00:00:20,470 --> 00:00:18,800
host naturopath and medical intuitive dr

3
00:00:22,070 --> 00:00:20,480
rita louise

4
00:00:24,150 --> 00:00:22,080
we have learned from einstein's theory

5
00:00:26,230 --> 00:00:24,160
that matter and energy are one

6
00:00:28,070 --> 00:00:26,240
physicists believe that all systems in

7
00:00:29,830 --> 00:00:28,080
nature have their own particular way of

8
00:00:31,990 --> 00:00:29,840
vibrating from the swinging of a

9
00:00:33,910 --> 00:00:32,000
pendulum to the waves of the ocean to

10
00:00:36,229 --> 00:00:33,920
the light that brightens the sky each

11
00:00:38,150 --> 00:00:36,239
day each of these oscillates at its own

12
00:00:40,310 --> 00:00:38,160
unique rate the same holds true for

13
00:00:42,790 --> 00:00:40,320

every thought feeling event or word we

14

00:00:44,950 --> 00:00:42,800

speak each has its own frequency or rate

15

00:00:46,869 --> 00:00:44,960

of vibration what many of us don't

16

00:00:49,510 --> 00:00:46,879

realize is when we take everything in

17

00:00:52,229 --> 00:00:49,520

our universe down to its simplest form

18

00:00:54,389 --> 00:00:52,239

it is all just energy

19

00:00:56,869 --> 00:00:54,399

join dr rita louise on a journey through

20

00:00:58,389 --> 00:00:56,879

time and space where past present and

21

00:01:01,110 --> 00:00:58,399

future collide

22

00:01:03,670 --> 00:01:01,120

today what you believe may be called

23

00:01:05,750 --> 00:01:03,680

into question what we want to know is

24

00:01:08,550 --> 00:01:05,760

who made up the rules

25

00:01:10,710 --> 00:01:08,560

be brave and step outside the box we are

26
00:01:12,789 --> 00:01:10,720
about to turn our world upside down and

27
00:01:15,510 --> 00:01:12,799
venture into the unknown

28
00:01:18,310 --> 00:01:15,520
hold on we are departing our own beliefs

29
00:01:23,910 --> 00:01:18,320
and entering alternative realms

30
00:01:27,830 --> 00:01:26,149
hello and welcome to just energy radio

31
00:01:31,190 --> 00:01:27,840
i'm your host dr rita louse and thank

32
00:01:34,069 --> 00:01:31,200
you all for tuning into the show tonight

33
00:01:36,310 --> 00:01:34,079
oh my god i just can't even believe how

34
00:01:38,069 --> 00:01:36,320
we i did this but in the first hour

35
00:01:40,310 --> 00:01:38,079
we're going to be speaking to dr bernie

36
00:01:42,069 --> 00:01:40,320
siegel about his book a book of miracles

37
00:01:45,190 --> 00:01:42,079
and in the second hour we're going to be

38
00:01:47,990 --> 00:01:45,200

having neil donald walsh on the show

39

00:01:48,950 --> 00:01:48,000

imagine that two great people all in one

40

00:01:49,830 --> 00:01:48,960

show

41

00:01:52,149 --> 00:01:49,840

oh

42

00:01:54,109 --> 00:01:52,159

i just feel so lucky

43

00:01:56,950 --> 00:01:54,119

just energy radio brought to you by

44

00:01:58,950 --> 00:01:56,960

soulhealer.com uh which is about the

45

00:02:01,030 --> 00:01:58,960

products and services i offer including

46

00:02:03,270 --> 00:02:01,040

medical intuition evaluations energy

47

00:02:05,109 --> 00:02:03,280

healing and psychic reading so if

48

00:02:06,950 --> 00:02:05,119

there's stuff going on in your life give

49

00:02:08,630 --> 00:02:06,960

me a call drop me an email and we can

50

00:02:09,990 --> 00:02:08,640

send you set up a time for a private

51

00:02:13,270 --> 00:02:10,000

consultation

52

00:02:15,589 --> 00:02:13,280

uh by phone in person and even by skype

53

00:02:17,830 --> 00:02:15,599

so we can help you get your life back

54

00:02:20,309 --> 00:02:17,840

together and help you re-experience

55

00:02:21,670 --> 00:02:20,319

health healing and wholeness it's also

56

00:02:25,150 --> 00:02:21,680

brought to you by the institute of

57

00:02:28,229 --> 00:02:26,390

www.appliedenergeticsinstitute.com where

58

00:02:30,869 --> 00:02:28,239

you can jumpstart your intuition today

59

00:02:34,229 --> 00:02:30,879

by downloading their free 50-page guide

60

00:02:35,670 --> 00:02:34,239

that's [www dot applied energetics](http://www.appliedenergetics.com)

61

00:02:37,509 --> 00:02:35,680

[institute](http://www.appliedenergetics.com)

62

00:02:39,350 --> 00:02:37,519

[dot com](http://www.appliedenergetics.com)

63

00:02:42,229 --> 00:02:39,360

before we get started on the show i just

64

00:02:43,509 --> 00:02:42,239

want to do a quick shout out to uh

65

00:02:45,750 --> 00:02:43,519

george c

66

00:02:48,150 --> 00:02:45,760

for his very generous donations to the

67

00:02:49,830 --> 00:02:48,160

show and so if you're out there and

68

00:02:52,869 --> 00:02:49,840

would like to help support just energy

69

00:02:55,670 --> 00:02:52,879

radio there is a button on the webpage

70

00:02:57,990 --> 00:02:55,680

and in the email and we would always

71

00:03:00,150 --> 00:02:58,000

love your ongoing support to keep this

72

00:03:02,149 --> 00:03:00,160

programming alive

73

00:03:03,350 --> 00:03:02,159

um

74

00:03:04,949 --> 00:03:03,360

just trying to think if there's any

75

00:03:07,110 --> 00:03:04,959

other announcements not that i can

76

00:03:08,869 --> 00:03:07,120

really think of

77

00:03:10,790 --> 00:03:08,879

in this hour we're going to be speaking

78

00:03:13,270 --> 00:03:10,800

with dr bernie siegel let me tell you a

79

00:03:14,390 --> 00:03:13,280

little bit about him and get him on the

80

00:03:17,110 --> 00:03:14,400

air

81

00:03:20,070 --> 00:03:17,120

as a physician who has cared for and

82

00:03:22,790 --> 00:03:20,080

counseled innumerable people who whose

83

00:03:25,670 --> 00:03:22,800

mortality has been threatened by illness

84

00:03:27,910 --> 00:03:25,680

dr bernie siegel embraces a philosophy

85

00:03:30,550 --> 00:03:27,920

of living and dying that stands out in

86

00:03:33,270 --> 00:03:30,560

the forefront of the medical ethics and

87

00:03:34,630 --> 00:03:33,280

spiritual issues our society grapples

88

00:03:36,789 --> 00:03:34,640

with today

89

00:03:39,190 --> 00:03:36,799

he continues to assist in the breaking

90

00:03:41,990 --> 00:03:39,200

of new ground in the field of healing

91

00:03:45,670 --> 00:03:42,000

and personal personally struggling to

92

00:03:47,350 --> 00:03:45,680

live the message of kindness and love

93

00:03:49,550 --> 00:03:47,360

the author of the book a book of

94

00:03:51,270 --> 00:03:49,560

miracles his website is

95

00:03:53,750 --> 00:03:51,280

bernieseaglemd.com please welcome to

96

00:03:56,869 --> 00:03:53,760

jess energy radio

97

00:04:00,309 --> 00:03:56,879

dr bernie siegel hey bernie how are you

98

00:04:02,630 --> 00:04:00,319

all right every time your show begins my

99

00:04:05,830 --> 00:04:02,640

mind starts flying i gotta mention

100

00:04:08,710 --> 00:04:05,840

number one that i find naturopaths to be

101
00:04:10,550 --> 00:04:08,720
an enormous help in caring for cancer

102
00:04:12,470 --> 00:04:10,560
patients number two the word

103
00:04:14,470 --> 00:04:12,480
possibilities that came up you know when

104
00:04:17,030 --> 00:04:14,480
you talk about miracles

105
00:04:19,590 --> 00:04:17,040
our lives don't depend on statistics

106
00:04:22,150 --> 00:04:19,600
things are possible and i've learned

107
00:04:24,790 --> 00:04:22,160
from success when people don't die when

108
00:04:28,070 --> 00:04:24,800
they're supposed to i say how come you

109
00:04:29,749 --> 00:04:28,080
didn't die and they always have a story

110
00:04:31,590 --> 00:04:29,759
you know as one woman said when you live

111
00:04:34,790 --> 00:04:31,600
in your heart magic happens

112
00:04:37,270 --> 00:04:34,800
and then ernest holmes science of mind

113
00:04:39,030 --> 00:04:37,280

i love this sentence he wrote in one of

114

00:04:41,430 --> 00:04:39,040

his books and i know he was smiling when

115

00:04:43,990 --> 00:04:41,440

he wrote it what if jesus was the only

116

00:04:46,550 --> 00:04:44,000

normal person who ever lived

117

00:04:48,790 --> 00:04:46,560

so think about our potential that's a

118

00:04:51,990 --> 00:04:48,800

word i always use with people and if

119

00:04:53,270 --> 00:04:52,000

you're not afraid of failing hey you try

120

00:04:56,230 --> 00:04:53,280

you see if you can achieve your

121

00:05:00,550 --> 00:04:56,240

potential

122

00:05:04,870 --> 00:05:02,870

bernie i wanted to ask you

123

00:05:07,430 --> 00:05:04,880

what got you inspired to write your book

124

00:05:08,390 --> 00:05:07,440

of miracles in the first place

125

00:05:10,469 --> 00:05:08,400

it's

126

00:05:13,430 --> 00:05:10,479

you know to open people's minds because

127

00:05:15,990 --> 00:05:13,440

they're all stories as i say you know

128

00:05:17,350 --> 00:05:16,000

that these are not just about physical

129

00:05:19,670 --> 00:05:17,360

problems

130

00:05:21,590 --> 00:05:19,680

but they're interesting

131

00:05:23,909 --> 00:05:21,600

things that happen to people

132

00:05:26,629 --> 00:05:23,919

you're walking in a national park in a

133

00:05:29,110 --> 00:05:26,639

fog you hear a voice that means

134

00:05:32,390 --> 00:05:29,120

something to you so you stop and turn

135

00:05:33,749 --> 00:05:32,400

around and the next day there's no fog

136

00:05:36,230 --> 00:05:33,759

and you

137

00:05:38,550 --> 00:05:36,240

realize you would be dead today

138

00:05:39,670 --> 00:05:38,560

if you hadn't turned and responded to

139

00:05:40,950 --> 00:05:39,680

the voice

140

00:05:42,870 --> 00:05:40,960

because

141

00:05:45,270 --> 00:05:42,880

there was a cliff and a couple more

142

00:05:47,350 --> 00:05:45,280

steps she would have been off the cliff

143

00:05:49,990 --> 00:05:47,360

you have a dream a woman appears and

144

00:05:52,710 --> 00:05:50,000

says there's a lump in your right breast

145

00:05:54,790 --> 00:05:52,720

she has dark skin she has an accent

146

00:05:56,070 --> 00:05:54,800

you go to the hospital they diagnose it

147

00:05:59,189 --> 00:05:56,080

as cancer

148

00:06:02,150 --> 00:05:59,199

who walks in to take care of you a woman

149

00:06:04,309 --> 00:06:02,160

physician from india who is the woman in

150

00:06:07,510 --> 00:06:04,319

your dream

151
00:06:09,670 --> 00:06:07,520
now yeah and about 90 years ago carl

152
00:06:11,909 --> 00:06:09,680
jung interpreted a dream and diagnosed a

153
00:06:13,189 --> 00:06:11,919
brain tumor nobody tells that to medical

154
00:06:15,430 --> 00:06:13,199
students

155
00:06:16,629 --> 00:06:15,440
we should be saying to people what are

156
00:06:18,870 --> 00:06:16,639
you dreaming

157
00:06:20,469 --> 00:06:18,880
what do you know about your body and

158
00:06:23,189 --> 00:06:20,479
that's why i got into whether you call

159
00:06:25,830 --> 00:06:23,199
them miracles or just consciousness and

160
00:06:28,870 --> 00:06:25,840
the drawings by patients that patients

161
00:06:31,430 --> 00:06:28,880
draw their anatomy they draw the future

162
00:06:33,749 --> 00:06:31,440
one child in the waiting room drew a

163
00:06:36,150 --> 00:06:33,759

picture of the operating room it's

164

00:06:37,909 --> 00:06:36,160

symbolic but everybody who looked at it

165

00:06:39,670 --> 00:06:37,919

knew that she was drawing an operating

166

00:06:41,830 --> 00:06:39,680

room she'd never been in

167

00:06:43,510 --> 00:06:41,840

meaning there were two yellow objects

168

00:06:45,990 --> 00:06:43,520

and there are two lights in there with

169

00:06:48,790 --> 00:06:46,000

black knobs on them and she drew four

170

00:06:50,550 --> 00:06:48,800

four black knobs and other you know the

171

00:06:52,469 --> 00:06:50,560

number of people the colors of the

172

00:06:53,590 --> 00:06:52,479

drapes that you cover patients with i

173

00:06:55,670 --> 00:06:53,600

mean it's just

174

00:06:57,430 --> 00:06:55,680

unbelievable but that's what converted

175

00:07:00,150 --> 00:06:57,440

people in the hospital

176

00:07:03,830 --> 00:07:00,160

so i went from being crazy

177

00:07:06,070 --> 00:07:03,840

to interesting then they made a drawing

178

00:07:08,550 --> 00:07:06,080

you know the operating room created a

179

00:07:09,749 --> 00:07:08,560

drawing book for kids to color in before

180

00:07:12,790 --> 00:07:09,759

surgery

181

00:07:15,430 --> 00:07:12,800

and some of the kids now on one page it

182

00:07:17,189 --> 00:07:15,440

said you will meet an anesthesiologist

183

00:07:19,430 --> 00:07:17,199

who's wearing an outfit that looks like

184

00:07:20,870 --> 00:07:19,440

green pajamas

185

00:07:23,230 --> 00:07:20,880

hey it tells you

186

00:07:25,029 --> 00:07:23,240

and what does a child draw a red

187

00:07:29,670 --> 00:07:25,039

anesthesiologist

188

00:07:32,230 --> 00:07:29,680

there's danger his mother has muscular

189

00:07:33,990 --> 00:07:32,240

dystrophy he may have a genetic defect

190

00:07:36,390 --> 00:07:34,000

and be

191

00:07:38,469 --> 00:07:36,400

severely damaged by muscle relaxants

192

00:07:40,870 --> 00:07:38,479

because he'll go into contractions not

193

00:07:43,029 --> 00:07:40,880

relaxation raise body temperature damage

194

00:07:44,790 --> 00:07:43,039

his brain i said hey look at the last

195

00:07:47,510 --> 00:07:44,800

page if he draws himself purple a

196

00:07:49,189 --> 00:07:47,520

spiritual color i'm sending him home

197

00:07:51,270 --> 00:07:49,199

because he may be saying

198

00:07:53,749 --> 00:07:51,280

i'm gonna die in the operating room well

199

00:07:56,390 --> 00:07:53,759

the last page was red and black you know

200

00:07:59,749 --> 00:07:56,400

it hurts we operate and i'm not happy

201
00:08:02,150 --> 00:07:59,759
being here so we went ahead but again

202
00:08:04,869 --> 00:08:02,160
how does a child intuitively know that

203
00:08:06,230 --> 00:08:04,879
and believe me it's not an accident

204
00:08:08,390 --> 00:08:06,240
you know i mean i've had enough

205
00:08:10,629 --> 00:08:08,400
experience but

206
00:08:12,950 --> 00:08:10,639
again the crazy medical profession i

207
00:08:14,629 --> 00:08:12,960
sent articles to medical journals

208
00:08:15,909 --> 00:08:14,639
yes this is interesting but it's not

209
00:08:18,230 --> 00:08:15,919
appropriate

210
00:08:20,469 --> 00:08:18,240
i sent them to psychology and psychiatry

211
00:08:22,469 --> 00:08:20,479
journals yes it's appropriate but it's

212
00:08:24,950 --> 00:08:22,479
not interesting we know this

213
00:08:27,990 --> 00:08:24,960

that's the part that drives me nuts

214

00:08:29,510 --> 00:08:28,000

doctors treat the result not the cause

215

00:08:31,909 --> 00:08:29,520

you know it's like having electricians

216

00:08:34,070 --> 00:08:31,919

and plumbers they can't

217

00:08:36,310 --> 00:08:34,080

do the other one's work and and as

218

00:08:38,870 --> 00:08:36,320

doctors we become so specialized we

219

00:08:40,550 --> 00:08:38,880

don't take care of the person

220

00:08:42,469 --> 00:08:40,560

we take care of

221

00:08:45,670 --> 00:08:42,479

the diagnosis

222

00:08:48,870 --> 00:08:45,680

and i learned to take care of people

223

00:08:50,389 --> 00:08:48,880

and when you took care of people

224

00:08:51,269 --> 00:08:50,399

they didn't die when they were supposed

225

00:08:54,470 --> 00:08:51,279

to

226

00:08:57,750 --> 00:08:54,480

you know see solzhenitsyn in his book uh

227

00:08:58,870 --> 00:08:57,760

cancer ward uses a wonderful term

228

00:09:00,550 --> 00:08:58,880

if somebody gets well and they're not

229

00:09:02,870 --> 00:09:00,560

supposed to doctors will say oh you had

230

00:09:04,470 --> 00:09:02,880

a spontaneous remission or a miracle see

231

00:09:06,470 --> 00:09:04,480

well what the hell do you learn from it

232

00:09:08,389 --> 00:09:06,480

nothing you're lucky

233

00:09:10,790 --> 00:09:08,399

but souls solzhenitsyn talks about

234

00:09:12,230 --> 00:09:10,800

self-induced healing fluttering out of

235

00:09:15,269 --> 00:09:12,240

the book

236

00:09:17,110 --> 00:09:15,279

like a rainbow-colored butterfly

237

00:09:19,670 --> 00:09:17,120

when i read that

238

00:09:21,110 --> 00:09:19,680

he knows the story the rainbow is your

239

00:09:22,710 --> 00:09:21,120

life in order

240

00:09:24,150 --> 00:09:22,720

the butterfly is a symbol of

241

00:09:26,630 --> 00:09:24,160

transformation

242

00:09:29,750 --> 00:09:26,640

you want good things to happen

243

00:09:30,790 --> 00:09:29,760

transform your life create harmony and

244

00:09:32,150 --> 00:09:30,800

order

245

00:09:34,630 --> 00:09:32,160

and your body

246

00:09:36,150 --> 00:09:34,640

changes its chemistry

247

00:09:37,750 --> 00:09:36,160

i always say if i have to summarize

248

00:09:40,470 --> 00:09:37,760

everything i'm trying to teach people is

249

00:09:43,269 --> 00:09:40,480

love your life and love your body

250

00:09:44,790 --> 00:09:43,279

but you said something really important

251
00:09:47,030 --> 00:09:44,800
is that

252
00:09:48,870 --> 00:09:47,040
when we change our mood and change our

253
00:09:51,670 --> 00:09:48,880
expression it changes the chemistry

254
00:09:53,829 --> 00:09:51,680
inside of us which changes everything

255
00:09:55,829 --> 00:09:53,839
yeah it's all physical

256
00:09:58,070 --> 00:09:55,839
i mean it's not you know

257
00:10:00,710 --> 00:09:58,080
just what you're imagining i mean i have

258
00:10:02,550 --> 00:10:00,720
a crazy mantra every morning that i put

259
00:10:05,910 --> 00:10:02,560
together from

260
00:10:07,829 --> 00:10:05,920
lao tzu zen therapist psychologists and

261
00:10:09,509 --> 00:10:07,839
others you know it's about eight or nine

262
00:10:12,470 --> 00:10:09,519
or ten lines i don't know if you want to

263
00:10:13,990 --> 00:10:12,480

hear it sure why not yeah because my

264

00:10:16,069 --> 00:10:14,000

wife has multiple sclerosis when i'm

265

00:10:17,670 --> 00:10:16,079

getting her to exercise i say it and it

266

00:10:19,190 --> 00:10:17,680

perks her up

267

00:10:21,829 --> 00:10:19,200

thank you for everything i have no

268

00:10:25,590 --> 00:10:21,839

complaint whatsoever i am happy i am

269

00:10:27,190 --> 00:10:25,600

healthy i love my life my family my body

270

00:10:29,990 --> 00:10:27,200

and my pets

271

00:10:34,230 --> 00:10:30,000

i am content with what i have i have all

272

00:10:41,910 --> 00:10:37,190

i rejoice in the way things are nothing

273

00:10:44,550 --> 00:10:41,920

is lacking the whole world belongs to me

274

00:10:46,389 --> 00:10:44,560

and you feel better after you say that

275

00:10:47,509 --> 00:10:46,399

what i really like about that

276

00:10:49,910 --> 00:10:47,519

is you're not

277

00:10:52,310 --> 00:10:49,920

asking for anything you're not begging

278

00:10:54,470 --> 00:10:52,320

for anything it's more like you're

279

00:10:56,870 --> 00:10:54,480

accepting and coming to terms with that

280

00:10:59,350 --> 00:10:56,880

and changing my attitude

281

00:11:01,350 --> 00:10:59,360

and the reason i do it is i know i feel

282

00:11:03,670 --> 00:11:01,360

better when i say it no matter what's

283

00:11:05,829 --> 00:11:03,680

going on that morning but i also know

284

00:11:07,910 --> 00:11:05,839

from studies by psychologists who were

285

00:11:09,670 --> 00:11:07,920

doing these things

286

00:11:11,110 --> 00:11:09,680

that three to six months later people

287

00:11:12,790 --> 00:11:11,120

said hey it works

288

00:11:14,550 --> 00:11:12,800

because in the beginning i had to laugh

289

00:11:15,910 --> 00:11:14,560

at some of the stories i was reading

290

00:11:17,430 --> 00:11:15,920

what good is that going to do i have no

291

00:11:19,750 --> 00:11:17,440

complaint whatsoever i got plenty of

292

00:11:22,150 --> 00:11:19,760

trouble but you know when the therapist

293

00:11:23,829 --> 00:11:22,160

kept saying just keep repeating it three

294

00:11:26,389 --> 00:11:23,839

months later they'd come in saying you

295

00:11:28,230 --> 00:11:26,399

know i do feel better

296

00:11:29,590 --> 00:11:28,240

but you have to be willing to give it a

297

00:11:31,670 --> 00:11:29,600

try so

298

00:11:33,670 --> 00:11:31,680

i experiment with myself then i know

299

00:11:35,990 --> 00:11:33,680

it's not my imagination i mean that it's

300

00:11:37,990 --> 00:11:36,000

really working not because i believe in

301

00:11:40,150 --> 00:11:38,000

it or have faith in it i mean that works

302

00:11:42,389 --> 00:11:40,160

too and i do that with people if they

303

00:11:45,190 --> 00:11:42,399

believe in me yeah i help them

304

00:11:47,430 --> 00:11:45,200

with the beliefs but i know it works

305

00:11:49,350 --> 00:11:47,440

because i'm testing

306

00:11:51,269 --> 00:11:49,360

it on myself

307

00:11:54,630 --> 00:11:51,279

and my wife too because i see it makes a

308

00:11:59,030 --> 00:11:56,870

um

309

00:12:01,670 --> 00:11:59,040

with you doing that work with her have

310

00:12:03,670 --> 00:12:01,680

you noticed changes in her

311

00:12:05,430 --> 00:12:03,680

physical ability

312

00:12:07,590 --> 00:12:05,440

or less less

313

00:12:09,110 --> 00:12:07,600

like a couple of flights of stairs that

314

00:12:11,190 --> 00:12:09,120

are in the house on the way to the

315

00:12:13,350 --> 00:12:11,200

kitchen to have breakfast so that's like

316

00:12:16,230 --> 00:12:13,360

our first exercise in the morning and i

317

00:12:20,310 --> 00:12:16,240

can see that her steps you know are more

318

00:12:21,110 --> 00:12:20,320

rhythmic and energized going up and down

319

00:12:22,790 --> 00:12:21,120

than

320

00:12:25,350 --> 00:12:22,800

if i don't say it

321

00:12:28,790 --> 00:12:25,360

and sometimes if i forget she'll start

322

00:12:31,430 --> 00:12:28,800

saying it and it clicks you know it's

323

00:12:32,949 --> 00:12:31,440

like a rhythm if each step is

324

00:12:35,110 --> 00:12:32,959

thank you for everything i have no

325

00:12:37,430 --> 00:12:35,120

complaint whatsoever i am happy i am

326

00:12:40,150 --> 00:12:37,440

healthy you know you get into a rhythm

327

00:12:42,550 --> 00:12:40,160

and and it improves everything

328

00:12:44,389 --> 00:12:42,560

and she puts up with me

329

00:12:47,430 --> 00:12:44,399

well and that's you know probably a good

330

00:12:48,870 --> 00:12:47,440

thing right there yeah

331

00:12:52,310 --> 00:12:48,880

yeah because she has a good sense of

332

00:12:54,389 --> 00:12:52,320

humor too and uh you know she teaches me

333

00:12:56,710 --> 00:12:54,399

she's my therapist i'm her therapist so

334

00:12:58,310 --> 00:12:56,720

we help each other

335

00:13:01,190 --> 00:12:58,320

it just seems that

336

00:13:04,790 --> 00:13:01,200

people don't

337

00:13:06,949 --> 00:13:04,800

realize or understand that

338

00:13:09,670 --> 00:13:06,959

they can learn so much from the things

339

00:13:11,509 --> 00:13:09,680

they say from the situations that happen

340

00:13:13,509 --> 00:13:11,519

around them from the situations they

341

00:13:15,350 --> 00:13:13,519

find themselves in

342

00:13:18,470 --> 00:13:15,360

from the people that they interact with

343

00:13:21,430 --> 00:13:18,480

don't you think yeah and it's crazy that

344

00:13:23,910 --> 00:13:21,440

in medicine they don't study success

345

00:13:25,990 --> 00:13:23,920

i mean i can't tell you how many people

346

00:13:27,670 --> 00:13:26,000

well a lawyer

347

00:13:29,829 --> 00:13:27,680

he was told he had a five percent chance

348

00:13:32,230 --> 00:13:29,839

of living two years when his car is

349

00:13:34,389 --> 00:13:32,240

being fixed he went into used bookstore

350

00:13:36,790 --> 00:13:34,399

found my book

351

00:13:38,389 --> 00:13:36,800

love medicine and miracles read it

352

00:13:40,150 --> 00:13:38,399

transformed his life his cancer

353

00:13:42,069 --> 00:13:40,160

disappeared

354

00:13:43,750 --> 00:13:42,079

now if i were his doctor i'd say what

355

00:13:46,389 --> 00:13:43,760

the hell did you do let me tell other

356

00:13:47,670 --> 00:13:46,399

patients his doctor said no i'm not

357

00:13:49,110 --> 00:13:47,680

interested

358

00:13:50,069 --> 00:13:49,120

you know you're lucky i'm glad it

359

00:13:52,150 --> 00:13:50,079

happened

360

00:13:54,870 --> 00:13:52,160

i mean that's ridiculous

361

00:13:57,269 --> 00:13:54,880

we need to learn from success

362

00:13:59,430 --> 00:13:57,279

you know what is it that you did that i

363

00:14:00,870 --> 00:13:59,440

could say to another patient

364

00:14:02,629 --> 00:14:00,880

to have it happen

365

00:14:04,310 --> 00:14:02,639

and that's something i learned because

366

00:14:06,710 --> 00:14:04,320

i'd be out lecturing and see people in

367

00:14:08,230 --> 00:14:06,720

the audience i thought we're dead

368

00:14:10,389 --> 00:14:08,240

and because i worked with three other

369

00:14:12,150 --> 00:14:10,399

surgeons so we had a lot of patience you

370

00:14:13,350 --> 00:14:12,160

know and sometimes

371

00:14:16,870 --> 00:14:13,360

hey they're not coming back to the

372

00:14:19,430 --> 00:14:16,880

office oh they must have died and then

373

00:14:20,870 --> 00:14:19,440

who's out there the patient

374

00:14:23,509 --> 00:14:20,880

i mean i have one story if i have a

375

00:14:26,310 --> 00:14:23,519

moment to tell you this was a landscaper

376

00:14:27,590 --> 00:14:26,320

see there's a poem by w h orden about

377

00:14:29,110 --> 00:14:27,600

cancer

378

00:14:31,430 --> 00:14:29,120

childless women get it and then when

379

00:14:34,310 --> 00:14:31,440

they retire it's as if there had to be

380

00:14:36,069 --> 00:14:34,320

an outlet for their foiled creative fire

381

00:14:38,550 --> 00:14:36,079

now a doctor said just because it rhymes

382

00:14:40,230 --> 00:14:38,560

doesn't make it true but it is true

383

00:14:42,150 --> 00:14:40,240

loneliness affects the genes that

384

00:14:44,550 --> 00:14:42,160

control immune function

385

00:14:46,310 --> 00:14:44,560

so a landscaper retires develops an

386

00:14:47,670 --> 00:14:46,320

ulcer and to make a long story short

387

00:14:50,069 --> 00:14:47,680

when it didn't heal

388

00:14:51,829 --> 00:14:50,079

biopsy shows cancer

389

00:14:53,750 --> 00:14:51,839

i operate on him

390

00:14:55,670 --> 00:14:53,760

but when i said to him i need to get you

391

00:14:56,710 --> 00:14:55,680

right in the hospital he said no

392

00:14:58,389 --> 00:14:56,720

i want to go home make the world

393

00:15:00,069 --> 00:14:58,399

beautiful so if i die leave a beautiful

394

00:15:01,829 --> 00:15:00,079

world

395

00:15:03,189 --> 00:15:01,839

a couple weeks later he came back we

396

00:15:05,350 --> 00:15:03,199

operate

397

00:15:07,509 --> 00:15:05,360

i said john i can't cure you you need

398

00:15:09,750 --> 00:15:07,519

more treatment no you forgot something

399

00:15:11,350 --> 00:15:09,760

but i forget it's springtime gotta go

400

00:15:13,350 --> 00:15:11,360

make the world beautiful so when i die

401
00:15:15,430 --> 00:15:13,360
leave a beautiful world

402
00:15:18,550 --> 00:15:15,440
he never came back to the office until

403
00:15:20,470 --> 00:15:18,560
six years later i said to the nurse

404
00:15:22,790 --> 00:15:20,480
when she handed me his chart i said he's

405
00:15:26,069 --> 00:15:22,800
dead we must have two people with the

406
00:15:28,470 --> 00:15:26,079
same name

407
00:15:30,230 --> 00:15:28,480
and she said bernie open the door i

408
00:15:31,990 --> 00:15:30,240
opened the door and john said i have a

409
00:15:33,990 --> 00:15:32,000
hernia from lifting boulders in my

410
00:15:37,189 --> 00:15:34,000
landscape business

411
00:15:39,350 --> 00:15:37,199
john lived to 94.

412
00:15:40,550 --> 00:15:39,360
i gave a talk at his 70th wedding

413
00:15:43,030 --> 00:15:40,560

anniversary

414

00:15:45,430 --> 00:15:43,040

to tell people what an incredible guy he

415

00:15:47,350 --> 00:15:45,440

was and that he'd become my teacher

416

00:15:48,470 --> 00:15:47,360

about how beautiful life and the world

417

00:15:50,710 --> 00:15:48,480

was

418

00:15:52,710 --> 00:15:50,720

and when his wife died he

419

00:15:55,670 --> 00:15:52,720

just sort of turned the switch off too

420

00:15:58,470 --> 00:15:55,680

to go with her but that's the kind of

421

00:16:01,350 --> 00:15:58,480

thing you see you hear a story that he's

422

00:16:02,550 --> 00:16:01,360

not lucky he's not having a spontaneous

423

00:16:03,590 --> 00:16:02,560

remission

424

00:16:05,749 --> 00:16:03,600

he is

425

00:16:07,590 --> 00:16:05,759

changing his life

426
00:16:09,590 --> 00:16:07,600
and his body

427
00:16:12,870 --> 00:16:09,600
heals itself

428
00:16:15,350 --> 00:16:12,880
that chemistry that message that energy

429
00:16:17,670 --> 00:16:15,360
you know it's all scientific and so i'd

430
00:16:20,150 --> 00:16:17,680
say yeah we need to learn from john and

431
00:16:21,590 --> 00:16:20,160
we all need to go home and do that

432
00:16:23,990 --> 00:16:21,600
even pets

433
00:16:25,910 --> 00:16:24,000
a study of people who had a heart attack

434
00:16:28,389 --> 00:16:25,920
if you had a dog in the house a year

435
00:16:30,949 --> 00:16:28,399
later six percent of the people had died

436
00:16:32,150 --> 00:16:30,959
no dog in the house 24 of the people had

437
00:16:34,470 --> 00:16:32,160
died

438
00:16:36,310 --> 00:16:34,480

and to discuss love for a minute harvard

439

00:16:37,670 --> 00:16:36,320

students asked did your parents love you

440

00:16:41,269 --> 00:16:37,680

they said no

441

00:16:42,389 --> 00:16:41,279

98 had suffered a major illness by

442

00:16:45,509 --> 00:16:42,399

middle age

443

00:16:49,110 --> 00:16:45,519

of those who said yes i was loved about

444

00:16:51,910 --> 00:16:49,120

25 had suffered a major illness

445

00:16:55,030 --> 00:16:51,920

that's why you want to change the world

446

00:16:57,590 --> 00:16:55,040

love the children

447

00:16:59,509 --> 00:16:57,600

that's amazing

448

00:17:01,670 --> 00:16:59,519

um

449

00:17:03,990 --> 00:17:01,680

and and you know i keep thinking of

450

00:17:06,309 --> 00:17:04,000

people in the office suicidal teenager

451

00:17:08,150 --> 00:17:06,319

said to me one day you're my cd

452

00:17:09,510 --> 00:17:08,160

i said what are you talking about

453

00:17:13,189 --> 00:17:09,520

i'm a senior yeah what are you talking

454

00:17:16,069 --> 00:17:13,199

about he said you're my chosen dad

455

00:17:18,390 --> 00:17:16,079

that's a cd a chosen dad

456

00:17:19,510 --> 00:17:18,400

and that's what i learned that i

457

00:17:21,429 --> 00:17:19,520

became

458

00:17:23,909 --> 00:17:21,439

people's

459

00:17:25,750 --> 00:17:23,919

parent and i loved them

460

00:17:27,029 --> 00:17:25,760

not just treated their disease but i

461

00:17:28,230 --> 00:17:27,039

loved them

462

00:17:29,830 --> 00:17:28,240

and

463

00:17:31,110 --> 00:17:29,840

it's very different than liking if you

464

00:17:33,510 --> 00:17:31,120

know what i mean they may not like how

465

00:17:34,470 --> 00:17:33,520

they behaved but i let them know i love

466

00:17:36,870 --> 00:17:34,480

you

467

00:17:38,710 --> 00:17:36,880

then with time they realized they were

468

00:17:42,150 --> 00:17:38,720

worth something and began to love

469

00:17:44,310 --> 00:17:42,160

themselves and take care of themselves

470

00:17:47,190 --> 00:17:44,320

so i'd say to everybody

471

00:17:48,950 --> 00:17:47,200

become a cm or a cd just tell people you

472

00:17:50,230 --> 00:17:48,960

need a father you need a mother i'll be

473

00:17:53,029 --> 00:17:50,240

that person

474

00:17:54,710 --> 00:17:53,039

and it affects them profoundly

475

00:17:57,990 --> 00:17:54,720

but the part that i find the most

476

00:18:00,549 --> 00:17:58,000

interesting is that you are a doctor and

477

00:18:02,710 --> 00:18:00,559

i think most people's experience with

478

00:18:05,270 --> 00:18:02,720

their doctors

479

00:18:07,430 --> 00:18:05,280

has nothing to do with who you are your

480

00:18:08,950 --> 00:18:07,440

personality and how it sounds like you

481

00:18:11,669 --> 00:18:08,960

treat your patients

482

00:18:13,510 --> 00:18:11,679

yeah i'm not a normal doctor

483

00:18:15,430 --> 00:18:13,520

and that's it move to texas so you could

484

00:18:18,070 --> 00:18:15,440

be my doctor i mean not that i ever go

485

00:18:20,470 --> 00:18:18,080

to the doctor also said that those who

486

00:18:22,789 --> 00:18:20,480

seek to be normal it's because they feel

487

00:18:25,270 --> 00:18:22,799

inadequate to begin with so i've never

488

00:18:28,710 --> 00:18:25,280

worried about being normal you know i've

489

00:18:30,870 --> 00:18:28,720

just been myself see i shaved my head

490

00:18:32,070 --> 00:18:30,880

back in the 1970s

491

00:18:34,230 --> 00:18:32,080

i had to

492

00:18:36,150 --> 00:18:34,240

that's the only thing i can tell you i

493

00:18:37,110 --> 00:18:36,160

had this incredible urge i have to shave

494

00:18:39,590 --> 00:18:37,120

my head

495

00:18:41,430 --> 00:18:39,600

our family our kids were so embarrassed

496

00:18:43,270 --> 00:18:41,440

you know by their father their hair's

497

00:18:46,310 --> 00:18:43,280

down to their shoulders and i'm shaving

498

00:18:48,630 --> 00:18:46,320

my head and looking bizarre i was enough

499

00:18:49,909 --> 00:18:48,640

of a problem already

500

00:18:54,230 --> 00:18:49,919

and

501
00:18:57,669 --> 00:18:54,240
been in therapy i might have unknown

502
00:18:58,950 --> 00:18:57,679
this i came across again reading jung

503
00:19:03,029 --> 00:18:58,960
he said

504
00:19:06,310 --> 00:19:03,039
this story the hero's head is shaved

505
00:19:08,870 --> 00:19:06,320
it is called the tantra t-o-n-s-u-r-e

506
00:19:12,870 --> 00:19:08,880
what monks do to uncover their

507
00:19:14,470 --> 00:19:12,880
spirituality and be like a newborn again

508
00:19:16,470 --> 00:19:14,480
when i read that

509
00:19:18,390 --> 00:19:16,480
i knew that was me

510
00:19:19,750 --> 00:19:18,400
and i thought wow if i'd only seen a

511
00:19:21,350 --> 00:19:19,760
therapist

512
00:19:24,150 --> 00:19:21,360
maybe they would have explained that to

513
00:19:26,789 --> 00:19:24,160

me why i had this incredible urge but it

514

00:19:29,270 --> 00:19:26,799

just didn't seem to make any sense but i

515

00:19:31,510 --> 00:19:29,280

knew it was about uncovering because i

516

00:19:33,510 --> 00:19:31,520

have a self-portrait i was a painter

517

00:19:35,590 --> 00:19:33,520

part of i became a surgeon i felt was to

518

00:19:38,310 --> 00:19:35,600

use my hands i was an artist

519

00:19:39,510 --> 00:19:38,320

and i paint myself in a cat mask and

520

00:19:41,350 --> 00:19:39,520

gown the way you're dressed in the

521

00:19:43,430 --> 00:19:41,360

operating room you don't know it's a

522

00:19:44,390 --> 00:19:43,440

portrait of me

523

00:19:46,150 --> 00:19:44,400

and

524

00:19:48,870 --> 00:19:46,160

why do you would you paint yourself that

525

00:19:50,710 --> 00:19:48,880

way i mean today i couldn't conceive of

526
00:19:52,870 --> 00:19:50,720
that's your self-portrait because when

527
00:19:55,750 --> 00:19:52,880
the family got tired of posing and our

528
00:19:57,909 --> 00:19:55,760
pets got tired sitting still i said oh

529
00:20:01,029 --> 00:19:57,919
i'll paint myself in a mirror

530
00:20:03,590 --> 00:20:01,039
and i covered myself up

531
00:20:06,310 --> 00:20:03,600
and it it all fit together what you

532
00:20:08,549 --> 00:20:06,320
needed to uncover is what was within you

533
00:20:10,470 --> 00:20:08,559
and that's true of everybody out there

534
00:20:11,909 --> 00:20:10,480
you keep it stored in you it'll cause

535
00:20:13,430 --> 00:20:11,919
you trouble

536
00:20:15,350 --> 00:20:13,440
and if you're

537
00:20:17,430 --> 00:20:15,360
smart yeah you'll let the trouble wake

538
00:20:19,430 --> 00:20:17,440

you up and start your living again

539

00:20:20,870 --> 00:20:19,440

um but i always say don't wait for a

540

00:20:23,110 --> 00:20:20,880

disaster

541

00:20:24,710 --> 00:20:23,120

to then write a book to help everybody

542

00:20:28,789 --> 00:20:24,720

the books have been written

543

00:20:33,669 --> 00:20:30,710

here here

544

00:20:35,190 --> 00:20:33,679

way back a lot of decades ago and i

545

00:20:36,549 --> 00:20:35,200

didn't know this is not normal i thought

546

00:20:38,390 --> 00:20:36,559

hey this is what happens to everybody

547

00:20:39,830 --> 00:20:38,400

when you die and i thought this is

548

00:20:41,830 --> 00:20:39,840

really neat

549

00:20:44,070 --> 00:20:41,840

i prefer being dead i'm sorry my parents

550

00:20:48,310 --> 00:20:44,080

will find me dead but

551
00:20:54,149 --> 00:20:50,230
people didn't come in to save me the kid

552
00:20:56,310 --> 00:20:54,159
on the bed had a seizure and vomited

553
00:20:58,710 --> 00:20:56,320
and the piece came loose and he took a

554
00:21:01,270 --> 00:20:58,720
breath and it was like a vacuum cleaner

555
00:21:03,270 --> 00:21:01,280
you know boom i was back in there

556
00:21:04,950 --> 00:21:03,280
and again it gave me a different concept

557
00:21:06,870 --> 00:21:04,960
of creation even though i was just four

558
00:21:08,149 --> 00:21:06,880
years old it's like hey it's not up to

559
00:21:09,590 --> 00:21:08,159
you kid

560
00:21:10,870 --> 00:21:09,600
you know you don't make all the

561
00:21:13,350 --> 00:21:10,880
decisions

562
00:21:16,630 --> 00:21:13,360
there's something more to this

563
00:21:19,510 --> 00:21:16,640

and then many years later

564

00:21:21,510 --> 00:21:19,520

i was very busy with interviews and

565

00:21:23,510 --> 00:21:21,520

doing all kinds of things and writing

566

00:21:26,310 --> 00:21:23,520

books and a friend of mine over the

567

00:21:28,870 --> 00:21:26,320

phone said why are you living this life

568

00:21:31,750 --> 00:21:28,880

because i was so busy

569

00:21:33,190 --> 00:21:31,760

i said to her oh my god

570

00:21:35,110 --> 00:21:33,200

she said what do you mean i said i've

571

00:21:37,110 --> 00:21:35,120

gone into a trance

572

00:21:39,510 --> 00:21:37,120

because of what you just said

573

00:21:41,510 --> 00:21:39,520

and to summarize it all

574

00:21:42,789 --> 00:21:41,520

i saw myself with the sword in my hand

575

00:21:45,190 --> 00:21:42,799

killing people

576

00:21:46,950 --> 00:21:45,200

and animals and their pets

577

00:21:49,190 --> 00:21:46,960

um

578

00:21:51,430 --> 00:21:49,200

and i said wow maybe that's why i'm a

579

00:21:54,070 --> 00:21:51,440

surgeon to help people with a knife

580

00:21:55,029 --> 00:21:54,080

and even our home i always called it a

581

00:21:57,830 --> 00:21:55,039

zoo

582

00:21:58,789 --> 00:21:57,840

with our five kids who were like crew

583

00:22:01,430 --> 00:21:58,799

members

584

00:22:03,029 --> 00:22:01,440

i mean we had fenced in and i'm talking

585

00:22:05,110 --> 00:22:03,039

about an acre and a half you know we're

586

00:22:07,350 --> 00:22:05,120

not living on a farm we broke all the

587

00:22:09,430 --> 00:22:07,360

joining zoning laws we had animals

588

00:22:11,909 --> 00:22:09,440

fenced in the front yard goats and ducks

589

00:22:13,669 --> 00:22:11,919

and geese the house was filled with all

590

00:22:16,310 --> 00:22:13,679

kinds of things and veterinarians gave

591

00:22:18,549 --> 00:22:16,320

us all kinds of exotic pets roaming the

592

00:22:20,310 --> 00:22:18,559

house everybody was family i mean i know

593

00:22:22,549 --> 00:22:20,320

it sounds crazy as a matter of fact some

594

00:22:24,549 --> 00:22:22,559

of it was humorous because we'd hatch

595

00:22:28,070 --> 00:22:24,559

all the eggs in an incubator

596

00:22:30,310 --> 00:22:28,080

and they would imprint on the children

597

00:22:32,230 --> 00:22:30,320

and think that's our parents so when the

598

00:22:34,149 --> 00:22:32,240

school bus would pull up guess who would

599

00:22:36,149 --> 00:22:34,159

go to get on the bus all the ducks and

600

00:22:38,710 --> 00:22:36,159

geese would follow the kids to the

601
00:22:41,830 --> 00:22:38,720
school bus try to get on the bus

602
00:22:43,830 --> 00:22:41,840
and uh it was a joke in our neighborhood

603
00:22:46,710 --> 00:22:43,840
but when i released some of them on my

604
00:22:48,870 --> 00:22:46,720
mother's house near a lake she called me

605
00:22:51,590 --> 00:22:48,880
i thought it was fascinating you see

606
00:22:53,430 --> 00:22:51,600
animals have feelings and memories too

607
00:22:54,789 --> 00:22:53,440
she called me up said bernie what is it

608
00:22:56,230 --> 00:22:54,799
huh

609
00:22:58,549 --> 00:22:56,240
our neighbors want to know something

610
00:23:00,070 --> 00:22:58,559
what every time a school bus pulls up

611
00:23:02,630 --> 00:23:00,080
all the ducks and geese come out of the

612
00:23:04,950 --> 00:23:02,640
lake and up to the road i laughed i said

613
00:23:07,430 --> 00:23:04,960

they're looking for our children

614

00:23:10,230 --> 00:23:07,440
but you know it shows we're all

615

00:23:12,950 --> 00:23:10,240
involved in thinking feeling

616

00:23:15,430 --> 00:23:12,960
relationships i mean

617

00:23:16,390 --> 00:23:15,440
it's a mystical mystical

618

00:23:21,029 --> 00:23:16,400
world

619

00:23:23,029 --> 00:23:21,039
and we need to be here to enjoy it too

620

00:23:25,029 --> 00:23:23,039
and to accept what's here

621

00:23:27,430 --> 00:23:25,039
and be at peace but there are so many

622

00:23:29,430 --> 00:23:27,440
people that don't i know

623

00:23:31,350 --> 00:23:29,440
and i'm i keep trying to help them

624

00:23:33,830 --> 00:23:31,360
that's why as a surgeon

625

00:23:36,549 --> 00:23:33,840
a patient said to me i need to know how

626
00:23:39,029 --> 00:23:36,559
to live between office visits

627
00:23:40,950 --> 00:23:39,039
and medicine is just beginning

628
00:23:43,350 --> 00:23:40,960
well this sentence tells it all say

629
00:23:45,350 --> 00:23:43,360
whether it's your work or mine

630
00:23:47,510 --> 00:23:45,360
we're trained to treat the result not

631
00:23:48,830 --> 00:23:47,520
the cause

632
00:23:51,669 --> 00:23:48,840
so

633
00:23:53,510 --> 00:23:51,679
emotionally this is a medical an ad in

634
00:23:55,029 --> 00:23:53,520
the medical journal i'm depressed unable

635
00:23:57,270 --> 00:23:55,039
to cope i went to see my physician he

636
00:23:59,590 --> 00:23:57,280
prescribed an anti-depressant i feel

637
00:24:02,070 --> 00:23:59,600
better now i wrote to the drug company

638
00:24:03,510 --> 00:24:02,080

in the journal i said excuse me don't

639

00:24:05,830 --> 00:24:03,520

you think the doctor ought to say what's

640

00:24:08,950 --> 00:24:05,840

going on in your life before he hands

641

00:24:12,230 --> 00:24:08,960

the person a pill and they cancel the ad

642

00:24:13,990 --> 00:24:12,240

but you see if you're trained to say

643

00:24:16,630 --> 00:24:14,000

what's your complaint okay here's your

644

00:24:18,549 --> 00:24:16,640

diagnosis go home and do this

645

00:24:20,070 --> 00:24:18,559

but i would say to people what are you

646

00:24:21,990 --> 00:24:20,080

experiencing

647

00:24:23,590 --> 00:24:22,000

and what was fascinating is the words

648

00:24:25,269 --> 00:24:23,600

they used

649

00:24:26,870 --> 00:24:25,279

were about their life

650

00:24:28,870 --> 00:24:26,880

they and some of those were a book i

651
00:24:31,350 --> 00:24:28,880
wrote right after book of miracles the

652
00:24:33,750 --> 00:24:31,360
art of healing that's 60 drawings in it

653
00:24:35,110 --> 00:24:33,760
and discusses dreams too but you say to

654
00:24:38,149 --> 00:24:35,120
a woman

655
00:24:40,149 --> 00:24:38,159
what are you experiencing oh failure

656
00:24:42,230 --> 00:24:40,159
how does that fit your life well my body

657
00:24:44,149 --> 00:24:42,240
failed me i'm asking you how does

658
00:24:45,909 --> 00:24:44,159
failure fit your life oh my parents

659
00:24:48,549 --> 00:24:45,919
committed suicide when i was a child

660
00:24:51,990 --> 00:24:48,559
that must have been a failure as a child

661
00:24:53,590 --> 00:24:52,000
that helped heal her life that question

662
00:24:55,510 --> 00:24:53,600
your migraine headache that you're being

663
00:24:58,149 --> 00:24:55,520

admitted to the hospital for what does

664

00:25:00,149 --> 00:24:58,159

it feel like pressure

665

00:25:01,990 --> 00:25:00,159

what's the pressure in your life my

666

00:25:03,990 --> 00:25:02,000

marriage

667

00:25:05,350 --> 00:25:04,000

i talked to her for a while and she got

668

00:25:07,990 --> 00:25:05,360

up and went home instead of to the

669

00:25:10,230 --> 00:25:08,000

hospital free of pain to straighten out

670

00:25:12,149 --> 00:25:10,240

her marriage and i always say this to

671

00:25:14,070 --> 00:25:12,159

people i don't care what your problem is

672

00:25:16,230 --> 00:25:14,080

stop and say to yourself how would i

673

00:25:17,750 --> 00:25:16,240

describe this to someone else

674

00:25:19,909 --> 00:25:17,760

and then if you come up with negative

675

00:25:21,269 --> 00:25:19,919

words say what else in my life fits

676

00:25:22,870 --> 00:25:21,279

those words

677

00:25:23,750 --> 00:25:22,880

and then eliminate them it'll help you

678

00:25:25,590 --> 00:25:23,760

heal

679

00:25:27,909 --> 00:25:25,600

now there are people

680

00:25:30,549 --> 00:25:27,919

fortunately who say it's been a wake-up

681

00:25:32,230 --> 00:25:30,559

call a blessing a new beginning i call

682

00:25:34,070 --> 00:25:32,240

life a labor pain

683

00:25:35,990 --> 00:25:34,080

but when you know whether it's joseph

684

00:25:37,269 --> 00:25:36,000

campbell or a lot of other philosophers

685

00:25:39,669 --> 00:25:37,279

when you say

686

00:25:40,710 --> 00:25:39,679

as campbell said on my journey through

687

00:25:42,310 --> 00:25:40,720

hell

688

00:25:44,149 --> 00:25:42,320

if i stop and say what am i to learn

689

00:25:45,269 --> 00:25:44,159

from this experience

690

00:25:47,830 --> 00:25:45,279

yeah

691

00:25:50,230 --> 00:25:47,840

you see and a friend of mine said it and

692

00:25:52,870 --> 00:25:50,240

i thought it was very neat she helped me

693

00:25:55,590 --> 00:25:52,880

because i'm complaining one day bernie

694

00:25:56,789 --> 00:25:55,600

you get upset when you're hungry no

695

00:25:59,909 --> 00:25:56,799

what do you do

696

00:26:02,789 --> 00:25:59,919

i get something to eat okay then ask

697

00:26:04,789 --> 00:26:02,799

yourself what nourishment you need

698

00:26:06,710 --> 00:26:04,799

and i think that's like campbell is

699

00:26:08,630 --> 00:26:06,720

saying in a different way that when you

700

00:26:11,029 --> 00:26:08,640

don't like how you feel and what's going

701
00:26:13,590 --> 00:26:11,039
on in your life say

702
00:26:15,830 --> 00:26:13,600
what nourishment do i need

703
00:26:18,470 --> 00:26:15,840
so i can correct this problem in my life

704
00:26:20,470 --> 00:26:18,480
and change my life

705
00:26:22,310 --> 00:26:20,480
and again it's like get letting your

706
00:26:26,149 --> 00:26:22,320
heart make up your mind not what do i

707
00:26:27,909 --> 00:26:26,159
think i should do no what feels right to

708
00:26:30,549 --> 00:26:27,919
quote a lawyer because i always say

709
00:26:33,510 --> 00:26:30,559
being a lawyer is a serious illness

710
00:26:35,830 --> 00:26:33,520
because they're trained to think

711
00:26:37,510 --> 00:26:35,840
um and engineers have problems too

712
00:26:38,950 --> 00:26:37,520
because i asked one engineer to draw a

713
00:26:40,310 --> 00:26:38,960

picture and he wrote a page full of

714

00:26:41,190 --> 00:26:40,320

instructions

715

00:26:43,029 --> 00:26:41,200

um

716

00:26:45,110 --> 00:26:43,039

and everybody laughed when they saw what

717

00:26:46,789 --> 00:26:45,120

he handed me but that woke him up you

718

00:26:49,430 --> 00:26:46,799

know he was asked to draw a picture and

719

00:26:51,269 --> 00:26:49,440

he wrote instructions but the lawyer

720

00:26:53,990 --> 00:26:51,279

sent me this an article he had written

721

00:26:56,470 --> 00:26:54,000

because in a tragedy occurred and he was

722

00:26:59,190 --> 00:26:56,480

busy thinking see about what i should do

723

00:27:01,669 --> 00:26:59,200

and this was a sense that he sent

724

00:27:03,510 --> 00:27:01,679

i came to a conclusion that was

725

00:27:07,350 --> 00:27:03,520

eminently reasonable

726
00:27:09,590 --> 00:27:07,360
totally logical and completely wrong

727
00:27:12,870 --> 00:27:09,600
because while learning to think

728
00:27:15,029 --> 00:27:12,880
i almost forgot how to feel

729
00:27:18,310 --> 00:27:15,039
yeah

730
00:27:21,269 --> 00:27:18,320
so pay attention to your feelings

731
00:27:23,110 --> 00:27:21,279
and don't make your body

732
00:27:24,230 --> 00:27:23,120
wake you up with a life-threatening

733
00:27:26,230 --> 00:27:24,240
illness

734
00:27:29,990 --> 00:27:26,240
see monday morning we have more heart

735
00:27:31,669 --> 00:27:30,000
attack stroke suicides and illnesses

736
00:27:33,669 --> 00:27:31,679
and you know there's a there's a

737
00:27:35,510 --> 00:27:33,679
survivor personality you mentioned my

738
00:27:37,990 --> 00:27:35,520

website there's something there called

739

00:27:39,990 --> 00:27:38,000

immune competent personality i was happy

740

00:27:42,470 --> 00:27:40,000

to see in usa today an article by a

741

00:27:44,630 --> 00:27:42,480

doctor see that they're waking up

742

00:27:47,110 --> 00:27:44,640

because what she said was

743

00:27:48,789 --> 00:27:47,120

if we're doing a study on a new drug we

744

00:27:49,669 --> 00:27:48,799

need to know the people we're giving it

745

00:27:51,510 --> 00:27:49,679

to

746

00:27:54,630 --> 00:27:51,520

because she said that you know when you

747

00:27:56,870 --> 00:27:54,640

look at exercise nutrition i mean there

748

00:27:58,870 --> 00:27:56,880

are people who survive not because it's

749

00:28:00,870 --> 00:27:58,880

a wonderful drug

750

00:28:02,389 --> 00:28:00,880

but because of their lifestyle and their

751

00:28:04,870 --> 00:28:02,399

attitude

752

00:28:06,389 --> 00:28:04,880

and so you have let's say 100 depressed

753

00:28:08,950 --> 00:28:06,399

people who don't want to live and you

754

00:28:11,110 --> 00:28:08,960

give them a pill to cure disease

755

00:28:13,590 --> 00:28:11,120

and you get lousy results it ain't the

756

00:28:15,990 --> 00:28:13,600

pill it's the people

757

00:28:17,669 --> 00:28:16,000

and i found that too the mind is so

758

00:28:20,070 --> 00:28:17,679

powerful you talk about energy when

759

00:28:22,389 --> 00:28:20,080

people due to medical errors you don't

760

00:28:23,269 --> 00:28:22,399

receive the treatment you thought you're

761

00:28:24,789 --> 00:28:23,279

getting

762

00:28:27,590 --> 00:28:24,799

and i'm talking about surgery

763

00:28:30,389 --> 00:28:27,600

chemotherapy radiation

764

00:28:32,870 --> 00:28:30,399

the doctors don't know

765

00:28:34,549 --> 00:28:32,880

that they're not treating their patients

766

00:28:35,590 --> 00:28:34,559

okay these are true stories i don't make

767

00:28:36,389 --> 00:28:35,600

these up

768

00:28:38,230 --> 00:28:36,399

and

769

00:28:40,070 --> 00:28:38,240

what happened is when the doctors did

770

00:28:42,070 --> 00:28:40,080

routine you know inspections and

771

00:28:44,950 --> 00:28:42,080

checking they realized oh we haven't

772

00:28:47,430 --> 00:28:44,960

been treating but the patients

773

00:28:49,430 --> 00:28:47,440

had beneficial effects literally

774

00:28:51,669 --> 00:28:49,440

shrinking cancer

775

00:28:53,350 --> 00:28:51,679

and side effects because they thought

776

00:28:55,750 --> 00:28:53,360

they were getting treatment and that's

777

00:28:57,190 --> 00:28:55,760

why the doctors didn't know they weren't

778

00:28:59,029 --> 00:28:57,200

treating them because i was trying to

779

00:29:00,950 --> 00:28:59,039

help the doctors who were so upset and

780

00:29:02,230 --> 00:29:00,960

depressed over oh i haven't treated

781

00:29:04,389 --> 00:29:02,240

anybody

782

00:29:06,470 --> 00:29:04,399

i said it's not your fault they acted as

783

00:29:07,909 --> 00:29:06,480

if they were being treated so you didn't

784

00:29:09,350 --> 00:29:07,919

know

785

00:29:11,350 --> 00:29:09,360

and you should have seen their eyes

786

00:29:13,430 --> 00:29:11,360

bulge

787

00:29:15,190 --> 00:29:13,440

because it never occurred to them that

788

00:29:17,110 --> 00:29:15,200

that's why they never stopped to think

789

00:29:19,590 --> 00:29:17,120

they weren't treating someone because

790

00:29:21,190 --> 00:29:19,600

they were all acting as if they were and

791

00:29:23,669 --> 00:29:21,200

it's hypnotic

792

00:29:26,470 --> 00:29:23,679

about something but can it happen in the

793

00:29:29,510 --> 00:29:26,480

inverse where the doctor will say

794

00:29:32,549 --> 00:29:29,520

something and it will make your body not

795

00:29:34,149 --> 00:29:32,559

work like i have a client who we won't

796

00:29:37,269 --> 00:29:34,159

talk about his issue

797

00:29:41,029 --> 00:29:37,279

but he was taking some herbal remedies

798

00:29:44,710 --> 00:29:41,039

that are very effective relatively safe

799

00:29:46,789 --> 00:29:44,720

and he was told by the physician

800

00:29:48,630 --> 00:29:46,799

those things don't work why are you

801
00:29:51,190 --> 00:29:48,640
bothered taking them and

802
00:29:52,830 --> 00:29:51,200
it's kind of like really

803
00:29:54,710 --> 00:29:52,840
yeah that's a stupid

804
00:29:56,310 --> 00:29:54,720
doctor um

805
00:29:59,350 --> 00:29:56,320
and i mean that you see because we're

806
00:30:01,510 --> 00:29:59,360
giving information not an education

807
00:30:03,350 --> 00:30:01,520
that doctor's treating the disease not

808
00:30:05,110 --> 00:30:03,360
the patient

809
00:30:08,230 --> 00:30:05,120
i have an article on my website called

810
00:30:11,029 --> 00:30:08,240
deceiving people into health

811
00:30:12,710 --> 00:30:11,039
now why would you be upset if i lied to

812
00:30:14,470 --> 00:30:12,720
you and you got better

813
00:30:16,950 --> 00:30:14,480

i don't think so

814

00:30:19,190 --> 00:30:16,960

and i did a lot of children surgery and

815

00:30:20,710 --> 00:30:19,200

i realized how powerful my words were

816

00:30:21,990 --> 00:30:20,720

and then one of our kids brought this

817

00:30:24,470 --> 00:30:22,000

home and i don't think this was an

818

00:30:27,029 --> 00:30:24,480

accident write the word words words

819

00:30:29,029 --> 00:30:27,039

words words on a piece of paper with no

820

00:30:31,269 --> 00:30:29,039

space between the words

821

00:30:35,590 --> 00:30:31,279

you know what they become

822

00:30:38,789 --> 00:30:35,600

a lot of words swords sword sword swords

823

00:30:42,630 --> 00:30:38,799

so we can kill a cure with words

824

00:30:44,549 --> 00:30:42,640

see i know people who died in a week why

825

00:30:46,710 --> 00:30:44,559

you have lung cancer

826

00:30:49,110 --> 00:30:46,720

yes you have cataracts but we're not

827

00:30:51,269 --> 00:30:49,120

paying for cataract surgery because you

828

00:30:53,269 --> 00:30:51,279

only have a year or two to live

829

00:30:55,350 --> 00:30:53,279

he went home and died in a week

830

00:30:58,870 --> 00:30:55,360

that was his health plan

831

00:31:00,310 --> 00:30:58,880

okay so yes i hear those things too that

832

00:31:02,549 --> 00:31:00,320

killed people

833

00:31:05,029 --> 00:31:02,559

but giving people hope and i got

834

00:31:07,830 --> 00:31:05,039

criticized for giving false hope there's

835

00:31:09,750 --> 00:31:07,840

no false hope if you have hope

836

00:31:11,590 --> 00:31:09,760

i mean what would you be upset about if

837

00:31:12,310 --> 00:31:11,600

it helps you live longer

838

00:31:14,470 --> 00:31:12,320

so

839

00:31:17,830 --> 00:31:14,480

one of the things that started me doing

840

00:31:20,310 --> 00:31:17,840

that was as i say lying to children

841

00:31:22,870 --> 00:31:20,320

because i realized my words meant so

842

00:31:24,310 --> 00:31:22,880

much to them they took it literally

843

00:31:26,149 --> 00:31:24,320

you'll go to sleep and you go in the

844

00:31:27,909 --> 00:31:26,159

operating room you'd say this to a child

845

00:31:30,310 --> 00:31:27,919

in the emergency room

846

00:31:31,669 --> 00:31:30,320

with appendicitis going up to the

847

00:31:33,269 --> 00:31:31,679

operating room to go to sleep when you

848

00:31:35,990 --> 00:31:33,279

go in the room i'm thinking of

849

00:31:38,149 --> 00:31:36,000

anesthesia so you won't be frightened

850

00:31:40,389 --> 00:31:38,159

the kids used to fall asleep on the

851
00:31:42,470 --> 00:31:40,399
stretcher we wheeled them in on it got

852
00:31:43,990 --> 00:31:42,480
to be a joke in the operating room

853
00:31:46,149 --> 00:31:44,000
because you'd wheel this child down the

854
00:31:47,350 --> 00:31:46,159
hall into the room they'd flip over and

855
00:31:49,509 --> 00:31:47,360
fall asleep

856
00:31:50,950 --> 00:31:49,519
and i laugh every time i think of it

857
00:31:53,029 --> 00:31:50,960
because a lot of the kids would yell at

858
00:31:55,029 --> 00:31:53,039
me i sleep on my stomach and you're

859
00:31:56,710 --> 00:31:55,039
turning me over

860
00:31:58,230 --> 00:31:56,720
and i would say that's the only way i

861
00:32:00,470 --> 00:31:58,240
can get your appendix then they would

862
00:32:02,549 --> 00:32:00,480
say oh all right but they took it so

863
00:32:05,509 --> 00:32:02,559

literally they flipped over and went to

864

00:32:08,389 --> 00:32:05,519

sleep and the other was just showing the

865

00:32:10,789 --> 00:32:08,399

benefits of hypnosis and the authority

866

00:32:12,950 --> 00:32:10,799

figures words take an alcohol sponge

867

00:32:14,789 --> 00:32:12,960

because i tell this to doctors nurses

868

00:32:16,630 --> 00:32:14,799

take an alcohol sponge and say to the

869

00:32:18,149 --> 00:32:16,640

patient this is going to numb your skin

870

00:32:19,509 --> 00:32:18,159

it's a new type of sponge you won't feel

871

00:32:21,509 --> 00:32:19,519

the needle

872

00:32:23,029 --> 00:32:21,519

i guarantee you at least one third of

873

00:32:24,310 --> 00:32:23,039

the people will say hey that's great

874

00:32:25,830 --> 00:32:24,320

thank you

875

00:32:29,269 --> 00:32:25,840

and the others will say you know i felt

876

00:32:31,990 --> 00:32:29,279

it oh bad sponge

877

00:32:34,149 --> 00:32:32,000

but again it's not the same needle you

878

00:32:36,310 --> 00:32:34,159

know once they have that belief so i

879

00:32:38,070 --> 00:32:36,320

would always say to parents i want you

880

00:32:40,549 --> 00:32:38,080

to lie to your children for their

881

00:32:43,190 --> 00:32:40,559

benefit take some vitamins

882

00:32:45,830 --> 00:32:43,200

put a new label on the bottle

883

00:32:48,389 --> 00:32:45,840

hair growing pill anti-nausea pain

884

00:32:50,310 --> 00:32:48,399

whatever problem the kid was having and

885

00:32:51,990 --> 00:32:50,320

they had a complaint here take this

886

00:32:54,789 --> 00:32:52,000

you'll feel better

887

00:32:57,269 --> 00:32:54,799

and believe me it works

888

00:33:00,389 --> 00:32:57,279

i know there's some family stories

889

00:33:03,269 --> 00:33:00,399

you know where family members have given

890

00:33:04,149 --> 00:33:03,279

their sick relative the wrong medication

891

00:33:06,870 --> 00:33:04,159

or

892

00:33:08,389 --> 00:33:06,880

a vitamin pill and the person got

893

00:33:09,350 --> 00:33:08,399

perfectly well

894

00:33:11,269 --> 00:33:09,360

um

895

00:33:13,269 --> 00:33:11,279

you know there's well one of the most

896

00:33:14,630 --> 00:33:13,279

wonderful it's not in the miracle book

897

00:33:16,230 --> 00:33:14,640

but is sort of

898

00:33:18,389 --> 00:33:16,240

you're having chemotherapy you're

899

00:33:21,029 --> 00:33:18,399

nauseated on the way home vomiting in

900

00:33:23,029 --> 00:33:21,039

the car so your husband is nice enough

901
00:33:24,870 --> 00:33:23,039
to bring a big bag that you can throw up

902
00:33:29,669 --> 00:33:24,880
in

903
00:33:31,430 --> 00:33:29,679
with a big smile i said what happened

904
00:33:33,190 --> 00:33:31,440
i had my chemo i got in the car i'm

905
00:33:35,029 --> 00:33:33,200
feeling nauseated my husband handed me

906
00:33:38,310 --> 00:33:35,039
the bag i opened it there were a dozen

907
00:33:40,710 --> 00:33:38,320
roses from him in it i never vomited

908
00:33:43,590 --> 00:33:40,720
again

909
00:33:46,630 --> 00:33:43,600
and there's how wonderful yeah

910
00:33:48,950 --> 00:33:46,640
you know you see the power of that love

911
00:33:49,990 --> 00:33:48,960
and the image and what it does for the

912
00:33:51,029 --> 00:33:50,000
person

913
00:33:53,110 --> 00:33:51,039

so

914

00:33:54,549 --> 00:33:53,120

you know i say don't be afraid

915

00:33:55,350 --> 00:33:54,559

to give hope

916

00:33:57,430 --> 00:33:55,360

love

917

00:33:58,630 --> 00:33:57,440

laughter you can't be afraid when you're

918

00:33:59,990 --> 00:33:58,640

laughing

919

00:34:01,990 --> 00:34:00,000

i mean there's only one thing to be

920

00:34:04,310 --> 00:34:02,000

afraid of i learned that from a 90 plus

921

00:34:06,470 --> 00:34:04,320

year old with cancer when everybody was

922

00:34:08,550 --> 00:34:06,480

in a panic i said to her one day

923

00:34:10,069 --> 00:34:08,560

what are you afraid of

924

00:34:11,829 --> 00:34:10,079

and she sat there for about three

925

00:34:14,069 --> 00:34:11,839

minutes four minutes

926
00:34:16,869 --> 00:34:14,079
and we're all waiting and then she said

927
00:34:20,710 --> 00:34:16,879
oh i know what it is i said really what

928
00:34:22,470 --> 00:34:20,720
is it driving on the parkway at night

929
00:34:23,589 --> 00:34:22,480
and the whole room bursts out laughing

930
00:34:24,629 --> 00:34:23,599
you say

931
00:34:26,470 --> 00:34:24,639
why

932
00:34:28,149 --> 00:34:26,480
because we're all sitting there worried

933
00:34:29,990 --> 00:34:28,159
about what's going to happen

934
00:34:33,109 --> 00:34:30,000
and her only problem is driving on the

935
00:34:34,869 --> 00:34:33,119
parkway at night and how humor works

936
00:34:37,829 --> 00:34:34,879
we're sitting in a support group again

937
00:34:39,909 --> 00:34:37,839
and i always bring our dogs and pets and

938
00:34:41,750 --> 00:34:39,919

you know makes everybody feel better so

939

00:34:43,750 --> 00:34:41,760

somebody got there late and didn't know

940

00:34:44,950 --> 00:34:43,760

i had you know brought dogs it was his

941

00:34:47,109 --> 00:34:44,960

first meeting

942

00:34:50,310 --> 00:34:47,119

and he's telling his tragic story and he

943

00:34:54,550 --> 00:34:52,869

and he starts screaming at the group

944

00:34:56,790 --> 00:34:54,560

you don't care you're totally

945

00:34:58,230 --> 00:34:56,800

insensitive you're falling asleep while

946

00:34:59,589 --> 00:34:58,240

i'm telling you about what's happening

947

00:35:01,589 --> 00:34:59,599

in my life

948

00:35:03,829 --> 00:35:01,599

and everybody in the room you know i was

949

00:35:06,230 --> 00:35:03,839

sort of motioning at him calm down and

950

00:35:08,150 --> 00:35:06,240

they point at my chair under the chair

951
00:35:09,589 --> 00:35:08,160
as one of my dogs who fell asleep and

952
00:35:12,230 --> 00:35:09,599
was snoring

953
00:35:15,190 --> 00:35:12,240
well that guy just burst out laughing

954
00:35:17,109 --> 00:35:15,200
that was the best therapy he's ever had

955
00:35:19,349 --> 00:35:17,119
because it went from this horrible

956
00:35:21,750 --> 00:35:19,359
terrible life to

957
00:35:23,910 --> 00:35:21,760
you know what a jerk i am and he's

958
00:35:26,310 --> 00:35:23,920
laughing and it it just totally

959
00:35:29,349 --> 00:35:26,320
transformed him and taught him you know

960
00:35:31,670 --> 00:35:29,359
the benefit of laughter so

961
00:35:32,790 --> 00:35:31,680
and and if people do that laugh for no

962
00:35:35,349 --> 00:35:32,800
reason

963
00:35:37,349 --> 00:35:35,359

study done to cancer patients the group

964

00:35:39,829 --> 00:35:37,359

who laughed for no reason several times

965

00:35:41,510 --> 00:35:39,839

a day lived longer than the control

966

00:35:44,470 --> 00:35:41,520

group which laughed if something funny

967

00:35:45,670 --> 00:35:44,480

happened but did not laugh you know for

968

00:35:48,069 --> 00:35:45,680

no reason

969

00:35:49,910 --> 00:35:48,079

and anybody wants to try it just do it

970

00:35:51,589 --> 00:35:49,920

you'll see how much better you feel if

971

00:35:52,870 --> 00:35:51,599

you laugh does that mean i'm going to

972

00:35:54,150 --> 00:35:52,880

live forever

973

00:35:57,430 --> 00:35:54,160

it's possible

974

00:36:00,950 --> 00:35:59,109

yeah that's expensive with plastic

975

00:36:04,470 --> 00:36:00,960

surgery and all that but

976
00:36:07,510 --> 00:36:04,480
hey i have good skin yeah but my wife

977
00:36:09,750 --> 00:36:07,520
started to do one-liners you know like i

978
00:36:12,470 --> 00:36:09,760
always say a female and a young man

979
00:36:14,150 --> 00:36:12,480
to get people to really see the benefits

980
00:36:17,349 --> 00:36:14,160
of laughter so i would talk for about an

981
00:36:19,270 --> 00:36:17,359
hour she'd come up and do humor

982
00:36:23,349 --> 00:36:19,280
and then i'd say to people how do you

983
00:36:25,430 --> 00:36:23,359
feel now say 10 15 minutes later

984
00:36:27,829 --> 00:36:25,440
after you've left and everybody knew

985
00:36:29,670 --> 00:36:27,839
that sitting up feeling younger better

986
00:36:32,470 --> 00:36:29,680
and literally she would get more thank

987
00:36:33,750 --> 00:36:32,480
yous at the end of the workshop than i

988
00:36:36,230 --> 00:36:33,760

did

989

00:36:37,589 --> 00:36:36,240

because of how she helped people feel

990

00:36:40,390 --> 00:36:37,599

better

991

00:36:42,870 --> 00:36:40,400

you know versus my informing them and

992

00:36:45,990 --> 00:36:42,880

giving them things to do and how to help

993

00:36:49,829 --> 00:36:46,000

yourself and but the laughter makes such

994

00:36:53,349 --> 00:36:52,069

he who laughs lasts

995

00:36:54,470 --> 00:36:53,359

i don't know if you heard that line he

996

00:36:57,030 --> 00:36:54,480

who laughs

997

00:37:00,870 --> 00:36:57,040

lasts that was like one of her closing

998

00:37:05,910 --> 00:37:03,510

well that's pretty good yeah it's living

999

00:37:08,630 --> 00:37:05,920

woody allen said it very well too

1000

00:37:10,870 --> 00:37:08,640

because one guy is very depressed

1001
00:37:13,670 --> 00:37:10,880
and after he rambles on about the

1002
00:37:15,349 --> 00:37:13,680
hopelessness of you know the universe

1003
00:37:17,030 --> 00:37:15,359
his friend says what are you doing

1004
00:37:19,750 --> 00:37:17,040
saturday night

1005
00:37:21,990 --> 00:37:19,760
and he says i'm committing suicide

1006
00:37:22,950 --> 00:37:22,000
and his friend says how about friday

1007
00:37:25,829 --> 00:37:22,960
night

1008
00:37:28,310 --> 00:37:25,839
and i think that's what life is about

1009
00:37:32,630 --> 00:37:28,320
you know enjoy the day

1010
00:37:38,069 --> 00:37:35,670
but when you're worrying about tomorrow

1011
00:37:39,589 --> 00:37:38,079
you're creating a problem

1012
00:37:40,630 --> 00:37:39,599
and again you know the kids and the

1013
00:37:42,390 --> 00:37:40,640

animals

1014

00:37:45,190 --> 00:37:42,400

aren't thinking about tomorrow they're

1015

00:37:48,230 --> 00:37:45,200

trying to have a nice day

1016

00:37:50,950 --> 00:37:48,240

that's a sentence one of our kids

1017

00:37:53,990 --> 00:37:50,960

who i thought he had a tumor and it

1018

00:37:56,230 --> 00:37:54,000

looked malignant on x-ray and so after i

1019

00:37:57,829 --> 00:37:56,240

looked at the x-ray i thought

1020

00:37:59,990 --> 00:37:57,839

hey he'll lose a leg and he'll be dead

1021

00:38:02,230 --> 00:38:00,000

in the air

1022

00:38:04,390 --> 00:38:02,240

he came to me the next day

1023

00:38:06,069 --> 00:38:04,400

after i informed the family

1024

00:38:08,630 --> 00:38:06,079

and he said dad can i talk to you for a

1025

00:38:11,109 --> 00:38:08,640

minute yeah what is it keith

1026

00:38:13,829 --> 00:38:11,119

you're handling this poorly that's a

1027

00:38:16,069 --> 00:38:13,839

seven-year-old that's fun

1028

00:38:18,950 --> 00:38:16,079

he said we're trying to have a nice day

1029

00:38:22,870 --> 00:38:18,960

and you want us in our room depressed

1030

00:38:24,790 --> 00:38:22,880

we'd like to go out in the front yard

1031

00:38:26,870 --> 00:38:24,800

and he was my therapist for a week

1032

00:38:28,950 --> 00:38:26,880

because when he had the surgery it

1033

00:38:31,829 --> 00:38:28,960

turned out to be a very rare

1034

00:38:33,990 --> 00:38:31,839

benign tumor it's extremely painful but

1035

00:38:34,790 --> 00:38:34,000

um he taught me a hell of a lot that

1036

00:38:37,030 --> 00:38:34,800

week

1037

00:38:40,069 --> 00:38:37,040

so i always remember hearing those words

1038

00:38:43,670 --> 00:38:40,079

you're handling this poorly

1039

00:38:45,750 --> 00:38:43,680

out of the mouth of babes as they say

1040

00:38:48,230 --> 00:38:45,760

the kids were always my teachers i did

1041

00:38:49,270 --> 00:38:48,240

as i said a lot of pediatric surgery

1042

00:38:51,109 --> 00:38:49,280

and

1043

00:38:53,030 --> 00:38:51,119

you know the kids who had love they

1044

00:38:54,390 --> 00:38:53,040

managed to get through

1045

00:38:57,670 --> 00:38:54,400

through it all

1046

00:38:59,430 --> 00:38:57,680

um the unloved and that's the biggest

1047

00:39:01,190 --> 00:38:59,440

health problem of our planet if you grow

1048

00:39:02,710 --> 00:39:01,200

up without love you become

1049

00:39:04,710 --> 00:39:02,720

self-destructive

1050

00:39:05,510 --> 00:39:04,720

well even the violence

1051
00:39:07,829 --> 00:39:05,520
is

1052
00:39:09,750 --> 00:39:07,839
a response to the rejection

1053
00:39:11,430 --> 00:39:09,760
then you go out

1054
00:39:13,510 --> 00:39:11,440
to seek revenge and you kill a lot of

1055
00:39:15,109 --> 00:39:13,520
people then you kill yourself or let the

1056
00:39:16,870 --> 00:39:15,119
police kill you

1057
00:39:19,510 --> 00:39:16,880
but if you grow up with love you have a

1058
00:39:22,390 --> 00:39:19,520
reverence for life can i ask you a test

1059
00:39:24,710 --> 00:39:22,400
question sure

1060
00:39:27,270 --> 00:39:24,720
tomorrow you're going to walk outside

1061
00:39:29,270 --> 00:39:27,280
and there's been a rain in the evening

1062
00:39:30,550 --> 00:39:29,280
and as you walk all right so i'm already

1063
00:39:32,630 --> 00:39:30,560

going to answer the question i won't go

1064

00:39:34,390 --> 00:39:32,640

outside because it'll be too cold no no

1065

00:39:36,950 --> 00:39:34,400

i mean it's not you know the

1066

00:39:38,710 --> 00:39:36,960

temperature's all right it rains okay

1067

00:39:40,310 --> 00:39:38,720

you go out after the rainfall and as

1068

00:39:43,430 --> 00:39:40,320

you're walking down the street you see

1069

00:39:45,270 --> 00:39:43,440

quite a few worms on the pavement

1070

00:39:47,430 --> 00:39:45,280

because they've been washed away you

1071

00:39:49,910 --> 00:39:47,440

know off the ground by the water by the

1072

00:39:52,390 --> 00:39:49,920

rain what do you do when you see the

1073

00:39:52,400 --> 00:39:57,910

make a really ugly face at them

1074

00:40:02,470 --> 00:40:00,390

and then walk around them

1075

00:40:04,150 --> 00:40:02,480

what i've been doing for decades is

1076

00:40:05,829 --> 00:40:04,160

picking them up and putting them back on

1077

00:40:08,230 --> 00:40:05,839

the earth how did i know you were going

1078

00:40:11,589 --> 00:40:08,240

to say that yeah and i really thought i

1079

00:40:13,589 --> 00:40:11,599

was neurotic but i couldn't help it

1080

00:40:15,109 --> 00:40:13,599

and then i came across dear albert

1081

00:40:17,750 --> 00:40:15,119

schweitzer

1082

00:40:20,310 --> 00:40:17,760

some one of his books and he said if you

1083

00:40:22,470 --> 00:40:20,320

come out after the rain and you see a

1084

00:40:24,790 --> 00:40:22,480

worm on the pavement pick it up and

1085

00:40:27,270 --> 00:40:24,800

place it back on the earth and if you

1086

00:40:29,349 --> 00:40:27,280

see an insect in a puddle give it a leaf

1087

00:40:31,030 --> 00:40:29,359

to climb up on

1088

00:40:32,150 --> 00:40:31,040

and he always talked about a reverence

1089

00:40:34,310 --> 00:40:32,160

for life

1090

00:40:35,829 --> 00:40:34,320

and that's what i saw in our children i

1091

00:40:38,230 --> 00:40:35,839

wasn't thinking about it with all the

1092

00:40:39,430 --> 00:40:38,240

animals it just i had to rescue

1093

00:40:40,630 --> 00:40:39,440

everybody

1094

00:40:42,950 --> 00:40:40,640

but

1095

00:40:45,270 --> 00:40:42,960

they can't hurt anything they grew up

1096

00:40:46,150 --> 00:40:45,280

with all these creatures

1097

00:40:48,230 --> 00:40:46,160

and

1098

00:40:50,950 --> 00:40:48,240

one is in law enforcement

1099

00:40:54,630 --> 00:40:50,960

i mean he's capable of killing

1100

00:40:57,030 --> 00:40:54,640

but he spent a half an hour saving a

1101
00:40:59,349 --> 00:40:57,040
turtle's life

1102
00:41:00,950 --> 00:40:59,359
he said i saw this turtle on the ground

1103
00:41:03,349 --> 00:41:00,960
must have been a male because it didn't

1104
00:41:05,670 --> 00:41:03,359
ask for directions um he has a sense of

1105
00:41:08,150 --> 00:41:05,680
humor too so he picked the turtle up and

1106
00:41:10,069 --> 00:41:08,160
spent half an hour to find a pun to

1107
00:41:11,589 --> 00:41:10,079
release it

1108
00:41:13,030 --> 00:41:11,599
now i don't worry about him hurting

1109
00:41:14,710 --> 00:41:13,040
somebody

1110
00:41:16,630 --> 00:41:14,720
you know i mean yes he might kill

1111
00:41:19,670 --> 00:41:16,640
somebody to save a life

1112
00:41:22,950 --> 00:41:19,680
but i don't have to worry about him

1113
00:41:24,790 --> 00:41:22,960

being a law enforcement person for the

1114

00:41:26,390 --> 00:41:24,800

wrong reasons

1115

00:41:29,589 --> 00:41:26,400

you know for not knowing how to deal

1116

00:41:31,349 --> 00:41:29,599

with his aggression see another i mean i

1117

00:41:35,030 --> 00:41:31,359

like i never stop talking because it's

1118

00:41:36,790 --> 00:41:35,040

all part of my learning that

1119

00:41:39,510 --> 00:41:36,800

carl mending of the psychiatrist also

1120

00:41:41,670 --> 00:41:39,520

became a friend and therapist for me

1121

00:41:43,910 --> 00:41:41,680

years ago and he said to me bernie what

1122

00:41:47,190 --> 00:41:43,920

if you became a surgeon as a reaction

1123

00:41:49,349 --> 00:41:47,200

formation to your destructive tendencies

1124

00:41:51,030 --> 00:41:49,359

and i love saying that to people why'd

1125

00:41:52,550 --> 00:41:51,040

you become a surgeon well i like cutting

1126

00:41:57,990 --> 00:41:52,560

people up but i don't want to go to jail

1127

00:42:02,550 --> 00:41:59,829

you know he said bernie aggression is

1128

00:42:04,069 --> 00:42:02,560

normal but it's how you use it so i

1129

00:42:06,470 --> 00:42:04,079

always think you know football players

1130

00:42:08,309 --> 00:42:06,480

are knocking each other's heads off and

1131

00:42:10,550 --> 00:42:08,319

recently you read about how they're

1132

00:42:13,030 --> 00:42:10,560

treating their family but if you get the

1133

00:42:15,109 --> 00:42:13,040

aggression out on the field you don't

1134

00:42:17,990 --> 00:42:15,119

take it out on your family

1135

00:42:20,069 --> 00:42:18,000

say or your neighbors or the people even

1136

00:42:21,589 --> 00:42:20,079

who rejected you because you've gotten

1137

00:42:23,589 --> 00:42:21,599

it out

1138

00:42:26,069 --> 00:42:23,599

and i took care of some football teams

1139

00:42:28,230 --> 00:42:26,079

as a doctor and i was amazed at how

1140

00:42:31,109 --> 00:42:28,240

quiet these guys were

1141

00:42:34,069 --> 00:42:31,119

you know off the field um you know six

1142

00:42:35,990 --> 00:42:34,079

foot three 250 pounds yeah i don't want

1143

00:42:38,390 --> 00:42:36,000

them to ever be angry at me

1144

00:42:40,230 --> 00:42:38,400

but um

1145

00:42:42,950 --> 00:42:40,240

it impressed me that when they were out

1146

00:42:45,829 --> 00:42:42,960

on the field knocking heads when they

1147

00:42:49,990 --> 00:42:45,839

came off yeah they were calm inside

1148

00:42:53,430 --> 00:42:50,000

because the aggression had been released

1149

00:42:56,470 --> 00:42:53,440

so we all need to know ourselves better

1150

00:42:58,390 --> 00:42:56,480

and what's within us

1151

00:43:01,510 --> 00:42:58,400

well and i always find it interesting

1152

00:43:04,230 --> 00:43:01,520

that when asked most people know what

1153

00:43:06,870 --> 00:43:04,240

they need to do or they know the source

1154

00:43:08,390 --> 00:43:06,880

of their disquiet

1155

00:43:10,309 --> 00:43:08,400

but when you say

1156

00:43:12,069 --> 00:43:10,319

okay so why don't you do that why don't

1157

00:43:14,550 --> 00:43:12,079

you quit your job or end this

1158

00:43:16,790 --> 00:43:14,560

relationship or talk to your spouse or

1159

00:43:18,870 --> 00:43:16,800

whatever that thing is

1160

00:43:21,030 --> 00:43:18,880

they are so reticent

1161

00:43:23,270 --> 00:43:21,040

i think it has a lot to do with

1162

00:43:24,470 --> 00:43:23,280

fail your feelings because i saw this

1163

00:43:26,630 --> 00:43:24,480

years ago

1164

00:43:29,750 --> 00:43:26,640

when i send 100 letters out to people

1165

00:43:33,670 --> 00:43:29,760

with cancer saying let me help you live

1166

00:43:36,150 --> 00:43:33,680

a longer better life come to a meeting

1167

00:43:39,829 --> 00:43:37,990

i thought several hundred people would

1168

00:43:41,750 --> 00:43:39,839

show up because the secretary forgot to

1169

00:43:44,230 --> 00:43:41,760

say it's just for our patients you can't

1170

00:43:46,630 --> 00:43:44,240

bring friends and relatives

1171

00:43:48,710 --> 00:43:46,640

less than a dozen women showed up

1172

00:43:49,670 --> 00:43:48,720

i couldn't believe it

1173

00:43:52,470 --> 00:43:49,680

that

1174

00:43:53,750 --> 00:43:52,480

everybody didn't want to live a longer

1175

00:43:55,190 --> 00:43:53,760

better life

1176

00:43:57,349 --> 00:43:55,200

but i realized they were afraid of

1177

00:43:59,109 --> 00:43:57,359

failing that's how they grew up i mean

1178

00:44:00,950 --> 00:43:59,119

this is a quote my mother's words were

1179

00:44:03,109 --> 00:44:00,960

eating away at me and maybe gave me

1180

00:44:04,790 --> 00:44:03,119

cancer she said i was a failure i

1181

00:44:07,510 --> 00:44:04,800

embarrassed her she only dressed me in

1182

00:44:11,430 --> 00:44:07,520

dark clothes so nobody would notice me

1183

00:44:13,109 --> 00:44:11,440

now what saved that woman's life cancer

1184

00:44:15,510 --> 00:44:13,119

that's when she said

1185

00:44:18,150 --> 00:44:15,520

gave me permission to be my authentic

1186

00:44:19,589 --> 00:44:18,160

self and to buy a red dress and red high

1187

00:44:21,430 --> 00:44:19,599

heels juice

1188

00:44:24,230 --> 00:44:21,440

yeah it's sad that you need to get a

1189

00:44:26,630 --> 00:44:24,240

life-threatening illness to start living

1190

00:44:28,710 --> 00:44:26,640

um and i say that to people you know

1191

00:44:31,030 --> 00:44:28,720

that abandon the past

1192

00:44:32,710 --> 00:44:31,040

put your pictures up around your

1193

00:44:35,510 --> 00:44:32,720

house where you work

1194

00:44:37,030 --> 00:44:35,520

and love that kid that you are

1195

00:44:38,470 --> 00:44:37,040

i mean i know people don't even have

1196

00:44:40,470 --> 00:44:38,480

pictures of themselves as children

1197

00:44:42,950 --> 00:44:40,480

because of how they're paired i mean

1198

00:44:47,190 --> 00:44:45,349

you know one woman the reason i i sigh

1199

00:44:48,069 --> 00:44:47,200

when i think of all these people

1200

00:44:49,990 --> 00:44:48,079

um

1201
00:44:51,990 --> 00:44:50,000
you know when you i mentioned the woman

1202
00:44:54,069 --> 00:44:52,000
who said her cancer is a failure her

1203
00:44:55,349 --> 00:44:54,079
parents committed suicide she's not the

1204
00:44:57,750 --> 00:44:55,359
only one i know

1205
00:45:00,630 --> 00:44:57,760
whose parents committed suicide and told

1206
00:45:01,430 --> 00:45:00,640
their children to kill themselves

1207
00:45:02,790 --> 00:45:01,440
so

1208
00:45:06,230 --> 00:45:02,800
how do you grow up and take care of

1209
00:45:07,430 --> 00:45:06,240
yourself when that's your life story

1210
00:45:10,950 --> 00:45:07,440
you know

1211
00:45:12,790 --> 00:45:10,960
versus having a grandmother like i had

1212
00:45:14,950 --> 00:45:12,800
who loved me

1213
00:45:17,670 --> 00:45:14,960

no matter what and i don't have pictures

1214

00:45:19,589 --> 00:45:17,680

of myself as an infant because

1215

00:45:21,270 --> 00:45:19,599

my parents didn't want a record of what

1216

00:45:23,829 --> 00:45:21,280

i looked like i mean there were pictures

1217

00:45:25,910 --> 00:45:23,839

of a covered carriage you see again as a

1218

00:45:27,270 --> 00:45:25,920

kid i thought i must have been sleeping

1219

00:45:29,589 --> 00:45:27,280

because they never told me this story

1220

00:45:31,990 --> 00:45:29,599

until i grew up

1221

00:45:35,190 --> 00:45:32,000

but again my memories were still of

1222

00:45:36,390 --> 00:45:35,200

being loved no matter what i looked like

1223

00:45:38,230 --> 00:45:36,400

my parents didn't want to upset

1224

00:45:41,589 --> 00:45:38,240

neighbors and relatives so they covered

1225

00:45:43,270 --> 00:45:41,599

me and hidden me but they still loved me

1226

00:45:45,510 --> 00:45:43,280

and what a difference that makes in

1227

00:45:48,069 --> 00:45:45,520

terms of caring for yourself you go into

1228

00:45:50,390 --> 00:45:48,079

an assisted living facility

1229

00:45:51,670 --> 00:45:50,400

and say to the residents

1230

00:45:53,109 --> 00:45:51,680

how many of you were loved by your

1231

00:45:54,710 --> 00:45:53,119

parents they look at you like you're

1232

00:45:57,990 --> 00:45:54,720

nuts what do you mean of course we were

1233

00:45:59,910 --> 00:45:58,000

loved so 90 of the hands go up and i say

1234

00:46:01,510 --> 00:45:59,920

that's why you're alive today because

1235

00:46:04,710 --> 00:46:01,520

they loved you and you've taken care of

1236

00:46:07,349 --> 00:46:04,720

yourself go into a high school

1237

00:46:11,030 --> 00:46:07,359

thing 70 percent of high school students

1238

00:46:13,190 --> 00:46:11,040

have contemplated suicide in one study

1239

00:46:15,670 --> 00:46:13,200

ask high school students write a suicide

1240

00:46:17,109 --> 00:46:15,680

note why you should commit suicide and

1241

00:46:18,950 --> 00:46:17,119

write a love note while you're worth

1242

00:46:20,230 --> 00:46:18,960

loving for homework i tell them you

1243

00:46:21,589 --> 00:46:20,240

don't have to sign it i don't need a

1244

00:46:23,829 --> 00:46:21,599

name on the paper

1245

00:46:25,910 --> 00:46:23,839

the suicide pile is three to five times

1246

00:46:27,829 --> 00:46:25,920

higher than the load pile and most time

1247

00:46:30,230 --> 00:46:27,839

the load pile was never more than one

1248

00:46:31,670 --> 00:46:30,240

page and the suicide is

1249

00:46:33,430 --> 00:46:31,680

several pages

1250

00:46:35,109 --> 00:46:33,440

and and i'm telling you you go into any

1251
00:46:37,109 --> 00:46:35,119
high school and ask that question which

1252
00:46:39,910 --> 00:46:37,119
pile will be higher you'll get the right

1253
00:46:42,069 --> 00:46:39,920
answer do you think that let me just

1254
00:46:43,349 --> 00:46:42,079
add this that a lot of teachers thought

1255
00:46:45,990 --> 00:46:43,359
the suicide rate will go up you're

1256
00:46:47,109 --> 00:46:46,000
making the kids no the suicide rate went

1257
00:46:49,829 --> 00:46:47,119
down

1258
00:46:51,109 --> 00:46:49,839
because the kids then began to get into

1259
00:46:53,349 --> 00:46:51,119
therapy

1260
00:46:54,870 --> 00:46:53,359
you see once they knew i'm not the only

1261
00:46:57,349 --> 00:46:54,880
one who has parents

1262
00:46:59,190 --> 00:46:57,359
who abuse you i don't have to lie about

1263
00:47:01,109 --> 00:46:59,200

it anymore i don't have to say i fell

1264

00:47:02,710 --> 00:47:01,119

off my bike when my father has punched

1265

00:47:05,270 --> 00:47:02,720

me in the eye

1266

00:47:07,829 --> 00:47:05,280

and so then the therapy starts and they

1267

00:47:09,670 --> 00:47:07,839

help each other

1268

00:47:11,670 --> 00:47:09,680

you know do you think do you think it's

1269

00:47:13,750 --> 00:47:11,680

endemic with

1270

00:47:15,349 --> 00:47:13,760

contemporary culture or do you think

1271

00:47:17,589 --> 00:47:15,359

that this has just been something that

1272

00:47:20,630 --> 00:47:17,599

has been ongoing in society and it's

1273

00:47:22,309 --> 00:47:20,640

just now coming to the surface

1274

00:47:25,510 --> 00:47:22,319

i think it's always been a part of

1275

00:47:26,550 --> 00:47:25,520

society but i think emotionally

1276

00:47:28,150 --> 00:47:26,560

it's

1277

00:47:29,510 --> 00:47:28,160

worse now

1278

00:47:31,349 --> 00:47:29,520

that we're becoming more and more

1279

00:47:34,309 --> 00:47:31,359

detached

1280

00:47:35,589 --> 00:47:34,319

see even back in the 1800s i mean it

1281

00:47:37,109 --> 00:47:35,599

showed up in

1282

00:47:38,630 --> 00:47:37,119

orphanages

1283

00:47:40,550 --> 00:47:38,640

where kids

1284

00:47:42,470 --> 00:47:40,560

would die of infections

1285

00:47:44,069 --> 00:47:42,480

and the assumption was we don't want to

1286

00:47:46,710 --> 00:47:44,079

pass the infection around so don't touch

1287

00:47:48,950 --> 00:47:46,720

the kids that's why they were dying

1288

00:47:51,670 --> 00:47:48,960

nobody was loving them

1289

00:47:54,230 --> 00:47:51,680

so when you don't when you do massage a

1290

00:47:56,309 --> 00:47:54,240

child its brain develops faster it gains

1291

00:47:57,990 --> 00:47:56,319

weight faster than a child not touched

1292

00:47:58,790 --> 00:47:58,000

fed the same amount

1293

00:48:01,670 --> 00:47:58,800

so

1294

00:48:03,750 --> 00:48:01,680

again mechanically these things have

1295

00:48:06,710 --> 00:48:03,760

gone on for hundreds of years well let

1296

00:48:08,390 --> 00:48:06,720

me give you a quote from maimonides 900

1297

00:48:10,630 --> 00:48:08,400

years ago

1298

00:48:12,230 --> 00:48:10,640

and then from cat fancy magazine a

1299

00:48:15,030 --> 00:48:12,240

couple of years ago

1300

00:48:17,990 --> 00:48:15,040

maimonides said if people took as good

1301

00:48:21,190 --> 00:48:18,000

care of their animals oh excuse me of

1302

00:48:24,309 --> 00:48:21,200

themselves as they do their animals they

1303

00:48:26,390 --> 00:48:24,319

would suffer fewer illnesses

1304

00:48:27,829 --> 00:48:26,400

and a few years ago in cat fancy

1305

00:48:29,510 --> 00:48:27,839

magazine

1306

00:48:30,710 --> 00:48:29,520

because of what was happening to her

1307

00:48:33,750 --> 00:48:30,720

cats

1308

00:48:36,630 --> 00:48:33,760

doug and i now smoke in the yard we're

1309

00:48:39,190 --> 00:48:36,640

not killing our cats anymore we hope

1310

00:48:41,510 --> 00:48:39,200

you're not killing yours because we love

1311

00:48:43,190 --> 00:48:41,520

our cats more than the convenience of

1312

00:48:44,790 --> 00:48:43,200

smoking indoors

1313

00:48:47,030 --> 00:48:44,800

now i wrote a letter to cat fancy

1314

00:48:48,790 --> 00:48:47,040

magazine which they didn't publish

1315

00:48:50,230 --> 00:48:48,800

because basically what they're saying is

1316

00:48:52,470 --> 00:48:50,240

you want to kill yourself fine but be

1317

00:48:53,270 --> 00:48:52,480

good to your cats

1318

00:48:55,270 --> 00:48:53,280

i mean

1319

00:48:56,549 --> 00:48:55,280

you know how can a woman say i love my

1320

00:48:59,430 --> 00:48:56,559

cats

1321

00:49:00,390 --> 00:48:59,440

while i'm killing myself

1322

00:49:03,910 --> 00:49:00,400

so

1323

00:49:06,390 --> 00:49:03,920

this is not new but i think as we become

1324

00:49:08,710 --> 00:49:06,400

more involved in technology

1325

00:49:11,349 --> 00:49:08,720

you know when you see families all

1326
00:49:13,589 --> 00:49:11,359
sitting looking at

1327
00:49:15,270 --> 00:49:13,599
things you know little gadgets they're

1328
00:49:17,030 --> 00:49:15,280
holding in their hand

1329
00:49:19,589 --> 00:49:17,040
instead of talking to each other at the

1330
00:49:21,829 --> 00:49:19,599
dinner table and anywhere else even when

1331
00:49:24,710 --> 00:49:21,839
they're out walking people don't look in

1332
00:49:27,109 --> 00:49:24,720
the eye i like saying hello to people

1333
00:49:28,630 --> 00:49:27,119
you know but they're busy with earphones

1334
00:49:31,750 --> 00:49:28,640
they're looking they're talking on the

1335
00:49:32,870 --> 00:49:31,760
phone and the detachment

1336
00:49:35,030 --> 00:49:32,880
is

1337
00:49:36,870 --> 00:49:35,040
sickening and dangerous

1338
00:49:38,390 --> 00:49:36,880

as i say that's why monday morning we

1339

00:49:40,470 --> 00:49:38,400

have more illnesses you know it's what's

1340

00:49:43,109 --> 00:49:40,480

going on in your life and when your body

1341

00:49:44,390 --> 00:49:43,119

knows you don't enjoy your life it tries

1342

00:49:46,309 --> 00:49:44,400

to get you out of here

1343

00:49:47,750 --> 00:49:46,319

you don't like living fine you know

1344

00:49:49,750 --> 00:49:47,760

we'll leave

1345

00:49:51,510 --> 00:49:49,760

you'll be perfect again

1346

00:49:55,990 --> 00:49:51,520

once you leave your body yeah it feels

1347

00:50:00,549 --> 00:49:59,190

well that would be kind of different um

1348

00:50:02,230 --> 00:50:00,559

yeah

1349

00:50:03,910 --> 00:50:02,240

i mean i really feel that life is a

1350

00:50:07,109 --> 00:50:03,920

school

1351

00:50:09,190 --> 00:50:07,119

uh i describe it in two ways i mean life

1352

00:50:11,430 --> 00:50:09,200

is a labor pain you know they're

1353

00:50:13,270 --> 00:50:11,440

of self-birthing

1354

00:50:14,230 --> 00:50:13,280

so we use the pain

1355

00:50:16,150 --> 00:50:14,240

to

1356

00:50:17,030 --> 00:50:16,160

work out who we are

1357

00:50:18,790 --> 00:50:17,040

and

1358

00:50:21,190 --> 00:50:18,800

that it's also a school that we're here

1359

00:50:23,829 --> 00:50:21,200

to move up in grades to learn

1360

00:50:24,829 --> 00:50:23,839

so we improve the future by raising our

1361

00:50:26,710 --> 00:50:24,839

level of

1362

00:50:28,069 --> 00:50:26,720

consciousness and

1363

00:50:30,069 --> 00:50:28,079

you know if we were all graduate

1364

00:50:31,910 --> 00:50:30,079

students this would be a nice world i

1365

00:50:34,470 --> 00:50:31,920

mean think of what just went on

1366

00:50:36,630 --> 00:50:34,480

you know in paris i mean how can you do

1367

00:50:38,069 --> 00:50:36,640

this to people

1368

00:50:39,589 --> 00:50:38,079

you know i just talked about reverence

1369

00:50:41,270 --> 00:50:39,599

for life i'm picking up worms and

1370

00:50:42,630 --> 00:50:41,280

they're walking in and killing human

1371

00:50:45,589 --> 00:50:42,640

beings

1372

00:50:48,630 --> 00:50:45,599

i mean what the hell is going on here

1373

00:50:50,390 --> 00:50:48,640

but it's how they were brought up

1374

00:50:51,910 --> 00:50:50,400

you know they're and they think that

1375

00:50:55,030 --> 00:50:51,920

it's okay

1376

00:50:57,910 --> 00:50:55,040

yeah well their parents their god

1377

00:51:01,030 --> 00:50:57,920

you know their it's revenge this is from

1378

00:51:04,309 --> 00:51:01,040

um east of eden john steinbeck

1379

00:51:06,069 --> 00:51:04,319

we all experience rejection

1380

00:51:08,549 --> 00:51:06,079

now let me say this before i give them

1381

00:51:11,670 --> 00:51:08,559

the full quote the opposite of love is

1382

00:51:13,270 --> 00:51:11,680

indifference rejection and abuse it's

1383

00:51:16,390 --> 00:51:13,280

not hate and fear

1384

00:51:18,549 --> 00:51:16,400

and he said we all experience rejection

1385

00:51:23,030 --> 00:51:18,559

with rejection comes a desire for

1386

00:51:26,230 --> 00:51:23,040

revenge with revenge guilt and there is

1387

00:51:28,390 --> 00:51:26,240

the story of mankind

1388

00:51:30,470 --> 00:51:28,400

when i came across that sentence it was

1389

00:51:34,230 --> 00:51:30,480

wow thank you

1390

00:51:35,109 --> 00:51:34,240

yeah now i understand all the headlines

1391

00:51:36,870 --> 00:51:35,119

yeah

1392

00:51:38,710 --> 00:51:36,880

i mean those people didn't grow up with

1393

00:51:40,230 --> 00:51:38,720

a house full of animals

1394

00:51:44,950 --> 00:51:40,240

they

1395

00:51:47,589 --> 00:51:44,960

house rather than have their father swat

1396

00:51:49,910 --> 00:51:47,599

you know a fly or a bee who had gotten

1397

00:51:51,349 --> 00:51:49,920

into the house and our kids did they

1398

00:51:53,109 --> 00:51:51,359

would yell at me if i was going to kill

1399

00:51:54,390 --> 00:51:53,119

an insect

1400

00:51:56,150 --> 00:51:54,400

and

1401
00:51:57,589 --> 00:51:56,160
you know i thought it was a little crazy

1402
00:51:59,109 --> 00:51:57,599
a little extreme

1403
00:52:01,430 --> 00:51:59,119
but

1404
00:52:04,950 --> 00:52:01,440
yeah you're safe with them

1405
00:52:08,069 --> 00:52:04,960
and think of again what went on here

1406
00:52:09,270 --> 00:52:08,079
they i tell people first seek out life

1407
00:52:11,349 --> 00:52:09,280
coaches

1408
00:52:12,870 --> 00:52:11,359
people who will be

1409
00:52:15,430 --> 00:52:12,880
critical of you

1410
00:52:16,630 --> 00:52:15,440
in a coaching way in other words to

1411
00:52:19,270 --> 00:52:16,640
improve

1412
00:52:22,549 --> 00:52:19,280
who you are and how you perform

1413
00:52:24,549 --> 00:52:22,559

and then you become a love warrior

1414

00:52:26,390 --> 00:52:24,559

and what that came from was something i

1415

00:52:28,390 --> 00:52:26,400

was reading where it said you could be a

1416

00:52:30,309 --> 00:52:28,400

warrior you know like these killing

1417

00:52:32,630 --> 00:52:30,319

people or you can be alone

1418

00:52:36,150 --> 00:52:32,640

and i said yeah you could be a love

1419

00:52:37,990 --> 00:52:36,160

warrior see love is my weapon

1420

00:52:40,710 --> 00:52:38,000

what do i mean by that

1421

00:52:43,829 --> 00:52:40,720

oh i just am going ow

1422

00:52:45,750 --> 00:52:43,839

you walk in to me with a gun and what am

1423

00:52:46,630 --> 00:52:45,760

i likely to say to you before you kill

1424

00:52:48,390 --> 00:52:46,640

me

1425

00:52:52,069 --> 00:52:48,400

i love you

1426

00:52:54,630 --> 00:52:52,079

that's going to make it harder to pull

1427

00:52:56,470 --> 00:52:54,640

the trigger then hey you son of a [h__\h]

1428

00:52:57,829 --> 00:52:56,480

get the hell out of here my god's better

1429

00:53:00,390 --> 00:52:57,839

than your god you don't know what the

1430

00:53:02,630 --> 00:53:00,400

hell you're doing

1431

00:53:04,870 --> 00:53:02,640

yeah i love you

1432

00:53:06,470 --> 00:53:04,880

and it really upsets people

1433

00:53:10,549 --> 00:53:06,480

when they're angry at you because i love

1434

00:53:13,030 --> 00:53:10,559

doing it well again a true story

1435

00:53:14,630 --> 00:53:13,040

we're up in cape cod very heavy traffic

1436

00:53:16,390 --> 00:53:14,640

summertime

1437

00:53:18,790 --> 00:53:16,400

is a teenager in the car behind me

1438

00:53:21,430 --> 00:53:18,800

screaming obscenities

1439

00:53:23,190 --> 00:53:21,440

like it's my fault

1440

00:53:25,109 --> 00:53:23,200

we get to a corner there's a cop i said

1441

00:53:26,710 --> 00:53:25,119

to the cop who can hear him screaming

1442

00:53:27,670 --> 00:53:26,720

all this i said will you tell him to be

1443

00:53:30,150 --> 00:53:27,680

quiet

1444

00:53:32,150 --> 00:53:30,160

the cop said that's not my job i

1445

00:53:34,230 --> 00:53:32,160

couldn't believe he would say that

1446

00:53:35,990 --> 00:53:34,240

but since he did i got out of the car

1447

00:53:36,870 --> 00:53:36,000

with our kids saying daddy can have a

1448

00:53:39,430 --> 00:53:36,880

gun

1449

00:53:42,470 --> 00:53:39,440

because they know i'm crazy

1450

00:53:45,670 --> 00:53:42,480

and i walked over to the kid and i said

1451
00:53:47,190 --> 00:53:45,680
to him i want you to know something

1452
00:53:51,349 --> 00:53:47,200
i love you

1453
00:53:53,109 --> 00:53:51,359
i'm sorry that your parents do not

1454
00:53:56,230 --> 00:53:53,119
now as i walked away i thought maybe

1455
00:53:57,990 --> 00:53:56,240
that wasn't nice to add the second part

1456
00:54:00,069 --> 00:53:58,000
but i now think it was the best thing

1457
00:54:01,990 --> 00:54:00,079
ever happened to him he made a u-turn

1458
00:54:04,710 --> 00:54:02,000
and drove away

1459
00:54:07,750 --> 00:54:04,720
i know i told him the truth

1460
00:54:10,390 --> 00:54:07,760
my hope is because i said it he will go

1461
00:54:12,230 --> 00:54:10,400
home and change his life

1462
00:54:14,309 --> 00:54:12,240
and realize he is worth

1463
00:54:16,710 --> 00:54:14,319

being loved no matter what his parents

1464

00:54:20,230 --> 00:54:16,720

treat him like it's they're the problem

1465

00:54:25,589 --> 00:54:22,309

bernie we have

1466

00:54:28,150 --> 00:54:25,599

um like one well actually two minutes

1467

00:54:30,470 --> 00:54:28,160

before we need to wrap up

1468

00:54:31,829 --> 00:54:30,480

well i know what to say

1469

00:54:34,309 --> 00:54:31,839

well okay

1470

00:54:35,589 --> 00:54:34,319

yeah because i talk so much everybody

1471

00:54:37,510 --> 00:54:35,599

interrupts me and says bernie we're

1472

00:54:39,270 --> 00:54:37,520

running out of time

1473

00:54:41,910 --> 00:54:39,280

and that's what i want everybody to

1474

00:54:43,430 --> 00:54:41,920

remember we're all going to run out of

1475

00:54:47,109 --> 00:54:43,440

time someday

1476

00:54:48,790 --> 00:54:47,119

so enjoy your lifetime

1477

00:54:51,829 --> 00:54:48,800

and the best way

1478

00:54:54,069 --> 00:54:51,839

is giving love when you give you also

1479

00:54:55,270 --> 00:54:54,079

receive it benefits the giver and the

1480

00:54:57,670 --> 00:54:55,280

receiver

1481

00:55:01,030 --> 00:54:57,680

so be a love warrior and watch what

1482

00:55:05,510 --> 00:55:03,030

amen

1483

00:55:07,190 --> 00:55:05,520

i like that love warrior

1484

00:55:11,030 --> 00:55:07,200

yeah you know it makes it sound like you

1485

00:55:13,670 --> 00:55:11,040

can well it it gives you permission

1486

00:55:16,390 --> 00:55:13,680

to take control

1487

00:55:18,390 --> 00:55:16,400

yeah and do something screaming at me

1488

00:55:20,790 --> 00:55:18,400

for taking that parking space

1489

00:55:21,990 --> 00:55:20,800

and i lower my window and i say i love

1490

00:55:28,150 --> 00:55:22,000

you

1491

00:55:30,790 --> 00:55:28,160

and um i even had one person come up to

1492

00:55:33,270 --> 00:55:30,800

me because i there was this psychotic

1493

00:55:34,630 --> 00:55:33,280

lady in a parking lot screaming at me

1494

00:55:36,069 --> 00:55:34,640

and i said to her i don't know what's

1495

00:55:37,670 --> 00:55:36,079

going on in your life but i want you to

1496

00:55:40,069 --> 00:55:37,680

know i love you

1497

00:55:42,630 --> 00:55:40,079

and she turned and walked away and a guy

1498

00:55:44,230 --> 00:55:42,640

came up to me and said wow thank you i

1499

00:55:46,069 --> 00:55:44,240

was going to level her i didn't know

1500

00:55:48,789 --> 00:55:46,079

what she was going to do to you

1501
00:55:50,390 --> 00:55:48,799
he was going to rescue me and i said to

1502
00:55:51,990 --> 00:55:50,400
her i love you

1503
00:55:53,270 --> 00:55:52,000
and she couldn't deal with that and off

1504
00:55:57,030 --> 00:55:53,280
she went

1505
00:55:59,990 --> 00:55:57,040
so remember it really works keep it up

1506
00:56:01,510 --> 00:56:00,000
perfect and on that note we are going to

1507
00:56:03,750 --> 00:56:01,520
call it a show

1508
00:56:05,670 --> 00:56:03,760
bernie thank you so much for coming on

1509
00:56:08,069 --> 00:56:05,680
and sharing

1510
00:56:10,230 --> 00:56:08,079
your wisdom with the listeners well your

1511
00:56:12,950 --> 00:56:10,240
introduction got me going

1512
00:56:15,190 --> 00:56:12,960
apparently apparently thank you

1513
00:56:20,870 --> 00:56:15,200

his book is a book of miracles his

1514

00:56:31,510 --> 00:56:23,030

and we will be back after these words

1515

00:56:35,750 --> 00:56:33,990

just energy radio with your host dr reed

1516

00:56:48,950 --> 00:56:35,760

louise will return right after these

1517

00:56:55,430 --> 00:56:51,510

you're listening to irn

1518

00:57:03,750 --> 00:56:55,440

the inception radio network chicago

1519

00:57:08,069 --> 00:57:05,430

are you looking for a cure for boredom

1520

00:57:10,309 --> 00:57:08,079

never worry irn's new interactive

1521

00:57:11,750 --> 00:57:10,319

website introduces a number of ways to

1522

00:57:13,190 --> 00:57:11,760

pass time while you listen to your

1523

00:57:15,910 --> 00:57:13,200

favorite show

1524

00:57:18,630 --> 00:57:15,920

choose anything from the irn chat lounge

1525

00:57:21,190 --> 00:57:18,640

the game lounge video lounge or the mood

1526
00:57:22,789 --> 00:57:21,200
lounge these fun exciting features let

1527
00:57:25,270 --> 00:57:22,799
you chat in real time with fellow

1528
00:57:27,990 --> 00:57:25,280
listeners view live sky watches play

1529
00:57:30,150 --> 00:57:28,000
daily posted online beams or pick a show

1530
00:57:31,910 --> 00:57:30,160
based on topic the choices are endless

1531
00:57:33,990 --> 00:57:31,920
use your time wisely

1532
00:57:36,069 --> 00:57:34,000
keeping it all on irr

1533
00:57:38,230 --> 00:57:36,079
who are the gods of antiquity they've

1534
00:57:40,549 --> 00:57:38,240
been described as the forces of nature

1535
00:57:42,870 --> 00:57:40,559
levels of consciousness and aspects of

1536
00:57:45,270 --> 00:57:42,880
our psyche stories that depict their

1537
00:57:46,950 --> 00:57:45,280
incredible weapons their flying machines

1538
00:57:48,870 --> 00:57:46,960

and their amazing adventures are

1539

00:57:51,829 --> 00:57:48,880

characterized as being the product of

1540

00:57:54,630 --> 00:57:51,839

our ancestors fanciful imaginations

1541

00:57:56,710 --> 00:57:54,640

but what if the tales of gods are true

1542

00:57:59,109 --> 00:57:56,720

did the writers chroniclers and scribes

1543

00:58:01,349 --> 00:57:59,119

of our distant past actually document a

1544

00:58:03,349 --> 00:58:01,359

realistic view of our origin

1545

00:58:05,430 --> 00:58:03,359

my latest book man-made the chronicles

1546

00:58:07,750 --> 00:58:05,440

of our extraterrestrial gods looks at

1547

00:58:10,390 --> 00:58:07,760

our most ancient legends learn of the

1548

00:58:12,390 --> 00:58:10,400

torrid romance's elaborate plots violent

1549

00:58:13,829 --> 00:58:12,400

scandals and conspiracies that played

1550

00:58:15,910 --> 00:58:13,839

out in antiquity

1551

00:58:18,309 --> 00:58:15,920

find out the role the gods played in the

1552

00:58:20,069 --> 00:58:18,319

life and culture we have today

1553

00:58:22,549 --> 00:58:20,079

if you want to find out the truth of who

1554

00:58:24,870 --> 00:58:22,559

we are and where we come from order your

1555

00:58:26,150 --> 00:58:24,880

copy of man-made today for more

1556

00:58:30,230 --> 00:58:26,160

information go to

1557

00:58:30,240 --> 00:58:35,990

that's www.manmadethechronicles.com

1558

00:58:40,870 --> 00:58:38,470

hello inception radio network listeners

1559

00:58:43,349 --> 00:58:40,880

this is amanda remember you can take

1560

00:58:44,950 --> 00:58:43,359

your inception radio shows on the go

1561

00:58:47,990 --> 00:58:44,960

just download the inception radio

1562

00:58:50,470 --> 00:58:48,000

network app for your iphone ipad or

1563

00:58:52,870 --> 00:58:50,480

android smartphones and access live

1564

00:58:55,270 --> 00:58:52,880

shows past shows guest lineups and much

1565

00:58:57,109 --> 00:58:55,280

more just visit the itunes store or the

1566

00:59:03,990 --> 00:58:57,119

google play marketplace and download it

1567

00:59:07,910 --> 00:59:05,910

move past the crossroads in your life

1568

00:59:10,710 --> 00:59:07,920

and discover alternative solutions to

1569

00:59:12,630 --> 00:59:10,720

your deepest concerns at soulhealer.com

1570

00:59:14,789 --> 00:59:12,640

so whether it's a physical problem an

1571

00:59:16,710 --> 00:59:14,799

emotional issue a question about work or

1572

00:59:19,349 --> 00:59:16,720

troubles in your relationships

1573

00:59:22,470 --> 00:59:19,359

naturopath and medical intuitive dr rita

1574

00:59:25,030 --> 00:59:22,480

louise can help bring peace harmony and

1575

00:59:27,829 --> 00:59:25,040

health back into your life schedule a

1576
00:59:29,270 --> 00:59:27,839
session today visit soulhealer.com right

1577
00:59:30,950 --> 00:59:29,280
away and live the life you've been

1578
00:59:32,150 --> 00:59:30,960
dreaming

1579
00:59:34,150 --> 00:59:32,160
you didn't forget what's coming up

1580
00:59:36,390 --> 00:59:34,160
tonight did you hi inception radio

1581
00:59:37,750 --> 00:59:36,400
network listeners this is amanda never

1582
00:59:39,349 --> 00:59:37,760
miss that interview you were looking

1583
00:59:43,109 --> 00:59:39,359
forward to or the show on your favorite

1584
00:59:45,510 --> 00:59:43,119
topic follow irn on twitter i underscore

1585
00:59:47,589 --> 00:59:45,520
our underscore n and get reminders about

1586
00:59:49,109 --> 00:59:47,599
the evening's live shows as well as fun

1587
00:59:52,150 --> 00:59:49,119
and important updates throughout the

1588
01:00:01,670 --> 00:59:52,160

week that's i underscore our underscore

1589

01:00:05,190 --> 01:00:03,430

we only have a couple of seconds before

1590

01:00:07,190 --> 01:00:05,200

we have to get back to the show and i

1591

01:00:10,470 --> 01:00:07,200

want to tell you how you can jump start

1592

01:00:12,789 --> 01:00:10,480

your intuition today using my free 50

1593

01:00:14,549 --> 01:00:12,799

page introductory guide filled with

1594

01:00:17,109 --> 01:00:14,559

simple revolutionary and proven

1595

01:00:19,430 --> 01:00:17,119

techniques you can ignite your intuition

1596

01:00:22,309 --> 01:00:19,440

and tap into your inner wisdom all from

1597

01:00:24,470 --> 01:00:22,319

the comfort of your own home

1598

01:00:26,549 --> 01:00:24,480

the institute of applied energetics is

1599

01:00:28,309 --> 01:00:26,559

the leader in online home study

1600

01:00:31,030 --> 01:00:28,319

instruction for those interested in

1601
01:00:33,510 --> 01:00:31,040
becoming a certified medical intuitive

1602
01:00:35,109 --> 01:00:33,520
intuitive counselor or energy medicine

1603
01:00:37,270 --> 01:00:35,119
practitioner

1604
01:00:40,069 --> 01:00:37,280
now is the time to transform your life

1605
01:00:42,870 --> 01:00:40,079
and take it to a completely new level

1606
01:00:45,109 --> 01:00:42,880
discover who you are and how you work

1607
01:00:47,109 --> 01:00:45,119
open the door to the world of intuition

1608
01:00:49,109 --> 01:00:47,119
health and healing

1609
01:00:50,470 --> 01:00:49,119
you can jump start your intuition right

1610
01:00:54,710 --> 01:00:50,480
away by going to

1611
01:00:59,430 --> 01:00:57,430
and downloading our free guide

1612
01:01:01,990 --> 01:00:59,440
get the opportunity of a lifetime and

1613
01:01:03,750 --> 01:01:02,000

live the life you deserve

1614

01:01:05,430 --> 01:01:03,760

download your free jumpstart your

1615

01:01:09,750 --> 01:01:05,440

intuition guide today at

1616

01:01:20,390 --> 01:01:11,670

and begin living a life filled with

1617

01:01:24,150 --> 01:01:22,309

don't have a computer is your internet

1618

01:01:25,829 --> 01:01:24,160

connection down don't worry use your

1619

01:01:28,430 --> 01:01:25,839

trusty cell phone or landline and call

1620

01:01:30,470 --> 01:01:28,440

into our listing line at 401

1621

01:01:33,109 --> 01:01:30,480

283-6700 to listen to the inception

1622

01:01:37,190 --> 01:01:33,119

radio network 24 7. again that call-in

1623

01:01:37,200 --> 01:01:43,030

for the inception radio network i am mj

1624

01:01:47,670 --> 01:01:45,589

go deep inside yourself and venture into

1625

01:01:50,150 --> 01:01:47,680

the realm of the unconscious mind with

1626
01:01:52,870 --> 01:01:50,160
my meditating on the kabbalah guided

1627
01:01:54,870 --> 01:01:52,880
imagery audio cds

1628
01:01:56,230 --> 01:01:54,880
discover who you are and what you want

1629
01:01:58,069 --> 01:01:56,240
in life

1630
01:02:00,950 --> 01:01:58,079
meditating on the kabbalah can help you

1631
01:02:04,069 --> 01:02:00,960
to open clear and revitalize the

1632
01:02:05,910 --> 01:02:04,079
energetic pathways of your subtle being

1633
01:02:07,990 --> 01:02:05,920
they will support you in your spiritual

1634
01:02:10,549 --> 01:02:08,000
quest by helping you to access the

1635
01:02:13,109 --> 01:02:10,559
profound insights and inner guidance you

1636
01:02:14,789 --> 01:02:13,119
need as you work in alignment with your

1637
01:02:16,710 --> 01:02:14,799
highest good

1638
01:02:19,430 --> 01:02:16,720

let them help you to release negative

1639

01:02:21,589 --> 01:02:19,440

thoughts and emotions and clear away any

1640

01:02:24,789 --> 01:02:21,599

limitations that may be keeping you from

1641

01:02:27,430 --> 01:02:24,799

experiencing your full potential

1642

01:02:29,829 --> 01:02:27,440

walk down the path to health healing

1643

01:02:31,910 --> 01:02:29,839

understanding and enlightenment with

1644

01:02:33,750 --> 01:02:31,920

meditating on the kabbalah

1645

01:02:36,870 --> 01:02:33,760

order your copy today at

1646

01:02:36,880 --> 01:02:49,510

that's right that's www.soulhealer.com

1647

01:02:53,829 --> 01:02:52,069

hello inception radio network would you

1648

01:02:56,230 --> 01:02:53,839

like your favorite show to be played

1649

01:02:58,710 --> 01:02:56,240

again live on air well now the choice is

1650

01:03:00,710 --> 01:02:58,720

in your hands with irn's live request

1651

01:03:03,750 --> 01:03:00,720

portal an easy way to request your

1652

01:03:05,430 --> 01:03:03,760

favorite show with a simple click irrn's

1653

01:03:08,230 --> 01:03:05,440

live request portal now gives you

1654

01:03:10,789 --> 01:03:08,240

exclusive access to all the shows how

1655

01:03:13,270 --> 01:03:10,799

easy is it simply type a show name or a

1656

01:03:15,910 --> 01:03:13,280

guest name click request even write a

1657

01:03:17,710 --> 01:03:15,920

dedication message and that's it try it

1658

01:03:19,349 --> 01:03:17,720

now simply visit

1659

01:03:22,390 --> 01:03:19,359

inceptionradionetwork.com click on the

1660

01:03:24,150 --> 01:03:22,400

live request tab under the show menu

1661

01:03:33,510 --> 01:03:24,160

now playing your favorite show is just a

1662

01:03:42,789 --> 01:03:36,309

and now back to just energy radio with

1663

01:03:46,470 --> 01:03:44,630

hello and welcome back to just energy

1664

01:03:47,990 --> 01:03:46,480

radio i'm your host dr rita louise and

1665

01:03:49,670 --> 01:03:48,000

thank you all for staying tuned for the

1666

01:03:52,230 --> 01:03:49,680

second hour of the show

1667

01:03:53,990 --> 01:03:52,240

oh my god we have neil donald walls

1668

01:03:56,870 --> 01:03:54,000

coming on in this hour to talk to us

1669

01:03:59,190 --> 01:03:56,880

about his new book god's message to the

1670

01:04:00,870 --> 01:03:59,200

world but just energy radio is brought

1671

01:04:04,349 --> 01:04:00,880

to you by the institute of applied

1672

01:04:07,910 --> 01:04:05,589

www.appliedenergeticsinstitute.com where

1673

01:04:10,789 --> 01:04:07,920

you can jumpstart your intuition today

1674

01:04:12,109 --> 01:04:10,799

by downloading their free 50-page guide

1675

01:04:14,069 --> 01:04:12,119

it's also brought to you by

1676

01:04:15,750 --> 01:04:14,079

soulhealer.com where you can find out

1677

01:04:17,990 --> 01:04:15,760

about all the products and services i

1678

01:04:20,549 --> 01:04:18,000

offer including medical intuition

1679

01:04:22,549 --> 01:04:20,559

evaluations energy healing and psychic

1680

01:04:24,390 --> 01:04:22,559

readings so if there's things going on

1681

01:04:25,990 --> 01:04:24,400

in your life give me a call send me an

1682

01:04:29,190 --> 01:04:26,000

email and we can set up a time for a

1683

01:04:32,150 --> 01:04:29,200

private consultation in person by phone

1684

01:04:34,150 --> 01:04:32,160

and even via skype

1685

01:04:36,150 --> 01:04:34,160

so let me tell you a little bit about

1686

01:04:39,349 --> 01:04:36,160

neil and get him on the air because i

1687

01:04:41,589 --> 01:04:39,359

think we have plenty to talk about

1688

01:04:44,309 --> 01:04:41,599

neil donald walsh is a modern day

1689

01:04:47,349 --> 01:04:44,319

spiritual messenger whose words continue

1690

01:04:49,750 --> 01:04:47,359

to touch the world in profound ways

1691

01:04:52,630 --> 01:04:49,760

with an early interest in religion and a

1692

01:04:54,710 --> 01:04:52,640

deeply felt connection to spirituality

1693

01:04:57,270 --> 01:04:54,720

neil spent the majority of his life

1694

01:04:59,270 --> 01:04:57,280

thriving professionally yet searching

1695

01:05:01,270 --> 01:04:59,280

for spiritual meaning before

1696

01:05:03,750 --> 01:05:01,280

experiencing his now famous

1697

01:05:07,990 --> 01:05:03,760

conversations with god

1698

01:05:10,710 --> 01:05:08,000

books that emerge from those encounters

1699

01:05:12,710 --> 01:05:10,720

have been translated into 37 languages

1700

01:05:14,870 --> 01:05:12,720

touching millions and inspiring

1701

01:05:16,470 --> 01:05:14,880

important changes in their day-to-day

1702

01:05:18,109 --> 01:05:16,480

lives

1703

01:05:20,230 --> 01:05:18,119

his website is

1704

01:05:23,270 --> 01:05:20,240

neildonaldwalsh.com so please welcome to

1705

01:05:25,190 --> 01:05:23,280

just energy radio neil donald walsh hi

1706

01:05:26,789 --> 01:05:25,200

neil how are you

1707

01:05:28,789 --> 01:05:26,799

well i'm just wonderful thank you very

1708

01:05:30,630 --> 01:05:28,799

much it's lovely to be here you know

1709

01:05:32,470 --> 01:05:30,640

it's been so long since you've been on

1710

01:05:34,630 --> 01:05:32,480

the show and i'm

1711

01:05:37,349 --> 01:05:34,640

just very thrilled to have you on and

1712

01:05:39,990 --> 01:05:37,359

this new book

1713

01:05:41,029 --> 01:05:40,000

i loved it loved it

1714

01:05:44,230 --> 01:05:41,039

so

1715

01:05:45,910 --> 01:05:44,240

we're just gonna jump right in

1716

01:05:49,430 --> 01:05:45,920

um

1717

01:05:51,829 --> 01:05:49,440

because one of the things that i love is

1718

01:05:53,990 --> 01:05:51,839

to have people step outside the box to

1719

01:05:55,829 --> 01:05:54,000

look at things from a new perspective

1720

01:05:58,230 --> 01:05:55,839

and that's exactly

1721

01:06:00,789 --> 01:05:58,240

to me what this book does

1722

01:06:03,510 --> 01:06:00,799

but in reading it you seemed a little

1723

01:06:05,829 --> 01:06:03,520

down on what we're doing here on earth

1724

01:06:08,069 --> 01:06:05,839

or at least our perception

1725

01:06:10,710 --> 01:06:08,079

that the systems that we have put into

1726

01:06:12,630 --> 01:06:10,720

place are leading to a higher quality of

1727

01:06:15,270 --> 01:06:12,640

life for humanity

1728

01:06:18,950 --> 01:06:15,280

so why so down on kind of what we're

1729

01:06:22,710 --> 01:06:20,549

because what we're doing here is not

1730

01:06:24,549 --> 01:06:22,720

working in any area of our lives the

1731

01:06:27,430 --> 01:06:24,559

book is called by the way the title of

1732

01:06:30,309 --> 01:06:27,440

the book is god's message to the world

1733

01:06:31,109 --> 01:06:30,319

you've got me all wrong

1734

01:06:34,230 --> 01:06:31,119

and

1735

01:06:36,230 --> 01:06:34,240

the book makes the point at the outset

1736

01:06:37,990 --> 01:06:36,240

that the problem in the world today is

1737

01:06:40,069 --> 01:06:38,000

that none of the systems we have put

1738

01:06:41,990 --> 01:06:40,079

into place to create a better life for

1739

01:06:44,309 --> 01:06:42,000

all of us on this planet

1740

01:06:46,390 --> 01:06:44,319

have in fact produced that

1741

01:06:48,470 --> 01:06:46,400

in fact it's worse than that not only

1742

01:06:50,470 --> 01:06:48,480

have they not produced the outcome for

1743

01:06:52,549 --> 01:06:50,480

which they were designed

1744

01:06:53,990 --> 01:06:52,559

they've actually produced exactly the

1745

01:06:56,470 --> 01:06:54,000

opposite

1746

01:06:57,829 --> 01:06:56,480

let me give you some examples if i might

1747

01:06:59,990 --> 01:06:57,839

sure go ahead

1748

01:07:01,829 --> 01:07:00,000

our political system which we created to

1749

01:07:04,150 --> 01:07:01,839

produce safety and security for the

1750

01:07:07,190 --> 01:07:04,160

world's people have produced nothing but

1751

01:07:10,150 --> 01:07:07,200

disagreement and disarray

1752

01:07:13,109 --> 01:07:10,160

our economic systems created to produce

1753

01:07:15,670 --> 01:07:13,119

opportunity and sufficiency for all

1754

01:07:18,789 --> 01:07:15,680

have produced increasing poverty and

1755

01:07:21,109 --> 01:07:18,799

massive economic inequality

1756

01:07:22,390 --> 01:07:21,119

with 85 of the world's richest people

1757

01:07:24,950 --> 01:07:22,400

holding more than

1758

01:07:26,069 --> 01:07:24,960

more wealth than 3.5 billion let me

1759

01:07:29,270 --> 01:07:26,079

repeat that because you might have

1760

01:07:32,789 --> 01:07:29,280

missed it 85 people

1761

01:07:35,109 --> 01:07:32,799

hold more wealth than 3.5 billion put

1762

01:07:37,430 --> 01:07:35,119

together

1763

01:07:40,470 --> 01:07:37,440

our ecological systems created to help

1764

01:07:42,710 --> 01:07:40,480

us produce a sustainable life lifestyle

1765

01:07:44,069 --> 01:07:42,720

have been abused so much

1766

01:07:47,349 --> 01:07:44,079

that they're now generating

1767

01:07:48,950 --> 01:07:47,359

environmental disasters right and left

1768

01:07:51,589 --> 01:07:48,960

our educational systems which were

1769

01:07:53,349 --> 01:07:51,599

created to lift higher and higher the

1770

01:07:54,630 --> 01:07:53,359

knowledge base of the planet's

1771

01:07:57,109 --> 01:07:54,640

population

1772

01:07:59,670 --> 01:07:57,119

have actually produced a drop

1773

01:08:02,710 --> 01:07:59,680

in global awareness and sensitivity that

1774

01:08:05,029 --> 01:08:02,720

each year sinks our intellectual common

1775

01:08:06,950 --> 01:08:05,039

denominator lower and lower we can't

1776

01:08:09,190 --> 01:08:06,960

even remember our own telephone numbers

1777

01:08:11,109 --> 01:08:09,200

anymore

1778

01:08:13,029 --> 01:08:11,119

our health care systems

1779

01:08:16,229 --> 01:08:13,039

which were created in hopes of producing

1780

01:08:18,390 --> 01:08:16,239

a good and long life for an increasingly

1781

01:08:20,390 --> 01:08:18,400

higher percentage of people are doing

1782

01:08:22,229 --> 01:08:20,400

little to eliminate any quality of

1783

01:08:25,990 --> 01:08:22,239

access to modern medicines and health

1784

01:08:28,709 --> 01:08:26,000

care services thus actually providing

1785

01:08:30,870 --> 01:08:28,719

top level medical services to a lower

1786

01:08:32,390 --> 01:08:30,880

and lower percentage of people every

1787

01:08:34,309 --> 01:08:32,400

year

1788

01:08:36,630 --> 01:08:34,319

our social systems

1789

01:08:38,390 --> 01:08:36,640

which we created to produce the joy of

1790

01:08:41,189 --> 01:08:38,400

community and harmony

1791

01:08:42,149 --> 01:08:41,199

among a divergent population more and

1792

01:08:44,709 --> 01:08:42,159

more

1793

01:08:47,030 --> 01:08:44,719

generate and encourage discordance

1794

01:08:49,349 --> 01:08:47,040

disparity prejudice and

1795

01:08:51,669 --> 01:08:49,359

despair to say nothing of rampant

1796

01:08:53,510 --> 01:08:51,679

injustice and we only need to mention

1797

01:08:55,430 --> 01:08:53,520

two words

1798

01:08:58,070 --> 01:08:55,440

to illustrate that

1799

01:09:01,910 --> 01:08:58,080

eric garner

1800

01:09:04,149 --> 01:09:01,920

and most sadly most dysfunctional of all

1801
01:09:06,149 --> 01:09:04,159
our spiritual systems

1802
01:09:07,349 --> 01:09:06,159
created to produce a greater closeness

1803
01:09:09,990 --> 01:09:07,359
to god

1804
01:09:12,070 --> 01:09:10,000
and to each other have actually produced

1805
01:09:15,669 --> 01:09:12,080
bitter righteousness shocking

1806
01:09:18,789 --> 01:09:15,679
intolerance widespread anger deep seated

1807
01:09:21,349 --> 01:09:18,799
hatred and self-justified

1808
01:09:23,749 --> 01:09:21,359
violence what gives here what's going on

1809
01:09:26,309 --> 01:09:23,759
with the human race you ask me why i'm

1810
01:09:28,309 --> 01:09:26,319
down on what's going on on the planet

1811
01:09:30,709 --> 01:09:28,319
there's wonderful stuff happening too on

1812
01:09:33,269 --> 01:09:30,719
the earth but none of the systems we

1813
01:09:36,709 --> 01:09:33,279

have put into place to create a better

1814

01:09:39,510 --> 01:09:36,719

life has done anything near that they've

1815

01:09:42,950 --> 01:09:39,520

done in fact exactly the opposite

1816

01:09:43,829 --> 01:09:42,960

nothing is working except for maybe

1817

01:09:45,669 --> 01:09:43,839

maybe

1818

01:09:48,070 --> 01:09:45,679

five percent of the world's people i'm

1819

01:09:50,550 --> 01:09:48,080

sure you must be aware that roughly five

1820

01:09:52,829 --> 01:09:50,560

percent of the world's people now hold

1821

01:09:54,390 --> 01:09:52,839

or control

1822

01:09:57,189 --> 01:09:54,400

95

1823

01:09:59,110 --> 01:09:57,199

of the world's wealth and resources

1824

01:10:00,390 --> 01:09:59,120

that means unless we're okay because you

1825

01:10:02,070 --> 01:10:00,400

know of course those five percent are

1826

01:10:04,470 --> 01:10:02,080

fine with that they say neil what's the

1827

01:10:06,709 --> 01:10:04,480

problem what's the problem

1828

01:10:07,910 --> 01:10:06,719

just because 95 percent of the world's

1829

01:10:09,990 --> 01:10:07,920

people

1830

01:10:11,990 --> 01:10:10,000

do not control the wealth and resources

1831

01:10:13,030 --> 01:10:12,000

of the planet what's the trouble oh wait

1832

01:10:15,990 --> 01:10:13,040

a minute

1833

01:10:18,790 --> 01:10:16,000

i think i begin to understand

1834

01:10:20,070 --> 01:10:18,800

it turns out that 2.6 billion people let

1835

01:10:23,750 --> 01:10:20,080

me repeat that because you might have

1836

01:10:25,350 --> 01:10:23,760

missed it 2.6 billion people do not have

1837

01:10:28,630 --> 01:10:25,360

a toilet

1838

01:10:30,310 --> 01:10:28,640

on this planet today

1839

01:10:31,270 --> 01:10:30,320

all right be kind of hurting with that

1840

01:10:33,990 --> 01:10:31,280

one

1841

01:10:35,270 --> 01:10:34,000

this is a civilization that calls itself

1842

01:10:36,709 --> 01:10:35,280

civilized

1843

01:10:37,669 --> 01:10:36,719

where

1844

01:10:39,830 --> 01:10:37,679

one

1845

01:10:41,990 --> 01:10:39,840

third of the population does not have

1846

01:10:45,189 --> 01:10:42,000

sanitation

1847

01:10:46,790 --> 01:10:45,199

where 1.5 billion people

1848

01:10:49,669 --> 01:10:46,800

do not have electricity did you know

1849

01:10:51,189 --> 01:10:49,679

that 1.5 billion people as we sit and

1850

01:10:52,510 --> 01:10:51,199

talk today

1851
01:10:57,510 --> 01:10:52,520
in this year

1852
01:10:59,590 --> 01:10:57,520
2014 do not have electricity

1853
01:11:01,750 --> 01:10:59,600
that's just hard to believe

1854
01:11:03,590 --> 01:11:01,760
see because and then you ask me why i'm

1855
01:11:04,790 --> 01:11:03,600
down you asked me the quest that's why i

1856
01:11:08,149 --> 01:11:04,800
laughed when you asked me the question

1857
01:11:10,229 --> 01:11:08,159
because clearly you don't understand

1858
01:11:11,750 --> 01:11:10,239
you don't understand that one one out of

1859
01:11:13,110 --> 01:11:11,760
eight people in the world will go to bed

1860
01:11:16,630 --> 01:11:13,120
tonight hungry

1861
01:11:19,590 --> 01:11:16,640
that's one out of every eight people

1862
01:11:22,390 --> 01:11:19,600
has insufficient food to eat

1863
01:11:24,550 --> 01:11:22,400

well and and i get it and the reason why

1864

01:11:26,310 --> 01:11:24,560

i ask the question is you know your

1865

01:11:28,149 --> 01:11:26,320

other books are very spiritually

1866

01:11:30,070 --> 01:11:28,159

uplifting and i started reading this

1867

01:11:32,070 --> 01:11:30,080

book and i'm like boy he's kind of

1868

01:11:34,310 --> 01:11:32,080

pissed off

1869

01:11:36,390 --> 01:11:34,320

so i had to ask the question

1870

01:11:38,229 --> 01:11:36,400

yeah i'm not pissed off what i am is

1871

01:11:40,390 --> 01:11:38,239

observing and when you finish reading

1872

01:11:42,310 --> 01:11:40,400

the book the book

1873

01:11:44,870 --> 01:11:42,320

excuse me

1874

01:11:46,390 --> 01:11:44,880

i'm sorry the book is very uplifting

1875

01:11:48,630 --> 01:11:46,400

the book because the book talks about

1876

01:11:51,189 --> 01:11:48,640

solutions but the book also points to

1877

01:11:53,430 --> 01:11:51,199

the problems and the problem is

1878

01:11:55,189 --> 01:11:53,440

our fundamental belief system about life

1879

01:11:57,350 --> 01:11:55,199

we can't you know frankly we just can't

1880

01:11:59,750 --> 01:11:57,360

go on like this if we're going to

1881

01:12:01,669 --> 01:11:59,760

declare ourselves to be an evolved

1882

01:12:05,030 --> 01:12:01,679

species if we're going to declare

1883

01:12:06,870 --> 01:12:05,040

ourselves to be a spiritual species

1884

01:12:11,110 --> 01:12:06,880

if we're going to declare ourselves to

1885

01:12:13,110 --> 01:12:11,120

be a civilized civilization then we're

1886

01:12:14,390 --> 01:12:13,120

going to have to make some changes it

1887

01:12:16,709 --> 01:12:14,400

seems to me

1888

01:12:19,030 --> 01:12:16,719

we can't continue you know living the

1889

01:12:21,350 --> 01:12:19,040

way we're living

1890

01:12:24,149 --> 01:12:21,360

and and call it good

1891

01:12:25,910 --> 01:12:24,159

and and by the way it that ignores to

1892

01:12:28,229 --> 01:12:25,920

our personal benefit this is not just

1893

01:12:30,550 --> 01:12:28,239

about changing the world or making uh

1894

01:12:32,950 --> 01:12:30,560

conditions on the planet better this is

1895

01:12:35,430 --> 01:12:32,960

about our own individual lives because

1896

01:12:36,950 --> 01:12:35,440

it seems to me that it's very difficult

1897

01:12:39,189 --> 01:12:36,960

i would think it would be very difficult

1898

01:12:41,750 --> 01:12:39,199

for any individual

1899

01:12:44,550 --> 01:12:41,760

to reach and sustain

1900

01:12:47,430 --> 01:12:44,560

a place of high individual

1901

01:12:48,830 --> 01:12:47,440

consciousness spiritual awareness and

1902

01:12:51,510 --> 01:12:48,840

spiritual

1903

01:12:53,189 --> 01:12:51,520

peace when looking into the face of

1904

01:12:55,630 --> 01:12:53,199

these conditions

1905

01:13:01,669 --> 01:12:55,640

that are being experienced by

1906

01:13:03,910 --> 01:13:01,679

95 percent of the people on the planet

1907

01:13:05,910 --> 01:13:03,920

so it's not possible i don't think for

1908

01:13:07,990 --> 01:13:05,920

us to feel you know when neil you know

1909

01:13:10,390 --> 01:13:08,000

relax everything is fine i mean i'm

1910

01:13:12,790 --> 01:13:10,400

doing fine here in terre haute

1911

01:13:15,189 --> 01:13:12,800

things are wonderful in phoenix

1912

01:13:18,310 --> 01:13:15,199

there's no problem in minneapolis what

1913

01:13:19,990 --> 01:13:18,320

neil relax

1914

01:13:22,149 --> 01:13:20,000

and of course if you're okay with that

1915

01:13:24,470 --> 01:13:22,159

if you're okay with

1916

01:13:25,590 --> 01:13:24,480

one third of the population

1917

01:13:29,110 --> 01:13:25,600

needing to

1918

01:13:32,149 --> 01:13:29,120

relieve themselves outdoors

1919

01:13:34,390 --> 01:13:32,159

then fine

1920

01:13:36,870 --> 01:13:34,400

live your life and allow yourself to

1921

01:13:39,590 --> 01:13:36,880

imagine that all is well

1922

01:13:41,590 --> 01:13:39,600

with the world

1923

01:13:43,430 --> 01:13:41,600

on the other hand if you see that we're

1924

01:13:44,870 --> 01:13:43,440

moving in the wrong direction

1925

01:13:47,630 --> 01:13:44,880

on the planet

1926

01:13:49,350 --> 01:13:47,640

that we're moving into a place of

1927

01:13:51,270 --> 01:13:49,360

non-sustainability that we cannot

1928

01:13:53,990 --> 01:13:51,280

sustain this lifestyle then you might

1929

01:13:55,750 --> 01:13:54,000

want to ask why what you know what is it

1930

01:13:57,669 --> 01:13:55,760

that we don't understand the

1931

01:13:58,830 --> 01:13:57,679

understanding of which

1932

01:14:01,750 --> 01:13:58,840

would change

1933

01:14:03,669 --> 01:14:01,760

everything and i believe that it is our

1934

01:14:06,550 --> 01:14:03,679

spiritual

1935

01:14:09,270 --> 01:14:06,560

understandings not necessarily yours and

1936

01:14:11,030 --> 01:14:09,280

mine specifically or individually

1937

01:14:13,430 --> 01:14:11,040

but those that are embraced by the

1938

01:14:16,550 --> 01:14:13,440

largest number of people on the earth

1939

01:14:19,350 --> 01:14:16,560

that is billions and billions of people

1940

01:14:22,310 --> 01:14:19,360

who hold ideas about life

1941

01:14:25,110 --> 01:14:22,320

and about god specifically

1942

01:14:27,110 --> 01:14:25,120

a whole raft of ideas about god

1943

01:14:29,189 --> 01:14:27,120

which drive the engine of the human

1944

01:14:31,430 --> 01:14:29,199

experience and create these conditions

1945

01:14:34,229 --> 01:14:31,440

i've just spoken of

1946

01:14:35,189 --> 01:14:34,239

that's why the book god's message to the

1947

01:14:37,990 --> 01:14:35,199

world

1948

01:14:40,709 --> 01:14:38,000

you've got me all wrong

1949

01:14:43,270 --> 01:14:40,719

has been written and published because

1950

01:14:45,189 --> 01:14:43,280

when i asked god in my conversations

1951

01:14:47,669 --> 01:14:45,199

with god you know what what is it what

1952

01:14:50,149 --> 01:14:47,679

what is it that creates

1953

01:14:51,669 --> 01:14:50,159

the extraordinarily dysfunctional world

1954

01:14:54,070 --> 01:14:51,679

in which we live god says it's really

1955

01:14:56,470 --> 01:14:54,080

very simple it's what you believe

1956

01:14:57,990 --> 01:14:56,480

it's what you believe about yourself

1957

01:14:59,510 --> 01:14:58,000

about life

1958

01:15:02,310 --> 01:14:59,520

about the world

1959

01:15:04,149 --> 01:15:02,320

and mostly about god

1960

01:15:06,470 --> 01:15:04,159

change those beliefs and you will

1961

01:15:09,350 --> 01:15:06,480

finally create the world for which you

1962

01:15:11,830 --> 01:15:09,360

say you all yearn

1963

01:15:14,630 --> 01:15:11,840

but for which you do very little to

1964

01:15:19,830 --> 01:15:17,590

it seems to me that in

1965

01:15:22,229 --> 01:15:19,840

i'm going to say recent years

1966

01:15:25,910 --> 01:15:22,239

that people are starting to lift the

1967

01:15:27,229 --> 01:15:25,920

veil of some of the dogma that

1968

01:15:29,590 --> 01:15:27,239

we have been

1969

01:15:30,390 --> 01:15:29,600

enculturated with

1970

01:15:31,990 --> 01:15:30,400

um

1971

01:15:35,030 --> 01:15:32,000

you know not necessarily in the

1972

01:15:37,510 --> 01:15:35,040

spiritual realms but in other areas i

1973

01:15:39,750 --> 01:15:37,520

mean in spiritual realms as well but

1974

01:15:41,030 --> 01:15:39,760

they're starting to ask more questions

1975

01:15:43,189 --> 01:15:41,040

they're starting to

1976

01:15:45,669 --> 01:15:43,199

wanting they're wanting to know who's

1977

01:15:48,149 --> 01:15:45,679

the man standing behind the curtain and

1978

01:15:50,390 --> 01:15:48,159

it seems like bringing god into the

1979

01:15:54,310 --> 01:15:50,400

picture in our relationship with each

1980

01:15:56,149 --> 01:15:54,320

other is is just another aspect of that

1981

01:15:58,630 --> 01:15:56,159

questioning

1982

01:16:00,310 --> 01:15:58,640

well i couldn't agree with you more and

1983

01:16:02,630 --> 01:16:00,320

i also agree with your observation that

1984

01:16:05,030 --> 01:16:02,640

we're seeing larger and larger numbers

1985

01:16:07,830 --> 01:16:05,040

of people who are going there who are

1986

01:16:10,550 --> 01:16:07,840

beginning to finally explore and examine

1987

01:16:12,950 --> 01:16:10,560

the root cause of our global dysfunction

1988

01:16:15,110 --> 01:16:12,960

to say nothing of our in some cases our

1989

01:16:16,870 --> 01:16:15,120

individual dysfunction you know

1990

01:16:18,950 --> 01:16:16,880

what i notice is that even among the

1991

01:16:20,950 --> 01:16:18,960

five percent of the people

1992

01:16:22,630 --> 01:16:20,960

who are holding ninety five percent of

1993

01:16:25,110 --> 01:16:22,640

the world's wealth and resources even

1994

01:16:27,430 --> 01:16:25,120

among that five percent many people are

1995

01:16:32,709 --> 01:16:27,440

simply unhappy

1996

01:16:36,470 --> 01:16:32,719

they're leading lives of

1997

01:16:39,669 --> 01:16:36,480

discomfort and despair and unhappiness

1998

01:16:41,510 --> 01:16:39,679

in way way way too many cases so we even

1999

01:16:42,709 --> 01:16:41,520

find we even find suffering and

2000

01:16:45,510 --> 01:16:42,719

unhappiness

2001
01:16:47,669 --> 01:16:45,520
among the extraordinarily well-to-do and

2002
01:16:49,430 --> 01:16:47,679
even among those who are living a very

2003
01:16:50,870 --> 01:16:49,440
comfortable and wonderful life so we

2004
01:16:52,709 --> 01:16:50,880
have to ask ourselves you know what's

2005
01:16:54,229 --> 01:16:52,719
what's going on and i think you're right

2006
01:16:56,070 --> 01:16:54,239
more and more people are asking

2007
01:16:59,189 --> 01:16:56,080
themselves that question

2008
01:17:01,110 --> 01:16:59,199
the the inquiry however that the key

2009
01:17:02,950 --> 01:17:01,120
question is

2010
01:17:05,590 --> 01:17:02,960
are we asking ourselves that question

2011
01:17:07,910 --> 01:17:05,600
fast enough that is

2012
01:17:08,950 --> 01:17:07,920
are enough people uh moving in that

2013
01:17:10,630 --> 01:17:08,960

direction

2014

01:17:11,830 --> 01:17:10,640

so that we can actually win this human

2015

01:17:14,790 --> 01:17:11,840

race

2016

01:17:17,270 --> 01:17:14,800

or are we going to be finding ourselves

2017

01:17:19,030 --> 01:17:17,280

in such an unsustainable situation that

2018

01:17:21,189 --> 01:17:19,040

in another 50 years

2019

01:17:24,229 --> 01:17:21,199

there's not enough water

2020

01:17:26,550 --> 01:17:24,239

to serve us all on the planet

2021

01:17:28,470 --> 01:17:26,560

we even have 50 years that's the

2022

01:17:30,870 --> 01:17:28,480

question i ask myself

2023

01:17:33,189 --> 01:17:30,880

fairly regular

2024

01:17:34,709 --> 01:17:33,199

that's a very good question

2025

01:17:36,390 --> 01:17:34,719

i i don't have any way of really

2026

01:17:38,070 --> 01:17:36,400

estimating whether it's 30 years 50

2027

01:17:39,430 --> 01:17:38,080

years or 100 years but it's certainly

2028

01:17:42,390 --> 01:17:39,440

not going to be

2029

01:17:45,350 --> 01:17:42,400

an infinite number of years i do believe

2030

01:17:46,950 --> 01:17:45,360

that in the lives of my grandchildren uh

2031

01:17:49,270 --> 01:17:46,960

things if unless we turn something

2032

01:17:51,590 --> 01:17:49,280

around here things could become

2033

01:17:53,189 --> 01:17:51,600

extremely difficult and very challenging

2034

01:17:54,790 --> 01:17:53,199

on this wonderful planet and there's no

2035

01:17:56,870 --> 01:17:54,800

re the sad part about it is there's no

2036

01:17:58,790 --> 01:17:56,880

reason for that we have in fact been

2037

01:18:00,149 --> 01:17:58,800

given a wonderful planet with abundant

2038

01:18:02,070 --> 01:18:00,159

resources

2039

01:18:03,830 --> 01:18:02,080

and and sufficient

2040

01:18:05,030 --> 01:18:03,840

opportunities for us to create the kind

2041

01:18:08,149 --> 01:18:05,040

of life that we really want to

2042

01:18:11,110 --> 01:18:08,159

experience we simply have to stop

2043

01:18:14,790 --> 01:18:11,120

being the way we're being now stop

2044

01:18:16,229 --> 01:18:14,800

acting the way we're acting now and stop

2045

01:18:17,750 --> 01:18:16,239

believing the things that we are

2046

01:18:19,590 --> 01:18:17,760

believing now

2047

01:18:22,229 --> 01:18:19,600

which is what is causing us to act the

2048

01:18:24,950 --> 01:18:22,239

way we're acting you see

2049

01:18:28,149 --> 01:18:24,960

and you believe that it all comes down

2050

01:18:30,709 --> 01:18:28,159

to this dogma that we have been fed from

2051

01:18:32,470 --> 01:18:30,719

a spiritual perspective

2052

01:18:34,950 --> 01:18:32,480

i don't know that it all comes down from

2053

01:18:38,070 --> 01:18:34,960

that but it certainly does uh to a large

2054

01:18:39,510 --> 01:18:38,080

degree come down to what we believe

2055

01:18:42,390 --> 01:18:39,520

about life

2056

01:18:44,229 --> 01:18:42,400

and those ideas emerge from what we have

2057

01:18:46,310 --> 01:18:44,239

been told about this

2058

01:18:47,430 --> 01:18:46,320

person that is called god and there are

2059

01:18:49,270 --> 01:18:47,440

a lot of people on the planet who don't

2060

01:18:50,790 --> 01:18:49,280

even believe in god but and and they

2061

01:18:52,470 --> 01:18:50,800

don't believe in god they've moved away

2062

01:18:54,790 --> 01:18:52,480

if they ever did

2063

01:18:57,350 --> 01:18:54,800

from their belief in god because they

2064

01:19:00,390 --> 01:18:57,360

don't agree with what's being said about

2065

01:19:01,910 --> 01:19:00,400

this god in whom many others do believe

2066

01:19:03,669 --> 01:19:01,920

so i'm not sure that that's the whole

2067

01:19:06,310 --> 01:19:03,679

problem but it's a huge

2068

01:19:08,310 --> 01:19:06,320

huge part of the problem

2069

01:19:10,630 --> 01:19:08,320

and uh and

2070

01:19:13,270 --> 01:19:10,640

because it is and i can tell you why it

2071

01:19:15,669 --> 01:19:13,280

is by the way most of the laws

2072

01:19:17,189 --> 01:19:15,679

most of the civil laws i'm talking about

2073

01:19:19,830 --> 01:19:17,199

civil laws

2074

01:19:22,630 --> 01:19:19,840

on the earth from country to country are

2075

01:19:24,310 --> 01:19:22,640

based to some degree in spiritual and

2076

01:19:27,110 --> 01:19:24,320

religious beliefs

2077

01:19:29,030 --> 01:19:27,120

most of the laws of western countries

2078

01:19:31,830 --> 01:19:29,040

scholars about the law understand this

2079

01:19:34,229 --> 01:19:31,840

perfectly emerged from

2080

01:19:36,149 --> 01:19:34,239

canon law that is in the earliest days

2081

01:19:37,910 --> 01:19:36,159

when laws were being established whether

2082

01:19:40,070 --> 01:19:37,920

it's in england or later on in the

2083

01:19:42,390 --> 01:19:40,080

united states and elsewhere those laws

2084

01:19:45,510 --> 01:19:42,400

were based largely on canon law that is

2085

01:19:46,550 --> 01:19:45,520

the law of the christian catholic church

2086

01:19:48,870 --> 01:19:46,560

and

2087

01:19:51,590 --> 01:19:48,880

in even to this day in many countries

2088

01:19:54,310 --> 01:19:51,600

the law of the land is based on some

2089

01:19:56,390 --> 01:19:54,320

scriptural or or

2090

01:19:58,550 --> 01:19:56,400

spiritual religious passage like the

2091

01:20:01,510 --> 01:19:58,560

sharia which which of course is the

2092

01:20:02,870 --> 01:20:01,520

basis of much of the civil laws of many

2093

01:20:05,669 --> 01:20:02,880

of the countries

2094

01:20:07,830 --> 01:20:05,679

where islam is the predominant religion

2095

01:20:11,270 --> 01:20:07,840

so we we don't have to look very far to

2096

01:20:14,149 --> 01:20:11,280

see what is informing our civil laws and

2097

01:20:19,350 --> 01:20:16,950

are directed toward the behaviors of

2098

01:20:21,510 --> 01:20:19,360

individuals and corporations and

2099

01:20:23,669 --> 01:20:21,520

politicians and the whole the whole

2100

01:20:24,790 --> 01:20:23,679

mechanistic structure of society from a

2101

01:20:27,110 --> 01:20:24,800

to z

2102

01:20:29,189 --> 01:20:27,120

just to give you a simple simple example

2103

01:20:30,790 --> 01:20:29,199

there are actually laws in the united

2104

01:20:31,510 --> 01:20:30,800

states and elsewhere in the world by the

2105

01:20:34,070 --> 01:20:31,520

way

2106

01:20:36,630 --> 01:20:34,080

that say it is criminal

2107

01:20:40,310 --> 01:20:36,640

it is against the law

2108

01:20:42,870 --> 01:20:40,320

to marry a person of the same gender

2109

01:20:44,149 --> 01:20:42,880

now there is no reason in civil law for

2110

01:20:46,950 --> 01:20:44,159

that to become

2111

01:20:49,030 --> 01:20:46,960

an actual a legal question

2112

01:20:50,790 --> 01:20:49,040

that there's there's no no civil reason

2113

01:20:51,590 --> 01:20:50,800

no liberty there's no reason in civil

2114

01:20:53,350 --> 01:20:51,600

law

2115

01:20:54,630 --> 01:20:53,360

the only reason is that people believe

2116

01:20:56,870 --> 01:20:54,640

that god

2117

01:20:58,870 --> 01:20:56,880

says it's not okay

2118

01:21:01,189 --> 01:20:58,880

and so because billions of people not a

2119

01:21:04,310 --> 01:21:01,199

couple hundred thousand but billions of

2120

01:21:05,430 --> 01:21:04,320

people believe that it is against god's

2121

01:21:07,830 --> 01:21:05,440

law

2122

01:21:09,350 --> 01:21:07,840

to fall in love with and choose to spend

2123

01:21:10,390 --> 01:21:09,360

your life with a person of the same

2124

01:21:13,189 --> 01:21:10,400

gender

2125

01:21:16,070 --> 01:21:13,199

because it is a presumably against god's

2126
01:21:17,510 --> 01:21:16,080
law we have made it against our law as

2127
01:21:19,750 --> 01:21:17,520
well

2128
01:21:21,830 --> 01:21:19,760
that's just one of many many examples

2129
01:21:26,390 --> 01:21:21,840
when i was a child

2130
01:21:28,870 --> 01:21:26,400
they they tied

2131
01:21:30,470 --> 01:21:28,880
the hands of children they tied the arms

2132
01:21:32,310 --> 01:21:30,480
of children behind their backs with a

2133
01:21:34,790 --> 01:21:32,320
towel if they were left-handed because

2134
01:21:36,790 --> 01:21:34,800
they said that left-handedness was a

2135
01:21:39,430 --> 01:21:36,800
sign of the devil i'm not making this up

2136
01:21:41,990 --> 01:21:39,440
this was in my childhood

2137
01:21:44,470 --> 01:21:42,000
in my childhood a black man could not

2138
01:21:46,950 --> 01:21:44,480

marry a white woman because interracial

2139

01:21:48,709 --> 01:21:46,960

marriage was considered to be follow my

2140

01:21:52,870 --> 01:21:48,719

follow my reasoning now

2141

01:21:54,390 --> 01:21:52,880

against the law of god

2142

01:21:56,629 --> 01:21:54,400

and because it was against the law of

2143

01:21:59,189 --> 01:21:56,639

god we decided we should make it against

2144

01:22:01,270 --> 01:21:59,199

the law of human beings as well

2145

01:22:03,990 --> 01:22:01,280

the mormon church until relatively

2146

01:22:06,470 --> 01:22:04,000

recently until about only 35 years ago

2147

01:22:08,709 --> 01:22:06,480

refused to allow a black man to become a

2148

01:22:10,870 --> 01:22:08,719

priest in the mormon church because of

2149

01:22:13,510 --> 01:22:10,880

the color of his skin

2150

01:22:15,590 --> 01:22:13,520

because the mormon church believed until

2151
01:22:18,149 --> 01:22:15,600
a new revelation came to the leaders 30

2152
01:22:19,590 --> 01:22:18,159
years ago the mormon church believed

2153
01:22:21,830 --> 01:22:19,600
that

2154
01:22:23,189 --> 01:22:21,840
persons with black skin carried here we

2155
01:22:25,830 --> 01:22:23,199
go again

2156
01:22:29,750 --> 01:22:25,840
the curse of satan

2157
01:22:32,550 --> 01:22:29,760
this was a church saying this

2158
01:22:34,390 --> 01:22:32,560
yeah i could go on forever about how

2159
01:22:36,470 --> 01:22:34,400
human beings have treated each other

2160
01:22:38,870 --> 01:22:36,480
based on

2161
01:22:41,669 --> 01:22:38,880
their understanding of

2162
01:22:43,510 --> 01:22:41,679
how god is treating us and then one day

2163
01:22:45,270 --> 01:22:43,520

we woke up and said you know what

2164

01:22:46,790 --> 01:22:45,280

what if god didn't have any of those

2165

01:22:49,189 --> 01:22:46,800

preferences

2166

01:22:51,350 --> 01:22:49,199

what if god never even dreamt of never

2167

01:22:53,430 --> 01:22:51,360

even thought of an idea that because of

2168

01:22:55,669 --> 01:22:53,440

the color of your skin you shouldn't be

2169

01:22:58,629 --> 01:22:55,679

a member of the clergy to say nothing

2170

01:23:01,030 --> 01:22:58,639

about your anatomical characteristics

2171

01:23:03,110 --> 01:23:01,040

because women still can't become members

2172

01:23:06,390 --> 01:23:03,120

of the clergy in certain faiths because

2173

01:23:09,669 --> 01:23:06,400

they don't have particular apertures

2174

01:23:11,750 --> 01:23:09,679

what in the world what in the world

2175

01:23:13,590 --> 01:23:11,760

have we done to ourselves

2176
01:23:16,390 --> 01:23:13,600
saying that this is god's preference and

2177
01:23:19,270 --> 01:23:16,400
these are god's laws

2178
01:23:21,750 --> 01:23:19,280
so what we're calling for now is a brand

2179
01:23:24,550 --> 01:23:21,760
new look at the possibility that it

2180
01:23:27,270 --> 01:23:24,560
could be true god's message to the world

2181
01:23:30,470 --> 01:23:27,280
you've got me all wrong

2182
01:23:33,750 --> 01:23:30,480
guys you're making it all up

2183
01:23:36,629 --> 01:23:33,760
to suit your own personal predilections

2184
01:23:37,669 --> 01:23:36,639
having nothing to do with what god

2185
01:23:39,750 --> 01:23:37,679
serves

2186
01:23:42,390 --> 01:23:39,760
us with in terms of

2187
01:23:44,790 --> 01:23:42,400
her desires or what god gives us or what

2188
01:23:47,189 --> 01:23:44,800

god asks for or demands from us

2189

01:23:48,629 --> 01:23:47,199

so i've written a book that contains 17

2190

01:23:50,629 --> 01:23:48,639

statements

2191

01:23:52,950 --> 01:23:50,639

that human beings believe are true about

2192

01:23:55,030 --> 01:23:52,960

god none of which

2193

01:23:56,870 --> 01:23:55,040

are true and on the back of the book i

2194

01:24:00,070 --> 01:23:56,880

actually printed those statements as a

2195

01:24:02,229 --> 01:24:00,080

true or false quiz true or false god is

2196

01:24:03,510 --> 01:24:02,239

to be feared

2197

01:24:04,790 --> 01:24:03,520

well

2198

01:24:06,390 --> 01:24:04,800

three and a half billion people in the

2199

01:24:08,310 --> 01:24:06,400

world would say of course

2200

01:24:10,149 --> 01:24:08,320

of course we should be god-fearing

2201
01:24:11,430 --> 01:24:10,159
people

2202
01:24:13,990 --> 01:24:11,440
true or false

2203
01:24:16,149 --> 01:24:14,000
god demands obedience

2204
01:24:17,830 --> 01:24:16,159
well several billion people on the

2205
01:24:19,350 --> 01:24:17,840
planet would say of course of course god

2206
01:24:21,750 --> 01:24:19,360
demands obedience you don't obey god

2207
01:24:24,950 --> 01:24:21,760
you're in big trouble

2208
01:24:27,430 --> 01:24:24,960
true or false god requires us to believe

2209
01:24:29,750 --> 01:24:27,440
and to in god and to worship god in a

2210
01:24:32,070 --> 01:24:29,760
specific way that is you must belong to

2211
01:24:34,390 --> 01:24:32,080
a particular faith tradition or a

2212
01:24:37,830 --> 01:24:34,400
particular religion otherwise you're

2213
01:24:43,430 --> 01:24:40,070

true or false god is vengeful and god's

2214

01:24:45,189 --> 01:24:43,440

love can turn to wrath

2215

01:24:48,550 --> 01:24:45,199

and the list goes on

2216

01:24:51,350 --> 01:24:48,560

the book contains 17 such statements

2217

01:24:53,030 --> 01:24:51,360

belief systems like god has a plan for

2218

01:24:56,229 --> 01:24:53,040

us ah

2219

01:24:58,950 --> 01:24:56,239

or god is on our side and that allows us

2220

01:25:01,430 --> 01:24:58,960

to lop off people's heads and broadcast

2221

01:25:03,590 --> 01:25:01,440

it on television because god is on our

2222

01:25:06,149 --> 01:25:03,600

side

2223

01:25:09,990 --> 01:25:06,159

or god honors self-sacrifice and

2224

01:25:12,629 --> 01:25:10,000

long-suffering and martyrdom

2225

01:25:15,750 --> 01:25:12,639

or ideas like god sometimes answers our

2226

01:25:17,910 --> 01:25:15,760

prayers and sometimes does not

2227

01:25:20,070 --> 01:25:17,920

god will reward us or punish us on

2228

01:25:23,189 --> 01:25:20,080

judgment day

2229

01:25:24,830 --> 01:25:23,199

and the last two really really powerful

2230

01:25:27,430 --> 01:25:24,840

misbeliefs

2231

01:25:29,910 --> 01:25:27,440

misunderstandings god wants us to return

2232

01:25:33,750 --> 01:25:29,920

to heaven

2233

01:25:37,669 --> 01:25:33,760

and the biggest misunderstanding of all

2234

01:25:41,430 --> 01:25:39,270

he's over there

2235

01:25:43,830 --> 01:25:41,440

and we're over here

2236

01:25:46,550 --> 01:25:43,840

and never the twain shall meet

2237

01:25:48,070 --> 01:25:46,560

except of course on judgment day

2238

01:25:51,350 --> 01:25:48,080

when those of us who have been naughty

2239

01:25:53,910 --> 01:25:51,360

boys and girls will go straight to hell

2240

01:25:56,149 --> 01:25:53,920

a place of everlasting damnation not

2241

01:25:58,629 --> 01:25:56,159

even you know equal to the sins we've

2242

01:26:00,629 --> 01:25:58,639

committed but everlasting damnation and

2243

01:26:02,149 --> 01:26:00,639

by the way just in case you've missed

2244

01:26:04,070 --> 01:26:02,159

the point

2245

01:26:06,709 --> 01:26:04,080

you're going to experience everlasting

2246

01:26:08,870 --> 01:26:06,719

damnation the fires and the torment of

2247

01:26:11,750 --> 01:26:08,880

everlasting suffering in hell

2248

01:26:16,070 --> 01:26:11,760

even if you have been compassionate kind

2249

01:26:20,149 --> 01:26:18,390

peaceful and patient as a person on

2250

01:26:22,950 --> 01:26:20,159

earth doesn't matter

2251

01:26:24,950 --> 01:26:22,960

see because you chose the wrong religion

2252

01:26:26,709 --> 01:26:24,960

so if you belong to the wrong faith god

2253

01:26:28,709 --> 01:26:26,719

says i really don't care how you acted

2254

01:26:31,510 --> 01:26:28,719

while you were alive that doesn't matter

2255

01:26:33,350 --> 01:26:31,520

to me you didn't belong to the right

2256

01:26:35,990 --> 01:26:33,360

religion so you're going to suffer in

2257

01:26:38,550 --> 01:26:36,000

the everlasting fires of hell

2258

01:26:41,030 --> 01:26:38,560

unbelievable torment forever and ever

2259

01:26:42,629 --> 01:26:41,040

and even forever more you were a nice

2260

01:26:44,950 --> 01:26:42,639

person everyone who knew you said you

2261

01:26:47,910 --> 01:26:44,960

were an incredibly wonderful human being

2262

01:26:50,229 --> 01:26:47,920

but see we don't care about that up here

2263

01:26:51,669 --> 01:26:50,239

we only care that you it's a name-brand

2264

01:26:55,350 --> 01:26:51,679

religion you got to belong to the right

2265

01:26:59,590 --> 01:26:57,430

growing up i went to catholic school and

2266

01:27:02,950 --> 01:26:59,600

they told us that if you weren't

2267

01:27:05,910 --> 01:27:02,960

baptized that you went to limbo

2268

01:27:07,990 --> 01:27:05,920

so that created some big issues for me

2269

01:27:09,830 --> 01:27:08,000

because my dad's jewish

2270

01:27:11,669 --> 01:27:09,840

and so

2271

01:27:14,149 --> 01:27:11,679

you know i was like can't you take it

2272

01:27:17,189 --> 01:27:14,159

back can't you take the baptism back

2273

01:27:19,830 --> 01:27:17,199

because it really upset me that when i

2274

01:27:21,669 --> 01:27:19,840

died i would never see my dad i'd never

2275

01:27:23,510 --> 01:27:21,679

see my grandmother i would never see my

2276

01:27:25,030 --> 01:27:23,520

grandfather again and it

2277

01:27:28,229 --> 01:27:25,040

it it

2278

01:27:29,510 --> 01:27:28,239

started this the schism within myself of

2279

01:27:32,310 --> 01:27:29,520

uh

2280

01:27:34,870 --> 01:27:32,320

separation from the catholic church in

2281

01:27:37,030 --> 01:27:34,880

second grade

2282

01:27:39,110 --> 01:27:37,040

just because of the stuff they say

2283

01:27:41,270 --> 01:27:39,120

unfortunately we're seeing some changes

2284

01:27:43,110 --> 01:27:41,280

even the catholic church has announced

2285

01:27:44,790 --> 01:27:43,120

that there's no such thing as limbo the

2286

01:27:46,790 --> 01:27:44,800

pope said a couple of years ago oh you

2287

01:27:48,709 --> 01:27:46,800

know what we made a mistake he made an

2288

01:27:50,390 --> 01:27:48,719

official declaration

2289

01:27:52,709 --> 01:27:50,400

and said you know there actually there

2290

01:27:54,790 --> 01:27:52,719

is no such place as limbo and the

2291

01:27:55,669 --> 01:27:54,800

teaching of limbo was just simply an

2292

01:28:00,709 --> 01:27:55,679

error

2293

01:28:02,870 --> 01:28:00,719

hundred years but in fact thinking about

2294

01:28:05,110 --> 01:28:02,880

it more closely we see that there's no

2295

01:28:07,350 --> 01:28:05,120

such place as limbo pope john paul ii

2296

01:28:10,870 --> 01:28:07,360

said something even more extraordinary

2297

01:28:12,550 --> 01:28:10,880

uh in 1999 he he in a in an encyclical

2298

01:28:15,270 --> 01:28:12,560

before an audience of several hundred

2299

01:28:16,870 --> 01:28:15,280

people in rome he said there's no such

2300

01:28:19,110 --> 01:28:16,880

place as hell

2301

01:28:21,189 --> 01:28:19,120

hell doesn't exist as a place of torment

2302

01:28:23,430 --> 01:28:21,199

or eternal damnation and furthermore he

2303

01:28:24,470 --> 01:28:23,440

said it's not god's job to send us to

2304

01:28:29,030 --> 01:28:24,480

hell

2305

01:28:31,430 --> 01:28:29,040

and it's the experience of separation

2306

01:28:33,430 --> 01:28:31,440

that we voluntarily enter into we

2307

01:28:35,750 --> 01:28:33,440

separate ourselves from god and there's

2308

01:28:36,790 --> 01:28:35,760

nothing more hell like nothing more

2309

01:28:38,629 --> 01:28:36,800

hellish

2310

01:28:40,390 --> 01:28:38,639

than to be separated from god but it's a

2311

01:28:42,390 --> 01:28:40,400

voluntary choice that we make and we can

2312

01:28:45,030 --> 01:28:42,400

undo it we can unchoose it

2313

01:28:47,030 --> 01:28:45,040

we can decide that we you know okay

2314

01:28:49,350 --> 01:28:47,040

we're going to actually in fact not

2315

01:28:51,189 --> 01:28:49,360

separate ourselves from god

2316

01:28:54,870 --> 01:28:51,199

so this is the pope of the roman

2317

01:28:56,790 --> 01:28:54,880

catholic church saying i'm impressed

2318

01:28:59,189 --> 01:28:56,800

i'm really impressed

2319

01:29:00,870 --> 01:28:59,199

so and and of course as i mentioned a

2320

01:29:02,950 --> 01:29:00,880

couple of uh years ago you know

2321

01:29:05,830 --> 01:29:02,960

relatively speaking 30 years ago or so

2322

01:29:08,390 --> 01:29:05,840

in the 70s the mormon church decided

2323

01:29:09,750 --> 01:29:08,400

that it was okay for blacks for black

2324

01:29:11,270 --> 01:29:09,760

men to become priests it was worse than

2325

01:29:13,110 --> 01:29:11,280

that actually in the mormon church not

2326

01:29:14,470 --> 01:29:13,120

only could black men not become priests

2327

01:29:17,189 --> 01:29:14,480

black women

2328

01:29:19,990 --> 01:29:17,199

men or women could not even attend

2329

01:29:24,229 --> 01:29:20,000

temple they were not get this not

2330

01:29:26,390 --> 01:29:24,239

allowed into the house of the lord what

2331

01:29:28,310 --> 01:29:26,400

about 30 years ago the leadership of the

2332

01:29:29,590 --> 01:29:28,320

church said you know okay fair enough we

2333

01:29:31,030 --> 01:29:29,600

made a mistake

2334

01:29:32,629 --> 01:29:31,040

and although although they didn't say

2335

01:29:34,629 --> 01:29:32,639

that they said that they had received in

2336

01:29:37,510 --> 01:29:34,639

the in the words of the of the church

2337

01:29:41,030 --> 01:29:37,520

leaders a new revelation

2338

01:29:42,310 --> 01:29:41,040

they had received a new revelation

2339

01:29:44,470 --> 01:29:42,320

that was those are the words that the

2340

01:29:46,390 --> 01:29:44,480

leaders of the church used

2341

01:29:48,070 --> 01:29:46,400

and because of that new revelation they

2342

01:29:51,350 --> 01:29:48,080

rescinded their

2343

01:29:53,590 --> 01:29:51,360

uh you know their their orders they

2344

01:29:55,270 --> 01:29:53,600

rescinded their idea that they held from

2345

01:29:56,070 --> 01:29:55,280

the beginning of the church

2346

01:29:58,629 --> 01:29:56,080

and

2347

01:30:01,510 --> 01:29:58,639

they then allowed black people to come

2348

01:30:02,550 --> 01:30:01,520

to temple and black men to become

2349

01:30:04,229 --> 01:30:02,560

priests

2350

01:30:06,790 --> 01:30:04,239

wow what an enlightened point of view it

2351
01:30:07,830 --> 01:30:06,800
took them only until 1976 to get to that

2352
01:30:10,070 --> 01:30:07,840
place

2353
01:30:13,510 --> 01:30:10,080
so you see how how

2354
01:30:15,270 --> 01:30:13,520
slow and how incredibly

2355
01:30:17,510 --> 01:30:15,280
how incredibly slow

2356
01:30:19,590 --> 01:30:17,520
our progress has been but

2357
01:30:21,910 --> 01:30:19,600
it's now speeding up

2358
01:30:23,510 --> 01:30:21,920
we are increasing in our a level of

2359
01:30:27,510 --> 01:30:23,520
awareness and we're saying to each other

2360
01:30:29,910 --> 01:30:27,520
okay obviously i mean obviously

2361
01:30:33,189 --> 01:30:29,920
some of these beliefs are may i use the

2362
01:30:36,149 --> 01:30:33,199
word ridiculous

2363
01:30:38,149 --> 01:30:36,159

and so we are now going to decide

2364

01:30:40,229 --> 01:30:38,159

what if it were true

2365

01:30:43,030 --> 01:30:40,239

that many of the things we believe about

2366

01:30:45,350 --> 01:30:43,040

god god is to be feared

2367

01:30:46,830 --> 01:30:45,360

god's forgiveness is required for us to

2368

01:30:49,510 --> 01:30:46,840

get into

2369

01:30:53,270 --> 01:30:49,520

heaven god was at war with the devil and

2370

01:30:57,270 --> 01:30:55,350

well and let me enter let me interject

2371

01:31:01,030 --> 01:30:57,280

something here i mean

2372

01:31:03,510 --> 01:31:01,040

your focus has been on

2373

01:31:06,310 --> 01:31:03,520

more contemporary religions and the

2374

01:31:08,149 --> 01:31:06,320

belief systems but much of the stuff

2375

01:31:10,950 --> 01:31:08,159

that you cover which is the part that i

2376

01:31:13,669 --> 01:31:10,960

was like sweet about this book

2377

01:31:15,270 --> 01:31:13,679

are belief systems that go

2378

01:31:19,510 --> 01:31:15,280

back so

2379

01:31:22,470 --> 01:31:19,520

far into antiquity long before the jews

2380

01:31:24,390 --> 01:31:22,480

long before the catholics

2381

01:31:28,149 --> 01:31:24,400

that really kind of create the

2382

01:31:30,390 --> 01:31:28,159

foundation of our civilization

2383

01:31:32,790 --> 01:31:30,400

and the question i always ask myself

2384

01:31:34,950 --> 01:31:32,800

when i start stepping outside that box

2385

01:31:36,950 --> 01:31:34,960

you know that little heretical box is

2386

01:31:38,790 --> 01:31:36,960

well who made up these rules in the

2387

01:31:41,510 --> 01:31:38,800

first place

2388

01:31:43,350 --> 01:31:41,520

whose guidelines are we following

2389

01:31:44,870 --> 01:31:43,360

because if they're not gods

2390

01:31:46,870 --> 01:31:44,880

they're somebodies

2391

01:31:49,030 --> 01:31:46,880

and this is you know some of them are

2392

01:31:50,310 --> 01:31:49,040

universal they are found in every

2393

01:31:54,070 --> 01:31:50,320

culture

2394

01:31:58,310 --> 01:31:56,390

i think that the challenge that we are

2395

01:32:00,390 --> 01:31:58,320

facing is that we are a very young

2396

01:32:02,629 --> 01:32:00,400

species number one

2397

01:32:04,390 --> 01:32:02,639

let me uh comment on that at two levels

2398

01:32:06,149 --> 01:32:04,400

first of all the age of our species

2399

01:32:08,149 --> 01:32:06,159

itself it's not widely understood it's

2400

01:32:10,629 --> 01:32:08,159

not widely known

2401

01:32:13,430 --> 01:32:10,639

uh or comprehended deeply that we are a

2402

01:32:14,709 --> 01:32:13,440

very very young species in this universe

2403

01:32:15,510 --> 01:32:14,719

first of all of course there are many

2404

01:32:17,189 --> 01:32:15,520

more

2405

01:32:19,910 --> 01:32:17,199

species of of

2406

01:32:23,270 --> 01:32:19,920

sentient beings in this universe than

2407

01:32:24,950 --> 01:32:23,280

human beings we we know that i mean any

2408

01:32:28,550 --> 01:32:24,960

thinking person understands that there

2409

01:32:31,110 --> 01:32:28,560

are billions and billions of stars

2410

01:32:32,149 --> 01:32:31,120

around which revolve trillions of

2411

01:32:34,229 --> 01:32:32,159

planets

2412

01:32:36,149 --> 01:32:34,239

surely there's at least one other one

2413

01:32:38,950 --> 01:32:36,159

and of course there are many more

2414

01:32:40,790 --> 01:32:38,960

where where uh life life forms have been

2415

01:32:42,790 --> 01:32:40,800

able to exist

2416

01:32:44,310 --> 01:32:42,800

and and those life forms have created

2417

01:32:45,910 --> 01:32:44,320

actual civilizations that is

2418

01:32:49,110 --> 01:32:45,920

civilizations that are

2419

01:32:50,709 --> 01:32:49,120

civilized as opposed to our uncivilized

2420

01:32:55,590 --> 01:32:50,719

civilization

2421

01:32:57,990 --> 01:32:55,600

we actually kill people

2422

01:32:59,910 --> 01:32:58,000

by the government the governments in

2423

01:33:01,590 --> 01:32:59,920

countries kill people

2424

01:33:03,590 --> 01:33:01,600

in order to tell people that it's wrong

2425

01:33:05,750 --> 01:33:03,600

to kill people

2426

01:33:07,430 --> 01:33:05,760

we call that the death penalty

2427

01:33:09,430 --> 01:33:07,440

and so in states like texas they

2428

01:33:13,110 --> 01:33:09,440

actually brag about the fact that last

2429

01:33:15,270 --> 01:33:13,120

year they put to death over 550 people

2430

01:33:19,110 --> 01:33:15,280

put to death by the state to teach us

2431

01:33:21,669 --> 01:33:19,120

that killing people is not okay

2432

01:33:23,510 --> 01:33:21,679

completely ignoring einstein's marvelous

2433

01:33:25,510 --> 01:33:23,520

insight that you cannot solve any

2434

01:33:26,950 --> 01:33:25,520

problem using the same energy that

2435

01:33:28,470 --> 01:33:26,960

created it

2436

01:33:30,550 --> 01:33:28,480

you're not going to end violence with

2437

01:33:32,950 --> 01:33:30,560

violence you're not going to end anger

2438

01:33:34,390 --> 01:33:32,960

with anger

2439

01:33:36,470 --> 01:33:34,400

and and and

2440

01:33:38,629 --> 01:33:36,480

so but you know we we're very young

2441

01:33:40,070 --> 01:33:38,639

species so here's how young we are just

2442

01:33:41,750 --> 01:33:40,080

so people can understand the nature of

2443

01:33:44,070 --> 01:33:41,760

the problem

2444

01:33:46,550 --> 01:33:44,080

if you take the age of the earth

2445

01:33:48,790 --> 01:33:46,560

and put it on the scale of one year just

2446

01:33:50,229 --> 01:33:48,800

for purposes of scale so we can really

2447

01:33:52,629 --> 01:33:50,239

bring it within our ability to

2448

01:33:54,070 --> 01:33:52,639

understand let's pretend that the entire

2449

01:33:55,990 --> 01:33:54,080

age of the earth

2450

01:33:57,750 --> 01:33:56,000

is has been overlaid on a calendar year

2451

01:34:00,229 --> 01:33:57,760

if that's true the first

2452

01:34:02,390 --> 01:34:00,239

single cell forms of life on the earth

2453

01:34:04,310 --> 01:34:02,400

didn't appear until the end of march

2454

01:34:06,310 --> 01:34:04,320

dinosaurs didn't appear on this planet

2455

01:34:08,390 --> 01:34:06,320

until december the 7th

2456

01:34:10,629 --> 01:34:08,400

humanoids that is mammals who walked

2457

01:34:13,990 --> 01:34:10,639

upright on two legs did not appear until

2458

01:34:16,070 --> 01:34:14,000

around the 24th or 25th of december

2459

01:34:18,149 --> 01:34:16,080

and the entirety of human history that

2460

01:34:21,510 --> 01:34:18,159

is everything we've recorded in human

2461

01:34:24,950 --> 01:34:21,520

history has taken place in the last

2462

01:34:27,430 --> 01:34:24,960

60 seconds of the year

2463

01:34:30,830 --> 01:34:27,440

that's how young we are as a species

2464

01:34:33,270 --> 01:34:30,840

relative to the age of just this

2465

01:34:35,350 --> 01:34:33,280

planet forget about the age of the

2466

01:34:38,070 --> 01:34:35,360

universe

2467

01:34:41,669 --> 01:34:38,080

so we can see then that we are a very

2468

01:34:44,629 --> 01:34:41,679

very primitive immature species in the

2469

01:34:47,270 --> 01:34:44,639

very earliest stages of our birth

2470

01:34:48,550 --> 01:34:47,280

into the cosmic community of sentient

2471

01:34:50,229 --> 01:34:48,560

beings

2472

01:34:52,149 --> 01:34:50,239

so that's condition number one i wanted

2473

01:34:53,910 --> 01:34:52,159

to discuss in terms of where did all

2474

01:34:55,990 --> 01:34:53,920

these ideas come from these are the

2475

01:34:58,310 --> 01:34:56,000

ideas of children

2476

01:34:59,990 --> 01:34:58,320

who simply don't understand who simply

2477

01:35:01,270 --> 01:35:00,000

really believe in a deity will give them

2478

01:35:02,870 --> 01:35:01,280

credit for that at least they do believe

2479

01:35:04,470 --> 01:35:02,880

there is a deity at least they do

2480

01:35:05,750 --> 01:35:04,480

believe there's something larger than us

2481

01:35:07,830 --> 01:35:05,760

fair enough

2482

01:35:10,229 --> 01:35:07,840

but a very immature belief that says you

2483

01:35:11,910 --> 01:35:10,239

know it's the god of the brand name you

2484

01:35:13,110 --> 01:35:11,920

either belong to this religion or you're

2485

01:35:14,790 --> 01:35:13,120

going to hell

2486

01:35:16,550 --> 01:35:14,800

for the rest of all eternity because i

2487

01:35:19,189 --> 01:35:16,560

only accept people who have the right

2488

01:35:21,590 --> 01:35:19,199

membership card

2489

01:35:25,110 --> 01:35:21,600

and that is of course extraordinarily

2490

01:35:27,189 --> 01:35:25,120

immature primitive thought of a child

2491

01:35:28,790 --> 01:35:27,199

now where do these thoughts come from

2492

01:35:30,310 --> 01:35:28,800

where did the original thought come from

2493

01:35:32,310 --> 01:35:30,320

what is the original if there was an

2494

01:35:34,070 --> 01:35:32,320

original mistake what was the original

2495

01:35:36,709 --> 01:35:34,080

mistake

2496

01:35:39,669 --> 01:35:36,719

came

2497

01:35:42,550 --> 01:35:39,679

in the earliest days of our awakening as

2498

01:35:44,390 --> 01:35:42,560

a species of sentient beings when we

2499

01:35:46,550 --> 01:35:44,400

first began to put two and two together

2500

01:35:48,229 --> 01:35:46,560

even at the most primitive level and

2501
01:35:49,590 --> 01:35:48,239
began to come to understand some things

2502
01:35:52,629 --> 01:35:49,600
about life

2503
01:35:54,830 --> 01:35:52,639
picture the caveman looking into a pool

2504
01:35:57,910 --> 01:35:54,840
of water and he sees his

2505
01:35:59,590 --> 01:35:57,920
reflection and at some point in time it

2506
01:36:01,030 --> 01:35:59,600
occurred to him that the

2507
01:36:02,550 --> 01:36:01,040
person in the water was doing the same

2508
01:36:03,750 --> 01:36:02,560
thing he was doing he'd scratch his head

2509
01:36:06,149 --> 01:36:03,760
the person in the water would scratch

2510
01:36:07,510 --> 01:36:06,159
his head he'd tug on his ear the person

2511
01:36:11,590 --> 01:36:07,520
in the water would talk on his ear he

2512
01:36:15,030 --> 01:36:11,600
finally got oh my gosh that's me and so

2513
01:36:17,510 --> 01:36:15,040

the concept of self-awareness

2514

01:36:20,629 --> 01:36:17,520

came upon us as a species of sentient

2515

01:36:23,350 --> 01:36:20,639

beings we saw ourselves and we began to

2516

01:36:25,669 --> 01:36:23,360

recognize ourselves as different from

2517

01:36:27,110 --> 01:36:25,679

and other than

2518

01:36:28,870 --> 01:36:27,120

everybody else

2519

01:36:30,870 --> 01:36:28,880

now now we're all seated around the

2520

01:36:32,950 --> 01:36:30,880

campfire here in the caveman days we're

2521

01:36:34,950 --> 01:36:32,960

all seated around the campfire and you

2522

01:36:36,629 --> 01:36:34,960

know right we're eating whatever we

2523

01:36:38,629 --> 01:36:36,639

managed to capture that day and we're

2524

01:36:41,110 --> 01:36:38,639

having a fairly good time and suddenly

2525

01:36:43,430 --> 01:36:41,120

the rains come suddenly you know thunder

2526
01:36:45,350 --> 01:36:43,440
and lightning and and there's a crack of

2527
01:36:46,790 --> 01:36:45,360
thunder that cracks the air and we're

2528
01:36:48,310 --> 01:36:46,800
all wondering where that came from so

2529
01:36:50,950 --> 01:36:48,320
the head of the clan who is always the

2530
01:36:52,709 --> 01:36:50,960
biggest brutest strongest one the most

2531
01:36:54,870 --> 01:36:52,719
angry one and we all had to kowtow to

2532
01:36:56,229 --> 01:36:54,880
him and give him whatever he wanted as

2533
01:36:58,310 --> 01:36:56,239
long as we could give him what he wanted

2534
01:37:00,870 --> 01:36:58,320
and what pleased him he would be

2535
01:37:03,430 --> 01:37:00,880
reasonably okay with life but if he got

2536
01:37:05,270 --> 01:37:03,440
him upset he'd be very very angry and

2537
01:37:07,750 --> 01:37:05,280
start punishing people actually killing

2538
01:37:10,070 --> 01:37:07,760

people so we had to take take very good

2539

01:37:12,149 --> 01:37:10,080

care of the biggest strongest guy you

2540

01:37:14,229 --> 01:37:12,159

know in the clan he turned around he

2541

01:37:16,470 --> 01:37:14,239

said who did that i demand to know you

2542

01:37:17,270 --> 01:37:16,480

know he just in his in his own grunting

2543

01:37:19,270 --> 01:37:17,280

way

2544

01:37:20,790 --> 01:37:19,280

who and and nobody around the campfire

2545

01:37:22,870 --> 01:37:20,800

would admit that they caused the thunder

2546

01:37:25,270 --> 01:37:22,880

and the lightning and then so that he

2547

01:37:27,510 --> 01:37:25,280

went sent his scouts out to other clans

2548

01:37:29,590 --> 01:37:27,520

around and no and finally they realized

2549

01:37:31,990 --> 01:37:29,600

oh none of us have created that

2550

01:37:33,669 --> 01:37:32,000

incredibly scary experience that crack

2551

01:37:35,270 --> 01:37:33,679

of thunder and that's in that lightning

2552

01:37:36,870 --> 01:37:35,280

that started the forest but none of us

2553

01:37:38,790 --> 01:37:36,880

did that

2554

01:37:39,590 --> 01:37:38,800

and that's when the idea of something

2555

01:37:40,870 --> 01:37:39,600

else

2556

01:37:43,910 --> 01:37:40,880

dawned upon

2557

01:37:45,590 --> 01:37:43,920

the just emerging human mind oh there

2558

01:37:47,510 --> 01:37:45,600

must be something else

2559

01:37:49,030 --> 01:37:47,520

if none of us did that

2560

01:37:50,950 --> 01:37:49,040

then there's something else that's more

2561

01:37:53,430 --> 01:37:50,960

powerful than we are

2562

01:37:55,669 --> 01:37:53,440

and so the nature gods the so-called

2563

01:37:57,910 --> 01:37:55,679

nature gods what became the nature gods

2564

01:37:59,990 --> 01:37:57,920

the idea of that was developed in the

2565

01:38:02,790 --> 01:38:00,000

primitive mind of man

2566

01:38:04,470 --> 01:38:02,800

god of the harvest god of the rain god

2567

01:38:06,310 --> 01:38:04,480

of this and god of that

2568

01:38:07,430 --> 01:38:06,320

and you know the evil spirits as well

2569

01:38:08,870 --> 01:38:07,440

that caused the thunder and the

2570

01:38:11,109 --> 01:38:08,880

lightning and the forest fires and the

2571

01:38:13,350 --> 01:38:11,119

earthquakes and all the other activities

2572

01:38:16,070 --> 01:38:13,360

of nature that were not so welcome and

2573

01:38:18,310 --> 01:38:16,080

so he began to think of us down here and

2574

01:38:20,070 --> 01:38:18,320

something else over there and so we

2575

01:38:21,430 --> 01:38:20,080

began to have this idea that we if we

2576

01:38:23,590 --> 01:38:21,440

could just appease if we could just

2577

01:38:25,350 --> 01:38:23,600

treat this other thing that was clearly

2578

01:38:27,830 --> 01:38:25,360

more powerful than us we had no control

2579

01:38:30,470 --> 01:38:27,840

over it but if we could appease it even

2580

01:38:32,470 --> 01:38:30,480

as we appease the head of our clan

2581

01:38:34,149 --> 01:38:32,480

by treating him with whatever pleased

2582

01:38:37,270 --> 01:38:34,159

him if we could figure out what

2583

01:38:39,189 --> 01:38:37,280

pleasures this other huge huge thing

2584

01:38:41,109 --> 01:38:39,199

that's out there then maybe we can get

2585

01:38:43,189 --> 01:38:41,119

it to do what we want it to do or at

2586

01:38:44,950 --> 01:38:43,199

least not do so much of what we don't

2587

01:38:47,109 --> 01:38:44,960

want it to do

2588

01:38:49,109 --> 01:38:47,119

then along came a drought and it was a

2589

01:38:51,350 --> 01:38:49,119

long drought many many months and the

2590

01:38:53,109 --> 01:38:51,360

food was drying up and the clan was in

2591

01:38:54,870 --> 01:38:53,119

desperate trouble and they didn't know

2592

01:38:56,790 --> 01:38:54,880

what to do they didn't know how to get

2593

01:38:58,550 --> 01:38:56,800

this other thing that was so much larger

2594

01:39:00,870 --> 01:38:58,560

than it to bring the reigns you know

2595

01:39:02,149 --> 01:39:00,880

somehow to do something make it happy do

2596

01:39:03,990 --> 01:39:02,159

what do we have to do to make this thing

2597

01:39:06,149 --> 01:39:04,000

happy so they they threw a little

2598

01:39:07,990 --> 01:39:06,159

campfire party a little campfire

2599

01:39:09,910 --> 01:39:08,000

celebration as they used to do for the

2600

01:39:12,070 --> 01:39:09,920

head of the clan they treated him the

2601
01:39:14,709 --> 01:39:12,080
same way so how do we treat this brute

2602
01:39:16,470 --> 01:39:14,719
in the sky and what do we do make it so

2603
01:39:18,149 --> 01:39:16,480
this you know one person got up and did

2604
01:39:19,430 --> 01:39:18,159
a little dance and he reached over to

2605
01:39:21,270 --> 01:39:19,440
one of the branches of the tree which

2606
01:39:23,189 --> 01:39:21,280
was dying for a lack of water and of

2607
01:39:24,790 --> 01:39:23,199
course it was dry and so he snapped off

2608
01:39:26,390 --> 01:39:24,800
a branch and he started shaking it just

2609
01:39:28,229 --> 01:39:26,400
to do a little dance with it and it made

2610
01:39:30,470 --> 01:39:28,239
a little noise because you know because

2611
01:39:32,229 --> 01:39:30,480
the the leaves were all very dry so he

2612
01:39:35,189 --> 01:39:32,239
made a little rattling sound he did the

2613
01:39:38,790 --> 01:39:35,199

dance and as luck would have it

2614

01:39:41,030 --> 01:39:38,800

as it would happen the reigns came

2615

01:39:41,750 --> 01:39:41,040

in that moment and everyone turned to

2616

01:39:44,550 --> 01:39:41,760

the

2617

01:39:46,070 --> 01:39:44,560

rainmaker which is what he soon became

2618

01:39:48,229 --> 01:39:46,080

called he became the second most

2619

01:39:49,669 --> 01:39:48,239

powerful person in the clan the head of

2620

01:39:51,669 --> 01:39:49,679

the clan and then the rainmaker he

2621

01:39:53,990 --> 01:39:51,679

became the chief priest if you will of

2622

01:39:55,910 --> 01:39:54,000

the clan and whenever they wanted rain

2623

01:39:57,669 --> 01:39:55,920

more rain to come they asked him to do

2624

01:39:59,990 --> 01:39:57,679

his little rain dance and metaphysics

2625

01:40:01,830 --> 01:40:00,000

being what it is if you believe that

2626

01:40:03,830 --> 01:40:01,840

something will occur it will occur

2627

01:40:06,790 --> 01:40:03,840

whether you're primitive or not because

2628

01:40:08,870 --> 01:40:06,800

metaphysics is metaphysics so as it

2629

01:40:13,109 --> 01:40:08,880

turned out three times out of four when

2630

01:40:13,990 --> 01:40:13,119

he did his dance darn if it didn't rain

2631

01:40:15,189 --> 01:40:14,000

thus

2632

01:40:17,189 --> 01:40:15,199

was born

2633

01:40:18,229 --> 01:40:17,199

religion

2634

01:40:20,629 --> 01:40:18,239

do this

2635

01:40:22,550 --> 01:40:20,639

and you get that

2636

01:40:24,390 --> 01:40:22,560

be good little boys and girls

2637

01:40:25,830 --> 01:40:24,400

and you'll get rewarded

2638

01:40:27,270 --> 01:40:25,840

but it was a religion based on

2639

01:40:31,350 --> 01:40:27,280

separation

2640

01:40:34,229 --> 01:40:31,360

god is over here

2641

01:40:35,669 --> 01:40:34,239

and we're over there and never the twain

2642

01:40:37,270 --> 01:40:35,679

shall meet

2643

01:40:39,030 --> 01:40:37,280

and that wouldn't be so bad if the

2644

01:40:41,030 --> 01:40:39,040

separation theology began and ended

2645

01:40:43,270 --> 01:40:41,040

there my dear but it doesn't a

2646

01:40:45,990 --> 01:40:43,280

separation theology creates a separation

2647

01:40:47,270 --> 01:40:46,000

cosmology that is a cosmological way of

2648

01:40:48,629 --> 01:40:47,280

looking at life whether you believe in

2649

01:40:50,229 --> 01:40:48,639

god or not

2650

01:40:52,149 --> 01:40:50,239

that says that everything is separate

2651
01:40:54,149 --> 01:40:52,159
from everything else

2652
01:40:56,629 --> 01:40:54,159
and a separation cosmology creates a

2653
01:40:58,550 --> 01:40:56,639
separation psychology

2654
01:41:00,550 --> 01:40:58,560
individual psychological profiles that

2655
01:41:02,950 --> 01:41:00,560
allow us to feel totally alone and

2656
01:41:05,510 --> 01:41:02,960
lonely in a crowd in a planet that's

2657
01:41:07,109 --> 01:41:05,520
overcrowded and yet we feel still

2658
01:41:09,590 --> 01:41:07,119
totally alone

2659
01:41:11,910 --> 01:41:09,600
and a separation psychology produces a

2660
01:41:12,870 --> 01:41:11,920
separation sociology

2661
01:41:14,550 --> 01:41:12,880
that is

2662
01:41:16,470 --> 01:41:14,560
entire societies that imagine that

2663
01:41:17,350 --> 01:41:16,480

they're separate from each other and by

2664

01:41:19,990 --> 01:41:17,360

the way

2665

01:41:22,629 --> 01:41:20,000

better than each other

2666

01:41:24,790 --> 01:41:22,639

and a separation sociology produces a

2667

01:41:26,310 --> 01:41:24,800

separation pathology

2668

01:41:28,709 --> 01:41:26,320

pathological behaviors of

2669

01:41:30,070 --> 01:41:28,719

self-destruction

2670

01:41:31,350 --> 01:41:30,080

evident from the beginning of human

2671

01:41:33,350 --> 01:41:31,360

history

2672

01:41:36,149 --> 01:41:33,360

so we see then that a separation

2673

01:41:38,550 --> 01:41:36,159

theology creates a separation cosmology

2674

01:41:41,189 --> 01:41:38,560

which creates a separation psychology

2675

01:41:44,950 --> 01:41:41,199

which creates a separation sociology

2676
01:41:47,510 --> 01:41:44,960
which creates a separation pathology

2677
01:41:48,950 --> 01:41:47,520
oh my goodness

2678
01:41:52,229 --> 01:41:48,960
we have a problem

2679
01:41:53,430 --> 01:41:52,239
because we think that we're separate

2680
01:41:55,270 --> 01:41:53,440
from each other

2681
01:41:56,709 --> 01:41:55,280
and we think that we're separate from

2682
01:41:58,629 --> 01:41:56,719
god

2683
01:42:01,669 --> 01:41:58,639
and we are neither

2684
01:42:03,910 --> 01:42:01,679
and so the belief in separation

2685
01:42:05,430 --> 01:42:03,920
is where it all began i'm sorry to give

2686
01:42:06,950 --> 01:42:05,440
you a 14-minute answer to your

2687
01:42:10,229 --> 01:42:06,960
one-minute question

2688
01:42:12,149 --> 01:42:10,239

but it was not a small question

2689

01:42:15,030 --> 01:42:12,159

i like big questions

2690

01:42:17,030 --> 01:42:15,040

when um you know you bring up the point

2691

01:42:19,669 --> 01:42:17,040

about people that contend that god

2692

01:42:20,550 --> 01:42:19,679

doesn't exist then there is the whole

2693

01:42:23,430 --> 01:42:20,560

group

2694

01:42:25,350 --> 01:42:23,440

that believe that god is some

2695

01:42:27,350 --> 01:42:25,360

you know i try to find a politically

2696

01:42:29,510 --> 01:42:27,360

correct way of saying this and so this

2697

01:42:31,669 --> 01:42:29,520

is my more politically correct way you

2698

01:42:32,629 --> 01:42:31,679

know an older gentleman with a white

2699

01:42:33,430 --> 01:42:32,639

beard

2700

01:42:36,390 --> 01:42:33,440

um

2701

01:42:38,629 --> 01:42:36,400

when you think of god and our

2702

01:42:41,350 --> 01:42:38,639

relationship with god and and our

2703

01:42:43,109 --> 01:42:41,360

experience here on earth what is your

2704

01:42:52,629 --> 01:42:43,119

vision of god

2705

01:42:54,149 --> 01:42:52,639

it's it's god's revelation to humanity

2706

01:42:57,350 --> 01:42:54,159

and god has made it very clear in

2707

01:42:59,750 --> 01:42:57,360

revelation after revelation

2708

01:43:01,270 --> 01:42:59,760

through century after century and in

2709

01:43:04,310 --> 01:43:01,280

more recent times

2710

01:43:07,189 --> 01:43:04,320

in contemporary revelations as well by

2711

01:43:09,430 --> 01:43:07,199

the way god does reveal itself

2712

01:43:11,590 --> 01:43:09,440

even in contemporary times god hasn't

2713

01:43:12,470 --> 01:43:11,600

stopped talking to humanity

2714

01:43:17,510 --> 01:43:12,480

as

2715

01:43:19,270 --> 01:43:17,520

like for instance the pope who said you

2716

01:43:20,310 --> 01:43:19,280

know what he said about limbo doesn't

2717

01:43:21,750 --> 01:43:20,320

exist

2718

01:43:23,830 --> 01:43:21,760

a revelation

2719

01:43:25,350 --> 01:43:23,840

like the leaders of the mormon church

2720

01:43:27,910 --> 01:43:25,360

it's okay for black men to become

2721

01:43:29,830 --> 01:43:27,920

priests a revelation so revelations

2722

01:43:31,430 --> 01:43:29,840

occur in human history right up to the

2723

01:43:33,590 --> 01:43:31,440

present time

2724

01:43:35,350 --> 01:43:33,600

so the answer to your question is not

2725

01:43:37,030 --> 01:43:35,360

what i think that god is or what i think

2726

01:43:38,709 --> 01:43:37,040

our relationship is to god but what god

2727

01:43:41,109 --> 01:43:38,719

has revealed to us

2728

01:43:43,830 --> 01:43:41,119

through us and that is this

2729

01:43:45,430 --> 01:43:43,840

god obviously is not an

2730

01:43:47,430 --> 01:43:45,440

older gentleman with a white beard and a

2731

01:43:49,669 --> 01:43:47,440

long white robe sitting someplace on a

2732

01:43:51,750 --> 01:43:49,679

throne in the sky nor does god have any

2733

01:43:52,470 --> 01:43:51,760

gender in particular one gender or the

2734

01:43:54,950 --> 01:43:52,480

other

2735

01:43:57,030 --> 01:43:54,960

god is the essential essence

2736

01:43:59,270 --> 01:43:57,040

the prime force

2737

01:44:01,669 --> 01:43:59,280

the ultimate source of wisdom and

2738

01:44:04,229 --> 01:44:01,679

intelligence awareness and consciousness

2739

01:44:05,430 --> 01:44:04,239

god is a an energy if you please that

2740

01:44:09,109 --> 01:44:05,440

can take

2741

01:44:11,830 --> 01:44:09,119

any form it wishes to take and will

2742

01:44:15,030 --> 01:44:11,840

and will take any form that it seeks to

2743

01:44:17,669 --> 01:44:15,040

take as a means of revealing itself to

2744

01:44:20,229 --> 01:44:17,679

its own creations

2745

01:44:22,149 --> 01:44:20,239

so god will appear in one form or

2746

01:44:24,629 --> 01:44:22,159

another in whatever form it feels that

2747

01:44:27,430 --> 01:44:24,639

the creations that it has produced can

2748

01:44:30,629 --> 01:44:27,440

understand at that point at that level

2749

01:44:32,629 --> 01:44:30,639

in their evolutionary progress

2750

01:44:34,790 --> 01:44:32,639

but god is essentially

2751

01:44:36,870 --> 01:44:34,800

a foundational energy if i could put it

2752

01:44:39,430 --> 01:44:36,880

this way the stem cell of the universe

2753

01:44:41,990 --> 01:44:39,440

we've discovered just in recent times a

2754

01:44:44,229 --> 01:44:42,000

thing called a stem cell and we noticed

2755

01:44:46,950 --> 01:44:44,239

then that all the cells of the body

2756

01:44:50,229 --> 01:44:46,960

emerged at one at one point in time from

2757

01:44:52,229 --> 01:44:50,239

a single stem cell and the stem cell is

2758

01:44:55,030 --> 01:44:52,239

the undifferentiated

2759

01:44:56,629 --> 01:44:55,040

cellular structure of the human body and

2760

01:45:00,229 --> 01:44:56,639

now they've taken stem cells and they

2761

01:45:03,270 --> 01:45:00,239

can coax those cells in a laboratory to

2762

01:45:05,750 --> 01:45:03,280

regenerate themselves in the form of

2763

01:45:07,910 --> 01:45:05,760

brain cells heart cells lung cells or

2764

01:45:10,470 --> 01:45:07,920

the cells of any tissue in the body this

2765

01:45:12,470 --> 01:45:10,480

is called biomedicine now in the next 35

2766

01:45:14,470 --> 01:45:12,480

or 40 years talk about the future we're

2767

01:45:17,030 --> 01:45:14,480

going to be able to actually recreate

2768

01:45:19,270 --> 01:45:17,040

these stem cells and inject them into

2769

01:45:21,189 --> 01:45:19,280

the heart or the or the lung or any area

2770

01:45:23,590 --> 01:45:21,199

of the body that is that is has been

2771

01:45:25,750 --> 01:45:23,600

diseased and and give it healthy new

2772

01:45:27,669 --> 01:45:25,760

cells and regenerate themselves

2773

01:45:30,070 --> 01:45:27,679

to the point where our life lifespans

2774

01:45:32,310 --> 01:45:30,080

will increase by many many many many

2775

01:45:34,229 --> 01:45:32,320

years in fact sooner or later if we

2776

01:45:36,550 --> 01:45:34,239

don't kill ourselves in other ways we

2777

01:45:38,390 --> 01:45:36,560

don't just completely destroy the planet

2778

01:45:40,550 --> 01:45:38,400

the human species will have the option

2779

01:45:42,149 --> 01:45:40,560

of dying when it chooses to

2780

01:45:44,550 --> 01:45:42,159

and not what it feels it has to because

2781

01:45:46,790 --> 01:45:44,560

of dis-ease that's another whole topic

2782

01:45:48,629 --> 01:45:46,800

so but imagine that god would be to use

2783

01:45:50,270 --> 01:45:48,639

our imagination the stem cell of the

2784

01:45:52,790 --> 01:45:50,280

universe that is the

2785

01:45:55,430 --> 01:45:52,800

undifferentiated expression the

2786

01:45:58,470 --> 01:45:55,440

undifferentiated singular energy of life

2787

01:46:01,189 --> 01:45:58,480

that then differentiates itself quite

2788

01:46:02,629 --> 01:46:01,199

consciously and with full awareness

2789

01:46:04,629 --> 01:46:02,639

to become everything we see in

2790

01:46:06,870 --> 01:46:04,639

physicality

2791

01:46:08,790 --> 01:46:06,880

every planet every sun

2792

01:46:11,030 --> 01:46:08,800

every person every being

2793

01:46:12,390 --> 01:46:11,040

every expression of divinity through

2794

01:46:14,950 --> 01:46:12,400

physicality

2795

01:46:16,709 --> 01:46:14,960

so then we see that what is god

2796

01:46:18,790 --> 01:46:16,719

is better answered by asking the

2797

01:46:21,430 --> 01:46:18,800

question what is god not

2798

01:46:23,189 --> 01:46:21,440

and the answer to that question is

2799

01:46:28,390 --> 01:46:23,199

nothing

2800

01:46:30,470 --> 01:46:28,400

put it now in the reverse god is all

2801

01:46:33,430 --> 01:46:30,480

there is all there ever was all there is

2802

01:46:35,910 --> 01:46:33,440

now and all there ever will be

2803

01:46:36,790 --> 01:46:35,920

or as the catholic church has it and by

2804

01:46:38,550 --> 01:46:36,800

the way

2805

01:46:40,310 --> 01:46:38,560

churches are not totally and completely

2806

01:46:41,590 --> 01:46:40,320

wrong i'm not standing here saying for

2807

01:46:43,189 --> 01:46:41,600

one minute that

2808

01:46:45,270 --> 01:46:43,199

that organized religions don't have

2809

01:46:47,430 --> 01:46:45,280

anything right they do in fact have a

2810

01:46:48,709 --> 01:46:47,440

great deal of it right they simply are

2811

01:46:50,470 --> 01:46:48,719

incomplete

2812

01:46:52,790 --> 01:46:50,480

but i love the catholic church statement

2813

01:46:54,950 --> 01:46:52,800

on this on this particular aspect of who

2814

01:46:57,109 --> 01:46:54,960

and what god is

2815

01:46:59,270 --> 01:46:57,119

the essential energy the prime force the

2816

01:47:02,709 --> 01:46:59,280

stem cell of the universe as it was in

2817

01:47:04,709 --> 01:47:02,719

the beginning is now and ever shall be

2818

01:47:06,310 --> 01:47:04,719

world without end

2819

01:47:10,550 --> 01:47:06,320

amen

2820

01:47:12,950 --> 01:47:10,560

you're talking about people receiving

2821

01:47:14,550 --> 01:47:12,960

revelations from god which i i do

2822

01:47:16,550 --> 01:47:14,560

believe firmly

2823

01:47:18,709 --> 01:47:16,560

um

2824

01:47:21,590 --> 01:47:18,719

but it seems like you know you were

2825

01:47:24,470 --> 01:47:21,600

talking about like sharia law which

2826

01:47:26,229 --> 01:47:24,480

it was divinely given and we look at

2827

01:47:28,790 --> 01:47:26,239

some of these other cultures especially

2828

01:47:31,109 --> 01:47:28,800

ones we're having conflict with

2829

01:47:32,950 --> 01:47:31,119

it seems like the revelations that

2830

01:47:37,590 --> 01:47:32,960

they're receiving

2831

01:47:39,830 --> 01:47:37,600

are not congruent with the ones that we

2832

01:47:41,830 --> 01:47:39,840

have or we're receiving or

2833

01:47:44,870 --> 01:47:41,840

do you see where i'm going with that

2834

01:47:47,990 --> 01:47:44,880

yeah like the 300 years of the christian

2835

01:47:50,390 --> 01:47:48,000

spell that c-h-r-i-s-t-i-a-n

2836

01:47:53,270 --> 01:47:50,400

christian crusades

2837

01:47:55,270 --> 01:47:53,280

300 years

2838

01:47:57,750 --> 01:47:55,280

directed by the pope who sent the

2839

01:47:59,189 --> 01:47:57,760

crusaders out and said you will tell

2840

01:48:01,510 --> 01:47:59,199

people they have the option of either

2841

01:48:03,189 --> 01:48:01,520

confessing in christ or being killed on

2842

01:48:11,189 --> 01:48:03,199

the spot

2843

01:48:13,030 --> 01:48:11,199

and this went on for 300 years

2844

01:48:15,270 --> 01:48:13,040

creating an understandable tradition of

2845

01:48:16,709 --> 01:48:15,280

hatred angst and anxiety among other

2846

01:48:19,189 --> 01:48:16,719

peoples of the earth not the least of

2847

01:48:20,870 --> 01:48:19,199

whom belong to the islamic religion

2848

01:48:24,390 --> 01:48:20,880

who say that you know what

2849

01:48:27,990 --> 01:48:26,310

however even they didn't start it's not

2850

01:48:29,750 --> 01:48:28,000

a question who's at fault i just want to

2851

01:48:31,510 --> 01:48:29,760

be real clear here this is not about

2852

01:48:33,510 --> 01:48:31,520

just people who believe in one

2853

01:48:35,030 --> 01:48:33,520

particular way and we're going to

2854

01:48:37,910 --> 01:48:35,040

suddenly make that

2855

01:48:40,149 --> 01:48:37,920

those guys the bad guys

2856

01:48:42,070 --> 01:48:40,159

there are enough people

2857

01:48:44,390 --> 01:48:42,080

in of other faiths as well who've

2858

01:48:46,229 --> 01:48:44,400

committed the exact same uh

2859

01:48:47,830 --> 01:48:46,239

i'm going to use the word offense

2860

01:48:50,070 --> 01:48:47,840

against humanity

2861

01:48:52,229 --> 01:48:50,080

and it's going on today

2862

01:48:55,030 --> 01:48:52,239

going on even today

2863

01:48:57,109 --> 01:48:55,040

so yes there are belief systems both

2864

01:48:58,310 --> 01:48:57,119

christian and islamic and others for

2865

01:49:01,270 --> 01:48:58,320

that matter

2866

01:49:03,109 --> 01:49:01,280

that uh are violate what we understand

2867

01:49:06,870 --> 01:49:03,119

to be our intuitive sense our

2868

01:49:08,629 --> 01:49:06,880

deep-seated cellular understanding

2869

01:49:10,550 --> 01:49:08,639

of who we really are i'm not even going

2870

01:49:12,149 --> 01:49:10,560

to say of what's right and wrong

2871

01:49:14,229 --> 01:49:12,159

because right and wrong our removable

2872

01:49:16,229 --> 01:49:14,239

feast but of who we really are and what

2873

01:49:18,310 --> 01:49:16,239

it really means to be and to express and

2874

01:49:20,550 --> 01:49:18,320

to experience divinity

2875

01:49:23,030 --> 01:49:20,560

flowing in us through us and as us and

2876

01:49:24,550 --> 01:49:23,040

clearly it can't be divine

2877

01:49:25,830 --> 01:49:24,560

to kill people because they disagree

2878

01:49:27,590 --> 01:49:25,840

with us

2879

01:49:30,709 --> 01:49:27,600

or to use violence

2880

01:49:32,070 --> 01:49:30,719

as a means of advancing a particular

2881

01:49:34,149 --> 01:49:32,080

spiritual

2882

01:49:36,470 --> 01:49:34,159

concept

2883

01:49:37,750 --> 01:49:36,480

or philosophy

2884

01:49:39,910 --> 01:49:37,760

so yes

2885

01:49:40,950 --> 01:49:39,920

there is a divergence because of our

2886

01:49:42,470 --> 01:49:40,960

youth

2887

01:49:44,229 --> 01:49:42,480

because we simply

2888

01:49:47,030 --> 01:49:44,239

don't understand

2889

01:49:49,830 --> 01:49:47,040

fundamental basics of

2890

01:49:52,950 --> 01:49:49,840

what is really true in the universe we

2891

01:49:54,550 --> 01:49:52,960

still believe in a separation theology

2892

01:49:57,830 --> 01:49:54,560

we still believe in a god who is

2893

01:50:00,310 --> 01:49:57,840

vengeful and wrathful and violent

2894

01:50:03,030 --> 01:50:00,320

and we allow our idea of a punishing

2895

01:50:05,510 --> 01:50:03,040

violent vile a violent a condemning god

2896

01:50:08,470 --> 01:50:05,520

we allow our ideas of that kind of god

2897

01:50:12,229 --> 01:50:08,480

to form and to form and to cr give us

2898

01:50:15,189 --> 01:50:12,239

the moral authority for us to form

2899

01:50:17,430 --> 01:50:15,199

our concepts of right and wrong and our

2900

01:50:20,070 --> 01:50:17,440

behaviors getting back to the wonderful

2901

01:50:22,790 --> 01:50:20,080

state of texas where they kill 550

2902

01:50:24,390 --> 01:50:22,800

people a year in the death penalty

2903

01:50:27,030 --> 01:50:24,400

and when you say well how how can a

2904

01:50:29,830 --> 01:50:27,040

civilized society do that i mean

2905

01:50:32,149 --> 01:50:29,840

how can a a group of sentient beings who

2906

01:50:34,149 --> 01:50:32,159

imagine themselves to be civilized kill

2907

01:50:35,750 --> 01:50:34,159

people deliberately as a means of saying

2908

01:50:38,629 --> 01:50:35,760

that killing people deliberately isn't

2909

01:50:40,790 --> 01:50:38,639

okay and they answer well the scriptures

2910

01:50:44,470 --> 01:50:40,800

have it an eye for an eye and a tooth

2911

01:50:46,390 --> 01:50:44,480

for a tooth it's simple justice

2912

01:50:49,030 --> 01:50:46,400

you just obviously haven't really spent

2913

01:50:51,750 --> 01:50:49,040

much time in texas

2914

01:50:54,310 --> 01:50:51,760

i live in texas so just um

2915

01:50:55,750 --> 01:50:54,320

just making a comment anyway

2916

01:50:59,030 --> 01:50:55,760

move along

2917

01:51:01,189 --> 01:50:59,040

actually we have about 10 minutes left

2918

01:51:03,910 --> 01:51:01,199

and i want to give you an opportunity to

2919

01:51:05,990 --> 01:51:03,920

kind of bring this full circle with the

2920

01:51:07,590 --> 01:51:06,000

little bit of time we have left sure i

2921

01:51:09,430 --> 01:51:07,600

just want to just the last comment is

2922

01:51:11,830 --> 01:51:09,440

going to make us our ideas of justice

2923

01:51:13,590 --> 01:51:11,840

are based on what we imagine god's ideas

2924

01:51:15,750 --> 01:51:13,600

of justice to be that's the point i was

2925

01:51:18,550 --> 01:51:15,760

making and as long as we imagine that

2926

01:51:19,910 --> 01:51:18,560

god lives within a system of justice

2927

01:51:21,109 --> 01:51:19,920

where things are right and things are

2928

01:51:22,709 --> 01:51:21,119

wrong and if you do the wrong thing

2929

01:51:25,669 --> 01:51:22,719

you're punished

2930

01:51:28,310 --> 01:51:25,679

and and we imagine that god has a need

2931

01:51:29,830 --> 01:51:28,320

to somehow ego need to do that or some

2932

01:51:31,910 --> 01:51:29,840

other need to do that that god has

2933

01:51:33,990 --> 01:51:31,920

somehow a need to send you to hell

2934

01:51:35,510 --> 01:51:34,000

because you simply confessed in the

2935

01:51:37,589 --> 01:51:35,520

wrong religion

2936

01:51:40,229 --> 01:51:37,599

as long as we hold that belief we're

2937

01:51:42,470 --> 01:51:40,239

going to use that idea of a punishing

2938

01:51:45,750 --> 01:51:42,480

violent vindictive angry god

2939

01:51:48,550 --> 01:51:45,760

as our moral authority for us to be

2940

01:51:49,589 --> 01:51:48,560

violent punishing vindictive and angry

2941

01:51:52,149 --> 01:51:49,599

as well

2942

01:51:53,750 --> 01:51:52,159

so we remove the first belief and the

2943

01:51:56,870 --> 01:51:53,760

second behaviors

2944

01:51:59,430 --> 01:51:56,880

begin to dissolve

2945

01:52:01,030 --> 01:51:59,440

well that leads us into this question

2946

01:52:04,470 --> 01:52:01,040

what do you think the world would be

2947

01:52:06,870 --> 01:52:04,480

like if we let go of this

2948

01:52:09,750 --> 01:52:06,880

long-term negative programming that we

2949

01:52:11,510 --> 01:52:09,760

have found ourselves stuck in

2950

01:52:14,550 --> 01:52:11,520

we would have

2951
01:52:16,709 --> 01:52:14,560
the thousand years of peace and more

2952
01:52:19,430 --> 01:52:16,719
that has been long been predicted for

2953
01:52:21,669 --> 01:52:19,440
the human race what would happen is

2954
01:52:24,070 --> 01:52:21,679
obviously first of all violence would

2955
01:52:25,830 --> 01:52:24,080
disappear from the face of the earth

2956
01:52:28,229 --> 01:52:25,840
we could no longer be violent with each

2957
01:52:30,390 --> 01:52:28,239
other because we have now embraced a

2958
01:52:32,470 --> 01:52:30,400
notion that we are all one

2959
01:52:34,070 --> 01:52:32,480
that what i do for you i do for me this

2960
01:52:36,390 --> 01:52:34,080
goes way past by the way you are your

2961
01:52:38,629 --> 01:52:36,400
brother's keeper this is not a fancy

2962
01:52:40,950 --> 01:52:38,639
version of your your brother's keeper i

2963
01:52:41,830 --> 01:52:40,960

am not my brother's keeper i am my

2964

01:52:43,750 --> 01:52:41,840

brother

2965

01:52:46,390 --> 01:52:43,760

that is there's no difference

2966

01:52:48,790 --> 01:52:46,400

except in differentiation between him

2967

01:52:49,830 --> 01:52:48,800

and me any more than my fingers

2968

01:52:52,070 --> 01:52:49,840

are

2969

01:52:53,910 --> 01:52:52,080

not part of my own body

2970

01:52:54,709 --> 01:52:53,920

see i got five fingers as i look at my

2971

01:52:56,629 --> 01:52:54,719

hand

2972

01:52:58,550 --> 01:52:56,639

and each finger looks different and

2973

01:53:01,270 --> 01:52:58,560

performs a different function but it is

2974

01:53:03,750 --> 01:53:01,280

still attached to and part of the hand

2975

01:53:05,750 --> 01:53:03,760

which is attached to and part of my body

2976

01:53:08,070 --> 01:53:05,760

in that way are we connected to each

2977

01:53:09,510 --> 01:53:08,080

other as well appearing to be different

2978

01:53:12,070 --> 01:53:09,520

and functioning in fact in different

2979

01:53:13,109 --> 01:53:12,080

ways but no less part of the singular

2980

01:53:15,109 --> 01:53:13,119

body

2981

01:53:18,070 --> 01:53:15,119

of life itself that we call in my

2982

01:53:19,589 --> 01:53:18,080

vernacular god if we begin to embrace

2983

01:53:21,990 --> 01:53:19,599

that notion

2984

01:53:24,629 --> 01:53:22,000

all of the behaviors that we would never

2985

01:53:26,709 --> 01:53:24,639

never ever perform never ever

2986

01:53:29,189 --> 01:53:26,719

behave that way with people with

2987

01:53:31,669 --> 01:53:29,199

ourselves we would we would in fact

2988

01:53:33,750 --> 01:53:31,679

treat ourselves

2989

01:53:35,589 --> 01:53:33,760

differently as well

2990

01:53:37,830 --> 01:53:35,599

we would treat ourselves far better than

2991

01:53:40,550 --> 01:53:37,840

we do now and we would treat others as

2992

01:53:41,910 --> 01:53:40,560

we treat ourselves

2993

01:53:43,350 --> 01:53:41,920

you know you know it's what's

2994

01:53:44,709 --> 01:53:43,360

interesting is that

2995

01:53:47,430 --> 01:53:44,719

the

2996

01:53:49,589 --> 01:53:47,440

religions doesn't matter which one you

2997

01:53:52,470 --> 01:53:49,599

choose they've all articulated in one

2998

01:53:54,629 --> 01:53:52,480

way or another the same bottom line

2999

01:53:55,990 --> 01:53:54,639

truth the answer out of this maze the

3000

01:53:58,070 --> 01:53:56,000

way to get out of this incredible

3001
01:54:01,109 --> 01:53:58,080
dilemma is really quite simple you can

3002
01:54:03,270 --> 01:54:01,119
put it in one sentence actually

3003
01:54:12,229 --> 01:54:03,280
do unto others

3004
01:54:13,750 --> 01:54:12,239
being done unto you in case we haven't

3005
01:54:15,189 --> 01:54:13,760
noticed

3006
01:54:17,910 --> 01:54:15,199
and the reason that what you do unto

3007
01:54:21,030 --> 01:54:17,920
others is being done unto you is because

3008
01:54:25,270 --> 01:54:23,270
we are a single being

3009
01:54:27,189 --> 01:54:25,280
demonstrating and expressing as

3010
01:54:30,149 --> 01:54:27,199
individuations

3011
01:54:32,470 --> 01:54:30,159
of the self-same single being

3012
01:54:34,629 --> 01:54:32,480
so what would happen if the earth chose

3013
01:54:36,390 --> 01:54:34,639

finally to let go of its idea of

3014

01:54:38,470 --> 01:54:36,400

separation

3015

01:54:40,070 --> 01:54:38,480

and to notice that we all are fingers on

3016

01:54:42,709 --> 01:54:40,080

the same hand

3017

01:54:45,109 --> 01:54:42,719

and we all our hands of the same being

3018

01:54:47,669 --> 01:54:45,119

called god what would happen is

3019

01:54:48,790 --> 01:54:47,679

all of the laws the customs and the

3020

01:54:50,709 --> 01:54:48,800

behaviors

3021

01:54:52,390 --> 01:54:50,719

that could only emerge

3022

01:54:53,990 --> 01:54:52,400

from a society that imagines themselves

3023

01:54:56,790 --> 01:54:54,000

to be separate from each other would

3024

01:54:58,310 --> 01:54:56,800

disappear virtually overnight

3025

01:55:01,350 --> 01:54:58,320

we would never treat another person

3026

01:55:06,390 --> 01:55:01,360

unfairly to say nothing of cruelty to

3027

01:55:09,830 --> 01:55:07,910

we would find a way to make sure that we

3028

01:55:11,629 --> 01:55:09,840

all understood that there's enough

3029

01:55:15,030 --> 01:55:11,639

we would never allow

3030

01:55:16,070 --> 01:55:15,040

653 children to die on this planet

3031

01:55:16,950 --> 01:55:16,080

every

3032

01:55:22,310 --> 01:55:16,960

hour

3033

01:55:24,470 --> 01:55:22,320

of starvation

3034

01:55:25,990 --> 01:55:24,480

while we throw away more food in the

3035

01:55:27,350 --> 01:55:26,000

restaurants of new york city on any

3036

01:55:29,669 --> 01:55:27,360

given night than it would take to feed

3037

01:55:32,390 --> 01:55:29,679

them for a week

3038

01:55:34,870 --> 01:55:32,400

oh don't even get me started on that

3039

01:55:37,510 --> 01:55:34,880

i can't believe that there are places

3040

01:55:40,870 --> 01:55:37,520

that will throw the food away

3041

01:55:43,350 --> 01:55:40,880

and not give it to

3042

01:55:47,350 --> 01:55:43,360

a shelter or

3043

01:55:49,750 --> 01:55:47,360

let people have it and and

3044

01:55:51,750 --> 01:55:49,760

i i find it always because there are

3045

01:55:53,350 --> 01:55:51,760

health laws my dear and if somebody got

3046

01:55:54,550 --> 01:55:53,360

sick off of eating someone else's

3047

01:55:56,229 --> 01:55:54,560

leftovers

3048

01:55:57,830 --> 01:55:56,239

they would then be able to sue the

3049

01:55:59,270 --> 01:55:57,840

restaurant so we have to protect the

3050

01:56:01,510 --> 01:55:59,280

owners of the restaurant and make sure

3051
01:56:04,149 --> 01:56:01,520
that nobody loses any money in a lawsuit

3052
01:56:05,910 --> 01:56:04,159
like that i know i was homeless i was

3053
01:56:07,750 --> 01:56:05,920
homeless for a year i walked the streets

3054
01:56:09,589 --> 01:56:07,760
for a year i understand what it's like

3055
01:56:11,669 --> 01:56:09,599
to be on the sidewalk for a year of your

3056
01:56:12,790 --> 01:56:11,679
life looking for your next meal trying

3057
01:56:15,510 --> 01:56:12,800
to figure out where it could come from

3058
01:56:17,030 --> 01:56:15,520
and we had thank goodness we had a

3059
01:56:18,870 --> 01:56:17,040
kitchen worker at one of the local

3060
01:56:20,310 --> 01:56:18,880
restaurants where i lived who understood

3061
01:56:22,870 --> 01:56:20,320
exactly what you're saying and he would

3062
01:56:24,550 --> 01:56:22,880
sneak the food out the leftover food

3063
01:56:26,709 --> 01:56:24,560

that people didn't eat he would just

3064

01:56:28,470 --> 01:56:26,719

sneak it out to the back door to the

3065

01:56:31,109 --> 01:56:28,480

homeless and i was one of them

3066

01:56:33,270 --> 01:56:31,119

and feed us and say not a word guys not

3067

01:56:35,990 --> 01:56:33,280

a word and if you do get a stomach ache

3068

01:56:39,430 --> 01:56:36,000

or you do happen to become ill over this

3069

01:56:42,629 --> 01:56:39,440

for heaven's sake just not a word

3070

01:56:45,350 --> 01:56:42,639

don't tell anybody i'm doing this

3071

01:56:46,950 --> 01:56:45,360

but we all lined up at from 10 o'clock

3072

01:56:49,669 --> 01:56:46,960

till 11 o'clock at night behind that

3073

01:56:52,229 --> 01:56:49,679

guy's restaurant and out he came with

3074

01:56:53,910 --> 01:56:52,239

the dishes of the stuff

3075

01:56:56,390 --> 01:56:53,920

because you know

3076

01:56:58,870 --> 01:56:56,400

but when when when we understand that we

3077

01:57:01,350 --> 01:56:58,880

are all one we would never allow 650

3078

01:57:03,589 --> 01:57:01,360

children to die every single 60 minutes

3079

01:57:05,109 --> 01:57:03,599

on this planet for insufficient food to

3080

01:57:06,870 --> 01:57:05,119

talk about just one of the many

3081

01:57:09,109 --> 01:57:06,880

conditions that would no longer exist on

3082

01:57:12,390 --> 01:57:09,119

the planet we would in fact create the

3083

01:57:14,709 --> 01:57:12,400

paradise of which we are capable once we

3084

01:57:17,030 --> 01:57:14,719

understand fully who we are that's why i

3085

01:57:19,910 --> 01:57:17,040

invite people to read the book

3086

01:57:22,790 --> 01:57:19,920

god's message to the world you've got me

3087

01:57:26,470 --> 01:57:24,709

and by the way you can read five

3088

01:57:28,790 --> 01:57:26,480

chapters of it for free i've got it on

3089

01:57:31,350 --> 01:57:28,800

the internet a five chapter sample of

3090

01:57:34,470 --> 01:57:31,360

the book you can get it at god's message

3091

01:57:41,350 --> 01:57:34,480

to the world dot info

3092

01:57:44,149 --> 01:57:41,360

i think people don't understand like in

3093

01:57:47,030 --> 01:57:44,159

a marriage or in a family everyone that

3094

01:57:50,310 --> 01:57:47,040

that works you know that works

3095

01:57:53,750 --> 01:57:50,320

in the dynamics that everyone chips in

3096

01:57:56,310 --> 01:57:53,760

and does things to benefit

3097

01:57:58,629 --> 01:57:56,320

the relationship or benefit the family

3098

01:58:00,629 --> 01:57:58,639

so that they all can grow

3099

01:58:02,550 --> 01:58:00,639

versus well this is your thing and this

3100

01:58:04,390 --> 01:58:02,560

is my thing and and keeping it all

3101
01:58:07,430 --> 01:58:04,400
separate and those are the families that

3102
01:58:09,430 --> 01:58:07,440
fall apart

3103
01:58:11,669 --> 01:58:09,440
if we understood that the whole human

3104
01:58:14,149 --> 01:58:11,679
family was one family even as we

3105
01:58:15,669 --> 01:58:14,159
understand that in their own lives

3106
01:58:17,589 --> 01:58:15,679
most of us do

3107
01:58:19,430 --> 01:58:17,599
everything would change overnight

3108
01:58:21,510 --> 01:58:19,440
if you're having a big holiday meal and

3109
01:58:23,030 --> 01:58:21,520
uncle jim shows up at the front door

3110
01:58:24,709 --> 01:58:23,040
he's been gone to new zealand for 10

3111
01:58:26,470 --> 01:58:24,719
years on his own adventure he came back

3112
01:58:28,149 --> 01:58:26,480
and realized oh this is the day that

3113
01:58:29,589 --> 01:58:28,159

they have their annual feast and he

3114

01:58:31,030 --> 01:58:29,599

comes to the front door uncle jim we

3115

01:58:33,189 --> 01:58:31,040

haven't seen you in five years have you

3116

01:58:35,750 --> 01:58:33,199

been i'm wonderful may i come in to eat

3117

01:58:37,109 --> 01:58:35,760

no sorry you got to stay out there maybe

3118

01:58:39,430 --> 01:58:37,119

we'll throw maybe we'll throw some

3119

01:58:41,430 --> 01:58:39,440

scraps at you of course not we let him

3120

01:58:43,990 --> 01:58:41,440

in immediately because he's long lost

3121

01:58:45,750 --> 01:58:44,000

uncle jim of course and nobody says we

3122

01:58:48,310 --> 01:58:45,760

didn't prepare enough we didn't we

3123

01:58:50,550 --> 01:58:48,320

simply share enough in a way that allows

3124

01:58:52,310 --> 01:58:50,560

uncle jim to sit down with us

3125

01:58:54,790 --> 01:58:52,320

there's always enough

3126
01:58:56,870 --> 01:58:54,800
always enough we simply each find a way

3127
01:58:59,669 --> 01:58:56,880
to share now when we decide that the

3128
01:59:01,750 --> 01:58:59,679
entire world is uncle jim that there's

3129
01:59:03,750 --> 01:59:01,760
nobody who's not uncle jim that we're

3130
01:59:05,669 --> 01:59:03,760
all belong to the same family then we

3131
01:59:07,189 --> 01:59:05,679
show up at the same table and we say you

3132
01:59:09,109 --> 01:59:07,199
know what

3133
01:59:13,109 --> 01:59:09,119
there's enough

3134
01:59:16,070 --> 01:59:13,119
always and on that note neil we need to

3135
01:59:18,310 --> 01:59:16,080
call it an episode thank you so much

3136
01:59:19,589 --> 01:59:18,320
this i loved it loved it loved it loved

3137
01:59:24,709 --> 01:59:19,599
it

3138
01:59:25,990 --> 01:59:24,719

coming on

3139

01:59:28,870 --> 01:59:26,000

um

3140

01:59:30,790 --> 01:59:28,880

so it's neil donald walsh his book is

3141

01:59:33,109 --> 01:59:30,800

messages uh

3142

01:59:34,470 --> 01:59:33,119

god's message to the world

3143

01:59:36,070 --> 01:59:34,480

uh what

3144

01:59:38,629 --> 01:59:36,080

got me all wrong

3145

01:59:40,790 --> 01:59:38,639

and next week we will be talking with

3146

01:59:43,750 --> 01:59:40,800

susan shumsky about the power of the

3147

01:59:46,950 --> 01:59:43,760

chakras and so until next week i'm dr

3148

02:00:15,510 --> 01:59:46,960

rita louse this is just energy radio

3149

02:00:21,030 --> 02:00:17,990

join host dr rita louse each week at

3150

02:00:24,270 --> 02:00:21,040

this time for just energy radio point

3151

02:00:29,270 --> 02:00:26,149

www.justenergyradio.com for more show

3152

02:00:30,870 --> 02:00:29,280

information and to contact dr rita

3153

02:00:32,310 --> 02:00:30,880

until next time